

# Christopher T. Simonet, Ph.D.

California Licensed Psychologist  
License # PSY 16314

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## Education

- 1994 to 1997      **Ph.D., Clinical Psychology**  
California School of Professional Psychology, San Diego  
APA Accredited Program
- 1992 to 1994      **Master of Arts, Psychology**  
California School of Professional Psychology, San Diego
- 1984 to 1988      **Bachelor of Arts, Magna cum laude, Economics**  
University of Notre Dame, Notre Dame, IN

## Current Work Activities

- Dec 2013  
to  
Present      **Consulting Psychologist**, State of CA, Dept. of State Hospitals, Forensic Services  
Sacramento, CA

Conduct psychological risk assessments pursuant to PC 2962 Mentally Disorder Offender (MDO) and WIC 6600 Sexually Violent Predator (SVP). Includes diagnostic and risk assessment of violent inmates/patients within statutory framework to determine potential placement at California State Hospitals. Provide expert witness testimony in both MDO and SVP court hearings/trials. Assessments include record review, personal interview, scoring, analysis, and integration of various static and dynamic risk measures. Mentor new hires in the area of MDO evaluation including co-teaching initial training, reviewing new hires' evaluations, providing guidance and constructive feedback to mentorees, and conducting liaison with DSH management team.

- Jan 2001  
to  
Present      **Private Practitioner In Psychology**, San Diego, CA

Clinical and forensic psychology practice. Member of San Diego Superior Court Expert Witness list from approximately 2003. Independent forensic contractor to California Department of State Hospitals (2002-2013), conducting Mentally Disordered Offender (MDO) evaluations of both violent and sexually violent offenders pursuant to PC 2962. Provided court testimony as needed. Conducted assessment for outpatient treatment provider on High Risk Sex Offenders (HRSO's) being released from prison to parole in San Diego County (2012-2013). Past independent contractor to California Department

of Human Resources, conducting pre-employment assessment and evaluation with law enforcement candidates. Psychological assessment and psychotherapy of adults and adolescents, with specialization in treatment of severe mental disorders, personality disorders, and chemical dependency. Additional treatment for mood and anxiety disorders, PTSD, and other clinical problems.

Aug 2001  
to  
Present

**Adjunct Professor of Psychology**, San Diego City College, San Diego, CA  
Psychology 101: Introduction to Psychology

### **Previous Clinical Psychology Experience**

Jun 2002  
to  
Dec 2013  
(3/4-time)

**Senior Clinical Psychologist**, County of San Diego, CA, Forensic Conditional Release Program (CONREP), San Diego, CA

Conducted psychological assessment and treatment of civilly and criminally committed forensic mental health patients under Penal Codes 1026 (Insanity), 2962, 2970, and 2972 (MDO) and W&I 6331 (Mentally Disordered Sexual Offenders). Evaluation services included risk assessment, psychological testing, evaluation of readiness for initial placement in the community, restoration of sanity, renewal/discharge from parole/civil commitment. Included quarterly and yearly progress reports to Superior Court. Patients seen at both outpatient and inpatient level (state hospitals). Provided court testimony as requested. Consultation with District Attorney, Public Defender's office, and State Hospital staff. Provided ongoing direct services to CONREP outpatients including individual and group therapy, formal treatment planning, and case management.

May 2000  
to  
June 2002

**Staff Psychologist**, State of California, Department of Corrections, RJ Donovan Correctional Facility, San Diego, CA

Conducted assessment evaluations of prisoners pursuant to PC 2684 to determine whether prisoners meet criteria for transfer to state hospital due to severity of symptoms. Evaluated life-sentenced prisoners for Board of Prison Hearings and wrote diagnostic reports assessing inmates' risk and suitability for return to the community. Provided full range of psychological services to prison inmates with mental disorders (frequently severe mental illness), including crisis intervention, diagnostic assessment and evaluation, individual and group therapy, and case management services. Provided training and educational seminars on mental health issues to custody staff.

Jun 1997  
to  
May 2000

**Clinical Therapist**, Department of Behavioral Health, County of San Bernardino, San Bernardino, CA, Phoenix Program

Psychological assessment, triage, short and long-term individual and group psychotherapy, and psychological testing to county mental health population of adults, adolescents and children. Provided court ordered Anger Management services/groups to the county Drug Court. Conducted a weekly psychotherapy group for teenage boys referred for delinquency issues from schools, foster care, group homes, and post-release from juvenile hall.

May 1996

**Psychology Intern**, Veterans Administration Medical Center, Loma Linda, CA

to  
May 1997      **APA Accredited Internship**  
Completed clinical rotations in Inpatient Psychiatry, Primary Care, Addictions Treatment, and VA Supported Housing for Mental Health Program.

Aug1994      **Psychology Intern**, Psychiatric and Counseling Services of North County, Vista, CA  
to  
Jul 1995      Provided outpatient services to chronically mentally ill adults from diverse cultural backgrounds.

Aug 1993      **Practicum Student (Part-Time)**, Palomar Family Counseling Service, Escondido, CA  
to  
July 1994      Conducted assessments, individual, couples, and family psychotherapy with low-to-moderate income adults, adolescents, and children.

### **Teaching Experience**

Aug 2001      **Adjunct Professor of Psychology**, San Diego City College, San Diego, CA  
to  
Present      Psychology 101: Introduction to Psychology

2001/2002      **Adjunct Instructor**, University of Phoenix, San Diego, CA  
  
Counseling 548: Individual Counseling

1999      **Adjunct Professor of Psychology**, California State University, San Bernardino, San Bernardino, CA  
  
Psychology 385: Theories of Personality

### **Previous Health Services Experience**

1989      **Professional Hospital Representative**, (Sales) Merck & Co., Inc., Orange/ Los Angeles County, CA.  
to  
1992      Promoted injectable antibiotics, prescription oral medications, and vaccines to physicians, pharmacists and key hospital personnel. Conducted research based presentations to individual and large groups of physicians. Arranged and coordinated medical education seminars at So. California teaching and community hospitals. (Full-time)

1988      **Program Coordinator**  
to      Jesuit Volunteer Corps, Orange, CA.  
1989      As a full-time volunteer working at a non-profit food bank, coordinated feeding programs to over 200 social service agencies in Orange County, CA. Created a speaker's bureau to increase community awareness of local hunger problem and this community resource. Managed fundraising activities.

## **Honors**

- Notre Dame Scholar
- Omicron Delta Epsilon- National Economics Honor Society
- Dean's list, Notre Dame-- eight consecutive semesters, 1984-88

## **Licensure**

- California Licensed Psychologist #PSY 16314
- Date of Initial Licensure: July 28, 1999

## **Professional Affiliations and Memberships**

- Association for the Treatment of Sexual Abusers (ATSA), Clinical Member
- American Psychological Association (APA)
- American Psychology-Law Society
- San Diego Psych-Law Association

## **Presentations**

- January 2015
  - Mentally Disordered Offender Evaluation Training, California Department of State Hospitals, Sacramento, CA
- February 2014
  - Mentally Disordered Offender Evaluation Training, California Department of State Hospitals, Sacramento, CA

## **Completed Trainings (2010-present)**

- The Value of Protective Factors for SVP Programs (2.5 hrs), Webinar, Global Institute of Forensic Research, 10/12/16
- Assessing Psychopathy Using the Hare Scales (PCL-R & PCL:SV) (13 hrs), Napa, CA, 5/25/15-5/26/16
- Sex Offender Treatment Program and Sexually Violent Predator Research Update (7 hrs), Napa, CA 5/24/16
- California Conference on Sexual Offending (CCOSO) Annual Conference (13 hrs), San Diego, CA 5/12/16-5/13/16
  - Cross Validation of the MEGA and JSORRAT-II (2.5 hrs)
  - Testifying in Court: Practical Suggestions and Tips (3.5 hrs)
  - Myths, Competency, and Treatment of Developmentally Delayed Sex Offenders (3.5 hrs)
  - Practical Approaches and Implications of Sex Offender Assessment and Treatment (3.5 hrs)

- Mentally Disordered Offender Training (11 hrs) Department of State Hospitals, Saramento, CA, 04/05/16-04/06/16
- Court Testimony Training (10 hrs), DSH Sacramento, CA 11/5/15-11/6/15
- California Conference on Sexual Offending (CCOSO) Annual Conference (12.75 hrs) Monterey, CA 5/14-5/1/15
  - Vicarious Trauma (1.5 hr)
  - The Case for Tiering Registered Sex Offenders in CA (1.5 hr)
  - DSM-5: Controversial Paraphilic Disorders (3 hr)
  - Criminogenic Needs of Sex Offenders (4 hr)
  - Online Sexual Offenders (2.75 hr)
- Safety Training in the Workplace (6 hrs), Department of State Hospitals Sacramento, CA 4/03/15
- Common Statistical Misconceptions in Violence Risk Assessment (15 hrs), Global Institute of Forensic Research (online) 3/11/15
- Advanced Training and Update on Dynamic Risk Assessment: The SRA-FV, Legal Issues, and Emotional and Volitional Impairment (13 hrs), Department of State Hospitals, Atascadero State Hospital, Atascadero, CA, 01/28/15-01/29/15
- Mentally Disordered Offender Training (11 hrs) Department of State Hospitals, Metropolitan State Hospital, Napa, CA, 01/14/15-01/15/15
- Violence Risk Asesment Using the HCR-20 Version 3, (13 hrs), Department of State Hospitals, Metropolitan State Hospital, Norwalk, CA, 12/01/14-12/02/14
- Association for the Treatment of Sexual Abusers (ATSA) Conference, San Diego, CA 10/29-10/31/14:
  - The Responsivity Principle in Sex Offender Treatment 10/31/14 (1.5 hr)
  - Using DSM-5 to Diagnose Controversial Paraphilias 10/31/14 (1.5 hr)
  - Sex Offender Grooming Patterns 10/31/14 (1.5 hr)
  - Recent Developments in Static99R Risk Communication 10/30/14 (1.5 hr)
  - Sexual Regulation Among Sex Offenders and Treatment Implications 10/30/14 (1.5 hr)
  - Characteristics of Child Pornography Offenders 10/30/14 (1.5 hr)
  - Static 2002R Training: How to Code, Interpret, and Report, 10/29/14 (6 hr)
- Hot Topics in Ethics and Risk Management in Psychological Practice (6 hrs), Webinar by American Psychological Association, 8/6/14
- Sexually Violent Predator and STATIC-99R Training (21 hrs), Department of State Hospitals, Coalinga, CA, 05/20-05/23/14
- STABLE 2007/ACUTE 2007 (12 hrs) California Coalition on Sexual Offending (CCOSO), San Diego, 05/06-/5/07/14
- Forensic Mental Health Association Conference, Monterey, CA 3/19-3/21/14:
  - Attachment, Regulation Theory, & Relational Trauma 3/19/14 (3 hr)

- Forensic Expert Testimony in SVP Cases 3/20/14 (3 hr)
  - Forensic Report Writing in Sex Offender Cases 3/20/14 (3 hr)
  - DSM-V and the Law: A Forensic Focus 3/21/14 (3 hr)
- Mentally Disordered Offender Evaluation Training (9 hrs), Department of State Hospitals, Sacramento, CA 2/6-2/7/14
- Psychological Assessment for Law Enforcement: MMPI-2RF and CPI (12 hrs), San Diego, CA, 1/7-1/8/14
- 2013 Pre-Employment Psychological Screening Training 7/15-7/16/13 (12 hrs), Sacramento, CA by CA Dept. of Human Resources
- Incompetent to Stand Trial: Guidelines for Examiners and Attorneys (6 hrs), Riverside, CA 1/31/13
- User Overview Training of the Level of Service/Case Mgmt. Inventory (LSCMI) by Larry Chatterton 1/19/13 (5.5 hr) Attended but did not pay for CEU credits.
- STATIC-99R Training by David Thornton. Webinar 1/11/13 (8 hr)
- Evaluation of Risk for Sexual Violence with the RSVP: Part Two. Taken online via ConCEPT CE, Completed 11/15/12 (18 hours)
- Evaluation of Risk for Sexual Violence with the RSVP: Part One. Taken online via ConCEPT CE, Completed 11/13/12 (7 hours)
- Psychological Screening Training Course-2012 (Pre-Employment Screening Training conducted by CA Personnel Board for screening law enforcement officers) 7/25-7/26/12 in Rancho Cucamonga (14 hours)
- State Authorized Risk Assessment for Sex Offenders: STATIC-99R. Taken at California Coalition on Sexual Offending Annual Conference under CE certificate entitled "A New Frontier, 15<sup>th</sup> Annual Training Conference in San Diego on 5/8/12 (8 hr)
- California Law and Ethics for Psychologists. Taken online via Assoc. for Advanced Training in the Behavioral Sciences (via County of San Diego CONREP) on 4/17/12 (4 hrs)
- Advanced Training in the Assessment of Sex Offender Risk. The SRA-FV and STATIC-99R, taken in Atascadero, CA by David Thornton on 12/12/11 ( 15 hr)
- Structured Risk Assessment Training Workshop: The SRA-FV in Dellwood, MN by David Thornton on 10/6-10/7/11 (15 hrs)
- Sexually Violent Predator Evaluations: An Introduction-A Reintroduction by Ron Mihordin, CA Dept of Mental Health in Sacramento on 9/7-9/9/11 in Sacramento, CA (12 hrs).