

# REBECCA ROY, Ph.D.

## Licensed Clinical Psychologist

### SUMMARY

Experienced clinician managing and treating complex cases. Twelve years of experience treating adults, children and adolescents in individual, couples, and family therapy. Experience in assessment, psychological testing, forensic methods, and psychological evaluations. Invited to present original research on complex trauma treatment to the American Psychological Association, 2013, Division 39, Psychoanalytic. Expertise on various mental issues provided to The New York Times, LA Times, CNN, World News Tonight, Reuters, and other major media.

Core Competencies, Traits, Skills:

- **Highly flexible**
- **Creative, innovative thinker**
- **Tenacious and resilient**
- **Dynamic leader**
- **Insightful and intuitive**
- **Culturally competent**

Key Related Experience:

- **Strong clinical skills and experience (12 + years)**
- **Business development director**
- **Public relations, marketing, outreach, and public speaking experience**
- **Former coach of Olympic athletes**
- **Former national champion athlete (synchronized swimming)**
- **Business owner**
- **Experience working closely with high-level CEOs**
- **Experience interacting with world leaders**
- **Experienced coach of creative professionals**
- **Media experience**
- **Clinical supervision**

Clinical Specialties:

- PTSD
- Executive coaching
- Assessment/Evaluation
- Psychological testing
- Cognitive/Behavioral Therapy
- Treatment of complex disorders
- Mood disorders
- Couples therapy

### EXPERIENCE

Position	<b>Rebecca Roy, Ph.D.</b>
Company	Dr. Rebecca Roy
Location	Studio City, CA
Dates	01/2006 – Present

Provide psychotherapy, executive coaching, and assessment to individuals, couples, and families (adults and adolescents). Utilize CBT/DBT and psychodynamic approaches to treatment. Solely responsible for managing all aspects of the practice, including business, marketing, and public relations. Provide supervision to MFT interns and licensed professionals. Primarily work with entertainment industry creative professionals, including actors, writers, producers, and directors. Strong emphasis on executive coaching.

Position           **Doctoral Internship/Post-Doc**  
Company           Dr. Lisa Murphy  
Location           Beverly Hills, CA  
Dates               1/2010 – 9/2013

Training internship and post-doctoral work focused on forensic methods and analysis with an emphasis on psychoanalytic treatment of complex trauma. Assisted in forensic assessment of select criminal cases which included interviews and documentation gathering.

Position           **Advanced Psychological Solutions (MFT Internship)**  
Company           Los Angeles Unified School District  
Location           Los Angeles, CA  
Dates               2005 - 2006

Provided individual and group psychotherapy for children (grades K-5) in a school-based setting. Provided training and supervision of MFT interns in group therapy methods. Provided crisis management, assessment and intervention.

Position           **MFT Intern**  
Company           AIDS Project Los Angeles  
Location           Los Angeles, CA  
Dates               2005 - 2006

Provided individual and group psychotherapy for HIV+ men and women. Collaborated with medical and neurological staff as part of an integrated treatment team. Supervised treatment plans and managed complex disorders of individual patients.

Position           **Director of Corporate Development**  
Company           Town Hall Los Angeles  
Location           Los Angeles, CA  
Dates               2001-2004

Director of corporate development and fundraising for nationally-known, premier, non-profit organization. Managed and directed public relations, marketing, and all business development outreach for the corporate division. Responsible for raising a significant percentage of the organization's overall budget. Achieved an approximately 35% increase in revenues and donations. Responsible for coordinating and interacting closely with a high-level Board of Directors which included CEOs from major Los Angeles corporations. Responsibilities included interfacing with world leaders, including Secretary of State Condoleeza Rice, General Colin Powell, Arianna Huffington, Michael Dell, Carly Fiorina, Sherry Lansing, President Vicente Fox of Mexico, and many other government leaders, business leaders, and members of royalty. Introduced and presented selected speakers to audiences and moderated panels.

## **PRESENTATIONS**

Roy, R. (2013, August). *Healing the Psychic Joint: Trauma Body-Mind Reintegration Therapy*. Annual Convention of the American Psychological Association, Honolulu, HI, Division 39, Psychoanalytic.

## **EDUCATION**

Degree               **Ph.D. in Clinical Psychology**

[DR. REBECCA ROY/2](#)

University Pacifica Graduate Institute  
Location Carpinteria, CA  
Date 06/2012

Degree **M.A. in Clinical Psychology**  
University Antioch University Los Angeles  
Location Los Angeles, CA  
Date 05/2005

#### **AWARDS**

- National and world champion, synchronized swimming (U.S. National Team)
- National collegiate champion, synchronized swimming (University of Arizona)
- Inducted into University of Arizona Sports Hall of Fame (2005)

#### **LICENSES:**

- Licensed Clinical Psychologist (PSY 28773)
- Licensed Marriage and Family Therapist (MFC 45901)

#### **PROFESSIONAL AFFILIATIONS**

- American Psychological Association (APA)
- California Association of Marriage and Family Therapists (CAMFT)