

**Richard J. Jordan**  
**Psychologist PSY16697**  
**8341 Lemon Avenue, Suite G**  
**La Mesa, CA 91941**

619-303-5062

Email: drjordan@cox.net

NPI Number: 1356567200

## **SPECIALTY AREAS**

Current specialty areas include:

- Treatment and assessment of adults and children for San Diego County Child Welfare and Juvenile Probation;
- Trauma treatment using various modalities, including Eye Movement Desensitization and Reprocessing (EMDR), Somatic Experiencing, and Trauma Focused Cognitive Behavioral Therapy (TF-CBT);
- Relationship therapy and intimacy recovery;
- Mental Health Services in Correctional Environments;
- Integrative therapy addressing mood and anxiety problems;
- Psychological assessment, including IQ, achievement, personality, and projective testing;
- Personal growth, life purpose, and spiritual issues;
- Individual treatment for addiction and substance abuse;

## **TREATMENT APPROACH AND MODALITIES**

A wide range of modalities are available depending upon the presenting problem. These modalities include cognitive behavioral, psychodynamic, Gestalt, reality therapy, somatic, and transpersonal approaches.

## **TRAINING AND EDUCATION**

Training and education include the following:

Psy.D. - Doctorate in Clinical Psychology, American Behavioral Studies Institute.  
Graduated December 1997

American Behavioral Studies Institute  
525 N. Cabrillo Park Dr.  
Santa Ana, CA 92701  
714-564-1120

Doctoral Dissertation: "An Integrative Treatment Approach for Major Depressive Disorder With and Without Psychotic Features"

M.A. – Spiritual Psychology, University of Santa Monica, Graduated August 1996  
University of Santa Monica  
2101 Wilshire Blvd.  
Santa Monica, CA

B.S. Chemical Engineering, University of Missouri, Graduated June 1975  
University of Missouri  
Columbia, MO

Levels I through IV EMDR Training; Somatic Experiencing workshop training; San Diego County sponsored TF-CBT year-long training.  
Plus a wide range of other training including Masters level business courses, various meditation techniques, somatic experiencing, and body-centered transformation.

## **EXPERIENCE**

Experience encompasses a wide range of settings and populations, including the following:

Private practice office in central San Diego County, CA; 2001-present

TERM Team Provider, Psychological Assessments and Treatment of Child Welfare and Probation Children and Adults for San Diego County TERM team; March 2003-present  
Dr. David Keenan  
San Diego County Treatment and Evaluation Resource Management (TERM)  
P.O. Box 85524  
San Diego, CA 92186  
858-541-5263

Contract Staff Psychologist in California State Prisons, 4/2009 – 12/2011  
Individual and group therapy addressing behavioral, substance abuse, and treatment of a wide range of mental health symptoms.  
CCI Tehachapi – Outpatient Housing Unit clinician, Reception Center CCCMS clinician  
Salinas Valley State Prison – Administrative Segregation Enhanced Outpatient Program clinician  
RJ Donovan Correctional Facility – Reception Center Enhanced Outpatient Program clinician, Keyhea (involuntary medication) coordinator, Crisis Bed clinician, coordination of DMH (state hospital) referrals.

Private practice group in Chula Vista, CA; 2002-2007  
Dr. John Hessler, Manager  
815 3<sup>rd</sup> Ave, Suite 107  
Chula Vista, CA 91910

Supervision of Doctoral Level Therapist Interns (Psychological Assistants), two therapists supervised at Aspen Health Services in 2000-2002, and two under supervision in private practice during 2005.

Adjunct Faculty Member, Alliant International University; October 2002 – 2004  
 Courses in Child Development; Adolescent Development, Assessment, and Intervention; and Organizational Behavior  
 Dr. Donald Wofford, Director  
 Alliant International University  
 10455 Pomerado Road  
 San Diego, CA 92131-1799

Contract staff psychologist, California State Prison system; March 2002-September 2003  
 CSP – Corcoran – Level IV SHU CCCMS clinician  
 RJ Donovan Correctional Facility – EOP clinician

Private Practice Group Member, 02/2000 – 09/2002  
 Dr. Thomas Habib  
 Mission Psychological Consultants  
 30270 Rancho Viejo Road, Suite C  
 San Juan Capistrano, CA 92675  
 949-248-7411

Psychological testing of children and adolescents, and clinical supervision of interns at Aspen Education Group in Santa Ana, California; 1997-2002  
 Aspen Education Group/Aspen Health Services  
 1633 E. 4<sup>th</sup> Street, Suite 120  
 Santa Ana, CA 92701

Prior private practice locations in Orange County, CA; 1999-2002

Instructor, University of California-Irvine extension courses, guest lecturer in California State College – Fullerton psychology program; 1994-1997

Facilitated groups and workshops on subjects including of Substance Abuse, Symptom Management, Self-Esteem, Conscious Relationships, Life Path Visioning, Avoiding Burnout in the Helping Professions, and Transpersonal Psychology; 1996-2001 Authored the book “Relationship School, A Path of Conscious Loving” 1999, and magazine articles including “Practical Spirituality” 2004, Vision Magazine; “A Divine Dance” 2001, Continuum Magazine; and “Taking Nature Into Account” 1997, Vision Magazine. Authored the CD, “A Peaceful Inner Life, How to Manage Stress and Create Inner Peace Through Mindfulness,” 2005.

Prior experience in corporate management, consulting, and engineering, including start-up, development, and sale of an environmental services firm. 1975-1996

SCEC – Air Quality Specialists

1582-1 N. Batavia Street

Orange, CA 92867

714-282-8240