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CURRICULUM VITAE

Post-Graduate Clinical Training

- 2003-2007 University of California Irvine Medical Center
Chief Resident 2006-07
- 2005-2007 The New Center for Psychoanalysis
Completed Psychotherapy Certification Program

Education

- 1998-2003 University of Medicine and Dentistry of New Jersey
Robert Wood Johnson Medical School
Doctor of Medicine conferred May 2003
- 1997-1998 Rutgers Graduate School
Graduate Studies in Microbiology and Molecular Genetics
- 1994-1997 Rutgers College, Rutgers the State University of New Jersey
B.A. Psychology, Minor in Philosophy

Board Certifications

- 2011-present American Board of Psychiatry and Neurology (A.B.P.N.)
- 2010-present American Board of Addiction Medicine (A.B.A.M.)

Licensure

- 2010-present Qualified Medical Examiner, certified (Q.M.E.)
- 2005-present California Medical Licensure conferred (M.D.)
- 2005-present DEA Licensure

Clinical and Forensic Supervisory Experience

- 2012-present President, Founder, and CEO of Expedient Medicolegal Services
Currently forensic director of 40+ multidisciplinary physician group
-Peer-reviewed 1,000s of med-legal cases in this capacity
- 2008-2011 Senior Supervising Psychiatrist; Atascadero State Hospital
Served as Senior Member of Peer Review Committee
- 2006-2007 University of California Irvine Medical Center
Chief Resident 2006-07

Selected Clinical Work Experience

- 2014-present Expedient Psychiatric Services, Private Psychiatric Practice
Specializing in Addictions and Adult Psychopathologies
- 2012-present Expedient Telehealth Services, Private Psychiatric Practice
- 2010-2012 Chico Community Counseling Center (CCCC), Telepsychiatry Clinic
- 2010-2012 Oroville Community Counseling Center (OCCC), Telepsychiatry Clinic
- 2011-2012 Youth For Change, Telepsychiatry Clinic
- 2011-2012 Chico Adult Services (CAS), Telepsychiatry Clinic
- 2007-2011 Senior Supervising Psychiatrist, Atascadero State Hospital
- 2003-2007 Long Beach Veterans Administration
- 2005-2007 Psychiatrist for CDCR, North Kern & High Desert Facilities
- 2005-2007 Royale Health Care Center, Santa Ana & Mission Viejo Hospitals
- 2005-2007 Forensic Psychiatry, Orange County Superior Court
- 2006-2007 F.A.N.C.O.C. Inc., Private Forensics Firm
- 2006-2007 Mental Health Association of Orange County:
Santa Ana AB2034 clinic
Court Diversion Dual Diagnosis Program "WIT" Program
Garden Grove Clinic
- 2007 College Community Services, Anaheim and Santa Ana Facilities

Forensic and Medical-Legal Practice

2016-present	HHC Group Peer Review Panelist
2012-present	Founder and CEO of Expedient Medicolegal Services www.expevals.com Providing primary source of mentorship and training to a multi-specialty group of 40+ physicians
2007-2012	Expert psychiatric witness 1370, 2962, 2972, and SVP cases
2005-present	Qualified expert psychiatric witness Orange County Superior Court Writ, Riese, Conservatorship Hearings

Select Honors and Awards

2006	Chief Resident	UCIMC – Department of Psychiatry
2002	Research Achievement Award	Robert Wood Johnson Medical School
1997	Henry Rutgers Scholar Henry Rutgers Thesis; Highest Honors	Rutgers College
1995	Deans' Award for Excellence	Rutgers College

Current Memberships and Associations

APA (American Psychiatric Association)

CPA (California Psychiatric Association)

SCPS (Southern California Psychiatric Society)

AMA (American Medical Association)

CAAA (California Applicants' Attorneys Association)

CSIMS (California Society of Industrial Medicine and Surgery)

Peer-Reviewed Publications

Journal Articles

- 2007 *“Inflammatory Markers in Acute Myocardial Infarction Patients: Preliminary Evidence of a Prospective Association With Depressive Symptoms.”* Eric B. Hekler, M.S., Jason Rubenstein, B.A., Elliot Coups, Ph.D., Suzanne Gilligan, Ph.D., Matthew J. Steiner, M.D., Tyrone J. Krause, M.D., Alan K. Tannenbaum, M.D., Elaine A. Leventhal, M.D., Ph.D., Alexander W. Kusnecov, Ph.D., Richard J. Contrada, Ph.D. Journal of Applied Biobehavioral Research, 2007, 12, 2, pp.65-81.
- 2006 *“Complicated hypertension related to the abuse of ephedrine and caffeine alkaloids.”* Jeffrey A. Berman; Arathi Setty; Matthew J. Steiner; Kenneth R. Kaufman; Christine Skotzko Journal of Addictive Diseases, Volume 25, Issue 3 October 2006, pages 45 – 48.

Research Experience

Robert Wood Johnson Medical School

- 2002 Robert Wood Johnson University Hospital, New Brunswick, New Jersey
Department of Psychiatry
Addiction Psychiatry Preceptorship with Dr. Jeffrey Berman
Investigator and Author of *“Methadone: A Misunderstood Medication.”*
- 2001-2002 Robert Wood Johnson University Hospital, New Brunswick, New Jersey
Department of Internal Medicine
Research Director of NIH funded research studies
“HEARTS; Heart Attack Response To Symptoms”

Rutgers College

- 1997-2001 Rutgers University
Department of Psychology
Research Associate:
“Effects of Depression and Inflammatory Activity Following Myocardial Infarction” and
“Religion, Aging, and Adaptation to Open Heart Surgery.”
- 1997-2002 Rutgers University
The Institute for Health
Research Associate: *The Rutgers Aging and Health Study.*

Research Positions

- 1997-1999 Rutgers College Chart Study
Rutgers College, Piscataway, New Jersey
Department of Psychology, Dr. Richard Contrada, Ph.D.
“*Coronary Artery Bypass Graft Surgery and Biopsychosocial Predictors of Outcome.*”

Abstracts, Presentations, and Teaching Activities

- 2007 Grand Rounds: Long-term psychodynamic psychotherapy; case study and discussion.
Weekly Didactics: Instructing Junior Residents in core competencies.
University of California Irvine
- 2003 “*Comparison of Methadone versus Alternate Opioids in Treating Chronic Pain in Patients with Co-morbid Substance Use Disorders.*” Jeffrey A. Berman, M.S., M.D., Matthew Steiner, B.A., Christine Skotzko, M.D., Paul Gutierrez, S.F.C. U.S.A., Douglas Ziedonis, M.D., Joyce Lowinson, M.D. Department of Psychiatry, Robert Wood Johnson Medical School – University Behavioral HealthCare, Piscataway, NJ
- 2002 “*Effects of Depression and Inflammatory Activity Following Myocardial Infarction: An Ongoing Study.*” R. J. Contrada, A. Kusnecov, S. Gilligan, T. J. Krause, A. K. Tannenbaum, E. A. Leventhal, M. J. Steiner, J. Robertson JR. Department of Psychology, Rutgers University & Departments of Cardiothoracic Surgery, Cardiology and Medicine, UMDNJ-RWJMS.
- 2001 “*Arterial Infection after Carotid Artery Endarterectomy: Three Cases in 579 Endarterectomies.*” Widom, K. M.D., Goldman, K.A. M.D. Davidson, J.T. M.D., Kahn, S.P. M.D., Steiner, M.J. B.A. and Laperriere, D. B.S. The Medical Center at Princeton. January 21, 2001
- Undergraduate Henry Rutgers Thesis*
- 1997 Steiner, M.J. *Psychosocial and Biological Predictors of Outcomes Following Open Heart Surgery.* Piscataway, New Jersey: Rutgers College.

Publication Acknowledgements

- 2009 “*Alcohol use and congestive heart failure: incidence, importance, and approaches to improved history taking.*” Christine E. Skotzko, Alina Vrinceanu, & Ronald Freudenberger. *Heart Failure Reviews* (2009). Volume 14, Issue 1, Pages 51-55.
- 2008 “*Adjunctive Aripiprazole in Bipolar I Depression.*” Sokolski, K. N. *The Annals of Pharmacotherapy.* 2007; 41: 35-40.

Recent Conferences and Educational Activities

May 2017	American Psychiatric Association Annual Meeting
March 2017	Association of Defense Counsel Conference
February 2017	Independent Medical Examination Conference
February 2017	Association of SoCal Defense Conference
January 2017	Expert Witnessing Conference
January 2017	Advanced Testifying Skills for Experts: The Master's Program
November 2016	Disability File Review Conference

NOT YET RETAINED