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ABBREVIATED CURRICILUM VITAE

Education

- 1998-2003 University of Medicine and Dentistry of New Jersey
Robert Wood Johnson Medical School
Doctor of Medicine conferred May 2003
- 1997-1998 Rutgers Graduate School
Graduate studies in Microbiology and Molecular Genetics
- 1994-1997 Rutgers College

Post-Graduate Training

- 2003-2007 University of California Irvine Medical Center
Chief Resident 2006-07
- 2005-2007 The New Center for Psychoanalysis
Completed Psychotherapy Certification Program

Board Certifications

- 2011-present American Board of Psychiatry and Neurology
- 2010-present American Board of Addiction Medicine

Licensure

- 2010-present Qualified Medical Examiner, certified
- 2005-present California Medical Licensure conferred
- 2005-present DEA Licensure
- 2005-present Qualified as expert psychiatric witness in Orange County Superior Court

Select Work Experience

2014-present	Expedient Psychiatric Services, Private Psychiatric Practice
2012-present	Expedient Telehealth Services, Private Psychiatric Practice
2010-2012	Chico Community Counseling Center (CCCC), Tele-psychiatry Clinic
2010-2012	Oroville Community Counseling Center (OCCC), Tele-psychiatry Clinic
2011-2012	Youth For Change, Tele-psychiatry Clinic
2011-2012	Chico Adult Services (CAS), Tele-psychiatry Clinic
2007-2011	Atascadero State Hospital, Atascadero California
2005-2007	Psychiatrist for CDCR, North Kern & High Desert Facilities
2005-2007	Royale Health Care Center, Santa Ana & Mission Viejo Hospitals
2005-2007	Forensic Psychiatry, Orange County Superior Court
2006-2007	F.A.N.C.O.C. Inc., Private Forensics Firm
2006-2007	Mental Health Association of Orange County: Santa Ana AB2034 clinic Court Diversion Dual Diagnosis Program "WIT" program Garden Grove Clinic
2007	College Community Services, Anaheim and Santa Ana Facilities

Select Honors and Awards

2006	Chief Resident	UCIMC – Department of Psychiatry
2002	Research Achievement Award	Robert Wood Johnson Medical School
1997	Henry Rutgers Scholar Henry Rutgers Thesis; Highest Honors	Rutgers College
1995	Deans' Award for Excellence	Rutgers College

Publications

Journal Articles

- 2007 *"Inflammatory Markers in Acute Myocardial Infarction Patients: Preliminary Evidence of a Prospective Association With Depressive Symptoms."* Eric B. Hekler, M.S., Jason Rubenstein, B.A., Elliot Coups, Ph.D., Suzanne Gilligan, Ph.D., Matthew J. Steiner, M.D., Tyrone J. Krause, M.D., Alan K. Tannenbaum, M.D., Elaine A. Leventhal, M.D., Ph.D., Alexander W. Kusnecov, Ph.D., Richard J. Contrada, Ph.D. Journal of Applied Biobehavioral Research, 2007, **12**, 2, pp.65-81.
- 2006 *"Complicated hypertension related to the abuse of ephedrine and caffeine alkaloids."* Jeffrey A. Berman; Arathi Setty; Matthew J. Steiner; Kenneth R. Kaufman; Christine Skotzko Journal of Addictive Diseases, Volume 25, Issue 3 October 2006, pages 45 – 48.

Research Experience

Robert Wood Johnson Medical School

- 2002 Robert Wood Johnson University Hospital
Department of Psychiatry
Addiction Psychiatry Preceptorship with Dr. Jeffrey Berman
Investigator and Author of *"Methadone: A Misunderstood Medication."*

- 2001-2002 Robert Wood Johnson University Hospital
Department of Internal Medicine
Research Director of NIH funded research studies
"HEARTS; Heart Attack Response To Symptoms"

Rutgers College

- 1997-2001 Rutgers University
Department of Psychology
Research Associate:
"Effects of Depression and Inflammatory Activity Following Myocardial Infarction"
and *"Religion, Aging, and Adaptation to Open Heart Surgery."*

- 1997-2002 Rutgers University
The Institute for Health
Research Associate on several projects including:
"The Rutgers Aging and Health Study."

Research Positions

- 1997-1999 Rutgers College Chart Study
Rutgers College, Piscataway, New Jersey
Department of Psychology, Dr. Richard Contrada, Ph.D.
“Coronary Artery Bypass Graft Surgery and Biospsychosocial Predictors of Outcome.”

Abstracts and Presentations

- 2003 “Comparison of Methadone versus Alternate Opioids in Treating Chronic Pain in Patients with Co-morbid Substance Use Disorders.” Jeffrey A. Berman, M.S., M.D., Matthew Steiner, B.A., Christine Skotzko, M.D., Paul Gutierrez, S.F.C. U.S.A., Douglas Ziedonis, M.D., Joyce Lowinson, M.D. Department of Psychiatry, Robert Wood Johnson Medical School – University Behavioral HealthCare, Piscataway, NJ
- 2002 “Effects of Depression and Inflammatory Activity Following Myocardial Infarction: An Ongoing Study.” R. J. Contrada, A. Kusnecov, S. Gilligan, T. J. Krause, A. K. Tannenbaum, E. A. Leventhal, M. J. Steiner, J. Robertson JR. Department of Psychology, Rutgers University & Departments of Cardiothoracic Surgery, Cardiology and Medicine, UMDNJ-RWJMS.
- 2001 “Arterial Infection after Carotid Artery Endarterectomy: Three Cases in 579 Endarterectomies.” Widom, K. M.D., Goldman, K.A. M.D. Davidson, J.T. M.D., Kahn, S.P. M.D., Steiner, M.J. B.A. and LaPerriere, D. B.S. The Medical Center at Princeton. January 21, 2001
- Undergraduate Henry Rutgers Thesis*
- 1997 Steiner, M.J. *Psychosocial and Biological Predictors of Outcomes Following Open Heart Surgery*. Piscataway, New Jersey: Rutgers College.

Publication Acknowledgements

- 2009 “Alcohol use and congestive heart failure: incidence, importance, and approaches to improved history taking.” Christine E. Skotzko, Alina Vrinceanu, & Ronald Freudemberger. *Heart Failure Reviews* (2009). Volume 14, Issue 1, Pages 51-55.
- 2008 “Adjunctive Aripiprazole in Bipolar I Depression.” Sokolski, K. N. *The Annals of Pharmacotherapy*. 2007; 41: 35-40.