



## Galina V. Nikolskaya, M.D.

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### WORK EXPERIENCE

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- President/Founder and Neurologist at GNQNC.Inc, Quality Neurological Care medical company, Harbor city, CA 8/2017 – Present
- Neurologist, Clinical Neurophysiologist at Southland Neurological Institute, Long Beach, Los Alamitos, CA 8/2016 - Present
- Adjunct Neurologist, Clinical Neurophysiologist at Harbor-UCLA Medical Center affiliated with the David Geffen School of Medicine at UCLA, Torrance, CA 8/2016- Present
- Neurologist, Clinical Neurophysiologist at Neurodiagnostic Medical Group, Long Beach, CA 1/2016-7/2016

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### PROFESSIONAL RECOGNITION

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- Winner of a Top 1 Neurologist in the Orange County Region - 2017 2017  
Spring Top Doctor Competition on HealthTap

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### EXPERT WITNESS CASES

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- Sapp vs LAUSD. Retained by Ellison & Associates Law firm as an expert witness in neurology. Submitted expert witness report on 10/05/2017
- Trial testimony as an expert witness in neurology scheduled for 11/29/2017

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### PROFESSIONAL MEDICAL TRAINING

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- ACGME accredited Clinical Neurophysiology Fellowship, Harbor-UCLA Medical Center Los Angeles, CA 7/2015 – 6/2016
- Adult Neurology Residency at University of California, San Diego, CA 6/2011 – 1/2015
- Preliminary Year: Internal Medicine at St Mary Medical Center, Long Beach, CA 6/2010 – 6/2011
- Doctorate of Medicine, Wright State University Boonshoft School of Medicine, Dayton, OH 2006 – 2010
- Bachelor of Arts. Major: Biology - Magna cum laude, Case Western Reserve University, Cleveland, OH 2001 – 2005

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## CREDENTIALS

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- Medical License: California 12/2011 – Active
- Diplomate of American Board of Psychiatry and Neurology 9/2015 – Active
- ABPN exam score - 92% (passing cutoff was 74%)
- ABNP Certification in Clinical Neurophysiology – taking certification exam on 10/20/2017 10/20/2017
- Qualified Medical Evaluator Certification, State of California, Division of Worker's Compensation - taking certification exam on 10/21/2017 10/21/2017

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## CERTIFICATION AND SKILLS

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- Vagal Nerve Stimulator programming
- EEG interpretation
- Performance and interpretation of EMG, NCS, RNS for a diagnosis of various neuromuscular conditions
- Botulinum toxin treatment of various neurological conditions
- Botox injection therapy for chronic migraine 3/2016
- Botox injection therapy for upper limb spasticity 3/2016
- Dysport injection training for upper limb spasticity and cervical dystonia 12/2016

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## COMMUNITY OUTREACH

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- Founder/president of a 510(C)3 Humans Connect Foundation. Nonprofit established on 6/8/2017. Website: humansconnect.org 8/2017 - Present

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## TEACHING EXPERIENCE

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- As a clinical neurophysiology fellow at Harbor-UCLA MC taught residents and medical students about clinical neurology. Supervised neurology, psychiatry, internal medicine, family medicine, emergency medicine residents and medical students during their outpatient neurology clinics. Taught neurology residents basics of interpretation of electro-diagnostic studies such as EMG, NCS and EEGs. Taught neurology and other specialty residents about management of patients in status epilepticus. 2015 – 2016
- As a neurology resident at UC San Diego MC taught medical students who rotated through the VA in SD, Hillcrest Medical Center and Thorton hospitals for their clinical neurology clerkship. 2011 – 2015
- Supplementary Instructor for Physics at Case Western Reserve University - taught undergraduate students concepts covered in 2004 – 2005

class by a professor. Used various teaching techniques to help students better understand complex topics in physics

- Supplementary Instructor for Organic Chemistry, Case Western Reserve University - taught undergraduate students concepts covered in class by a professor. Used various teaching techniques to help students better understand complex topics in organic chemistry. 2003 – 2004

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## ACADEMIC HONORS AND AWARDS

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- Top 5 Resident in Critical Care rotation at Saint Mary Medical Center Long Beach, CA 2011
- The Russell M. Lawall Prize for excellence in biology 2005
- Supplementary Instructor Leader Achievement Award 2005
- Dean's High Honor list 2002 – 2005
- All academic recognition for Women's UAA Varsity Track & Field 2002 – 2003
- Research Internship Award from Diabetes Association of Greater Cleveland 2002

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## PROFESSIONAL MEMBERSHIPS

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- American Academy of Neurology 2017 – present
- American Headache Society 2012 – 2013
- American Academy of Neurology 2008 – 2012
- American Medical Association 2006 – 2010
- American Medical Student Association 2006 – 2010
- Phi Rho Sigma Community Service Medical Society 2006 – 2010
- Student Interest Group in Neurology – President 2009-2010

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## PRESENTATIONS

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- Limb girdle muscular dystrophies. Harbor-UCLA Medical Center Noon Lecture Conference, Torrance, CA 4/2016
- Inflammatory myopathies and myositis. Harbor-UCLA Medical Center Noon Lecture Conference, Torrance, CA 1/2016
- Amyotrophic lateral sclerosis. Harbor-UCLA Medical Center Noon Lecture Conference, Torrance, CA 11/2015
- Hereditary Neuropathies. Hereditary Neuropathies. Torrance, CA 8/2015
- Martin Gruber anastomosis. Harbor-UCLA Medical Center Waveform Morning Conference, Torrance, CA 7/2015
- Rare cause of acute weakness. University of California San Diego Grand Rounds Presentation, San Diego, CA 6/2012

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## **PUBLICATIONS**

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- Blumenfeld A., Nikolskaya. G. Glossopharyngeal Neuralgia. Review article. Current Pain Headache Report, 17 (7), 343, 2013
- Shiovitz, R, Mitsis, EM, Bang, C, Cristian, A, Hazlett, E, Elder, G, Nikolskaya, G, Buchsbaum, M. S. FDG-PET Regional Glucose Abnormalities in White Matter in Civilian Impact and Military Blast-Related Mild Traumatic Brain Injury. Journal of Biological Psychiatry, 67 (9), 150S, 2010
- Nikolskaya.G. How tele-neurology visit can lead to quicker improvement in health and quality of life. Post published on myneuro.care. 2017.
- Nikolskaya.G. Is there a value in a second opinion neurological consult? Post published on myneuro.care. 2017.
- Nikolskaya.G. Why patient's hand weakness may not improve post carpal tunnel surgery. Post published on Facebook Quality Neurological Care page. 2017.

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## **PERSONAL INTERESTS AND LANGUAGES**

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- Yoga
- Parent educator on positive discipline
- Medical writing
- Fluent in Russian