

# Craig B. Grether, Ph.D.

## Overview

Dr. Grether's work over the past forty years has resulted in the development of an experience base in clinical and consulting psychology, neuropsychology, geropsychology, behavioral medicine and cognitive rehabilitation, forensic psychology and mediation. He is an accomplished diagnostician, therapist, consultant, researcher and author having worked in outpatient rehabilitation, long-term care, private practice, and inpatient settings.

## Education, Credentials & Registrations

- 1972, Ph.D.** Psychology, North Carolina State University, Concentration: Clinical Health Psychology  
**1970, M.S.** Psychology, North Carolina State University, Concentration: Ergonomics  
**1968, B.S.** Psychology, Heidelberg College  
**1971 – 1972** Public Health Service Fellow, North Carolina State University/University of North Carolina  
**1974 – 1975** Postdoctoral Clinical Externship, Spring Grove Hospital Center, Baltimore, MD, APA Approved Program  
**1974 – 2005** Licensed Psychologist Maryland #000725 (Inactive)  
**2003 – Present** Licensed Psychologist California #PSY18336  
**1976 – Present** National Register of Health Service Psychologists, Certificate #18328  
**1985 – Present** Certified Professional Member, National Academy of Neuropsychologists  
**2001.** Certificate of Professional Qualification in Psychology #2384  
**2004 - Present** Qualified Neutral, California Dispute Resolution Programs Act  
**2006 - Present** National Provider Identifier 1215256797  
**2015 – Present** Council for Affordable Quality Healthcare #136566687

## Professional Experience

**Craig B. Grether, Ph.D.,** Columbia & Ellicott City, MD. & Carlsbad, CA. **12/1974 – Present**

Privately held clinical and consulting practice.

Principal

Long-standing clinical and consulting practice specializing in neuropsychology, geropsychology, behavioral medicine, rehabilitation, mediation and legal psychology. Highlights include:

- Neuropsychological and psychological testing
- Mental capacity, IME, fitness for duty, disability, and public safety pre-employment evaluations
- Individual, couples, family and group therapy; biofeedback therapy, behavioral medicine
- Geropsychological consultant for multiple SNFs, assisted living, and adult medical day care centers
- Psychological and neuropsychological services for a network of comprehensive outpatient medical rehabilitation facilities
- Hospital based practice, allied health professional staff
- Chief psychological consultant for inpatient and outpatient drug abuse and alcohol treatment center
- Family, couples and business mediation services

**VeriCare, San Diego, CA.**

**10/2002 – 5/2004**

Leading provider of mental and behavioral health services to older adults in long-term care.

National Director of Behavior Medicine Programs (part-time)

Responsible for the development and nationwide implementation of behavior medicine services in long-term care settings. Highlights include:

- Designed the nationwide Behavioral Medicine Program and business plan
- Conducted APA approved continuing education workshops in behavior medicine for clinical psychologists, clinical social workers, psychiatrists and advanced practice nurses
- Trained the trainers for behavior medicine in-service presentations to nursing staff of skilled nursing and assisted living facilities
- Presented behavior medicine program to corporate medical and clinical service directors
- Provided behavioral medicine services for ALF and SNF residents

**Community Rehab Centers, Inc. (CRC), Burlington, MA.**

**4/1997 – 7/1999**

**Horizon Health & Rehabilitation (HH&R), Ellicott City, MD.**

CRC was a privately held, provider of outpatient rehabilitation services, with approximately 40 clinics and 100 satellite sites located throughout the U.S. HH&R is a wholly owned subsidiary of Community Rehab Centers, Inc.

Regional Vice President of CRC / Chief Operating Officer of HH&R

Responsible for management, administration, business and program development of 9 comprehensive outpatient rehabilitation facilities and 25 satellite units in central Maryland.

- Expanded the Mid-Atlantic Lymphedema Centers™ to 9 clinics in four states: Maryland, Pennsylvania, New Jersey and North Carolina. Became the second largest provider of lymphedema services in the U.S.
- Expanded onsite rehabilitation in Adult Medical Day Care and Assisted Living Facilities to 25 sites in central Maryland. Became the largest provider in the state of Maryland.
- Developed new programs for Parkinson's Disease, Vestibular Disorders, Arthritis, Cancer Rehabilitation, among others.

**Horizon Health & Rehabilitation (HH&R), Ellicott City, MD.**

**6/1988 – 3/1997**

HH&R was a privately-held, provider of comprehensive outpatient rehabilitation services, with 4 clinics and 16 satellite sites located in central Maryland. Services provided included physical therapy, occupational therapy, speech-language therapy, psychodiagnostics and therapy, social work, and medical consultation.

Owner & Clinical Director

Responsible for clinical direction, management, administration, marketing, business and program development.

Highlights include:

- Founded Mid-Atlantic Lymphedema Centers™, the first lymphedema treatment clinic in Maryland.
- Established first on-site rehabilitation program in Adult Medical Day Care Centers in Maryland. Expanded to 6 sites.
- Established first on-site rehabilitation program in Assisted Living Facilities in Maryland. Expanded to 10 sites.
- Coordinated treatment planning with Medical Directors.
- Sold company to Community Rehab Centers, Inc. in March 1997

**Psychological Health Services, Inc. (PHS),** Columbia, MD.

**6/1976 – 5/1988**

PHS, a privately-owned multidisciplinary mental health and consulting organization.

Co-Owner

Co-responsible for management, marketing, business development and administration. Sold ownership to partner in 1988.

**Westinghouse Behavioral Services Center (BSC),** Columbia, MD.

**3/1972 – 1/1976**

Part of the public-traded Westinghouse Electric Corporation, BSC was a consulting organization to private industry and governmental agencies providing health and safety related research and services.

**Director, 1975 – 1976**

**Senior Psychologist, 1972 – 1974**

Internal and external consultant responsible for marketing, program development, management and implementation of consulting programs, services and applied research. Highlights include:

- Designed substance abuse treatment program for first off-site EAP serving multiple industries.
- Conducted applied research in behavioral neurology.
- Started the Westinghouse Biofeedback Institute for stress management training.
- Multiple government publications, book chapter and company published monograph on training.

### **Professional Memberships**

American Psychological Association

National Academy of Neuropsychologists

National Care Planning Council

National Alliance in Professional Psychology

Association for Conflict Resolution

### **Boards, Panels, Awards, Honors**

Public Health Service Fellowship Award, North Carolina State/University of North Carolina, 1971 - 1972

Governor-Presented Partnership Award, Maryland Coalition of Geriatric Services, 1997

Member, Board of Directors, Maryland Assisted Living Association, 1997 - 1999

Member, Board of Directors, American Lymphology Society, 1999 – 2001

Member, Board of Directors, Collaborative Family Law Group of San Diego, 2008-2011

President, Collaborative Family Law Group of San Diego, 2010

### **Teaching & Academic Affiliation**

Adjunct Faculty: 1988 – 1989, Dissertation Committee Member, United States International University, San Diego, CA

Instructor: 2002 – 2004, American Psychological Association Approved Continuing Professional Education for Psychologists through VeriCare, San Diego, CA

### **Affiliations & Consultancies**

Allied Health Professional Staff: 1985-1994, Howard County General Hospital, Columbia, MD

Allied Health Professional Staff: 1989-1995, Taylor Manor Psychiatric Hospital, Ellicott City, MD

Chief Psychological Consultant: 1986-1994, Oakview Drug and Alcohol Treatment Center, Ellicott City, MD

Geropsychology Consultant Practitioner:

1983-1988, Meridian Nursing and Rehabilitation Center, Silver Springs, MD

1991-1995, Lorien Nursing and Rehabilitation Center, Columbia, Maryland  
1988-1995, Bon Secours Nursing and Rehabilitation Center, Ellicott City, MD  
1994-1999, Colonial Manor Assisted Living Facilities, 12 Sites in Central MD  
1996-1999, Morningside Assisted Living, 2 Sites in Central MD  
1994-1999, Annapolitan Assisted Living Facility, Annapolis, MD  
1995-1999, Deerfield Senior Services, 3 Sites in Central MD

### **Other Client Organizations Served**

Archdiocese of Baltimore  
BMI Holdings  
Calvert Cliffs Nuclear Power Plant  
CorVel Corporation  
District Photo, Inc  
Howard Community College, Disability Support Services  
Howard County Police Department  
Intracorp  
Maryland Division of Occupational Rehabilitation Services  
Maryland State Medical Society  
Montgomery County Police Department  
National Institute for Alcohol Abuse and Alcoholism  
National Science Foundation  
Olin Printing Company  
PsychGroup  
Riverhill Wellness Center  
T-Com Corporation  
Therapy Concepts Health & Medical  
Therapy Concepts Treatment Center  
Union Carbide Corporation  
United States Army  
Westinghouse Elevator Company

### **Sample Presentations & Publications**

Co-Parenting: Doing the Best for Your Kids While Parenting Apart. Anthem Employee Assistance Program for Qualcomm Corporation, April 10, 2014, San Diego, CA.

Collaborative Divorce. San Diego Living, WETV San Diego, September 14, 2010. (Co-Presenters: Garrison Klueck, Esq., Shari Delisle, Ph.D., Justin Reckers, CFP).

Divorce Alternates. North Coastal Estate Planning Council, November 14, 2008, Carlsbad, CA. (Co-Presenter: Debra N. Caligiuri, Esq.).

Divorce: What Therapists Really Need to Know. San Diego Psychological Association Fall Conference, October 9, 2008, San Diego, CA. (Co-Presenter: Debra N. Caligiuri, Esq.).

Family Mediation in Elder Law: "Calming the Perfect Family Storm." San Diego Bar Association Continuing Education Presentation, August 16, 2007, San Diego, CA.

Elder Issues: Mental Capacity & Family Conflict. Continuing Education Series, Silverado Senior Services, May 15, 2007, Encinitas, CA.

Assessing Diminished Mental Capacity for Conservatorship. Private Fiduciary Association of California Annual Meeting, May 10, 2007, San Diego, CA.

Dispute Resolution: Elder Family Issues. Just Solutions Monograph 1, Carlsbad, CA, April 2006.

What Really Works: The Evidence for Behavior-Based Disease Management for Chronic Medical Disorders. VeriCare Monograph 5, San Diego, CA, September 2003.

Treatment Center Model. Presented at the Third National Lymphedema Conference, Lymphedema: Uncovering the Hidden Epidemic, San Francisco, CA, September 19, 1998.

Overview: How to Set Up a Lymphedema Center. Presented at the Second National Lymphedema Conference, Lymphedema: The problem and Challenge, San Francisco, CA, September 19, 1996.

Neuropsychological Implications for Right Hemisphere Dysfunction. Presented at the MD Speech-Language-Hearing Association Annual Convention, Greenbelt, MD, April, 1993.

Chronic Pain Management. Presented at the District of Columbia Rehabilitations Nurse's Association Meeting, Washington, D.C., June 1991.

Pain: The State of the Art. Presented at the Mid-Atlantic Region National Rehabilitation Association's Annual Training Conference, Baltimore, MD, May 1984.

Psychological Factors in Post-Myocardial Infarction. Presented at the American Heart Association Conference on Post-Myocardial Infarction, Baltimore, MD, May, 1977.

Non-Pharmacological Modes of Therapy. Presented at the American Heart Association Symposium on Stress, Bethesda, MD, March, 1976.

Behavioral and Neurological Evaluation of Workers Exposed to Perchloroethylene. Dept. of Health, Education, and Welfare, Public Health Service, Center for Disease Control, National Institute for Occupational Safety and Health, Division of Biomedical and Behavioral Science, U.S. Government Printing Office: Washington, D.C., 1976. (With T.C. Tuttle and G.D. Wood).

Psychological, Behavioral and Organizational Factors Affecting the Safety and Health of Coal Miners, U.S. Government Printing Office: Washington, D.C., 1976. (With C.M. Pfeiffer, Jr. and J.L. Stefanski).

Engineering Psychology. In Margolis, B. & Kroes, W., (Eds): *The Human Side of Accident Prevention*, Charles C. Thomas, Springfield, Illinois, 1975.

Behavioral Action Intervention Strategies: Training. Westinghouse Industrial Publications Series BSC-101, Columbia, MD, 1975. (With I.L. Goldstein, T.C. Tuttle, and G.D. Wood).

Stress Control and Occupational Mental Health: An Emerging Technology - Biofeedback. Occupational Health Approaches. Presented at the National Conference: Future Directions in Occupational Safety and Health-Work Sessions, National Science Foundation Workshops, Westinghouse Behavioral Services Center, Columbia, MD, May 1974.

Subjective Evaluation of Differential Pulse-Code Modulation Using the Speech “Goodness” Rating Scale. IEEE Transactions on Audio and Electroacoustics, June 1973, Volume 21, Issue 3, Pages 179-184.

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