

Alexandra Mari N. Pelonia, Psy.D.

Education

Doctor of Psychology (Psy.D.) California School of Professional Psychology
Alliant International University
San Diego, CA 92131
APA-accredited Program in Clinical Psychology
Awarded September 2019

Master of Arts in Psychology California School of Professional Psychology
Alliant International University
San Diego, CA 92131
Awarded July 2016

BA in Social Sciences University of the Philippines
Tacloban City, Philippines 6500
Undergraduate Major in Psychology
Awarded April 2013

License/Certifications

Licensed Clinical Psychologist (CA) – PSY33957
Issued 01/10/2023

Registered Health Service Psychologist - #79904
Issued 08/19/2025

Qualified Medical Examiner – CA DWC

Employment and Clinical Training Experience

MHOOD Clinic (Naval Medical Center San Diego) – Clinical Psychologist
3075 Corbina Alley, Building 268
San Diego, 92136

June 2026 – Present
Supervisor: Erika S. Holtermann, Ph.D.

Provide comprehensive psychological assessment and treatment services to patients presenting with a broad range of behavioral health concerns, including high-risk presentations involving suicidality, trauma-related disorders, and co-occurring substance use conditions. Deliver evidence-based individual and group psychotherapy utilizing cognitive behavioral therapy (CBT), brief interventions, and psychoeducational approaches aimed at symptom reduction and improved psychosocial functioning.

Conduct ongoing assessment and management of acute and chronic psychiatric risk, including suicide and homicide risk evaluations, crisis intervention, and determination of appropriate clinical disposition and level of care. Collaborate with multidisciplinary treatment teams to develop, implement, and monitor individualized treatment plans with measurable SMART goals while ensuring continuity of care across behavioral health clinics and external referral systems. Develop and provide professional development training, staff education, and interdisciplinary consultation on behavioral health topics, clinical procedures, patient safety protocols, and best practices in mental health service delivery.

Frontera Search Partners/OPTUM Serve – Clinical Psychologist
7677 Oakport Street, Suite 950
Oakland, CA 94621

September 2025 – June 2026
Network Operations Manager: Michael Davis

Performed Compensation and Pension (C&P) evaluations for active-duty service members and veterans, integrating comprehensive review of medical and mental health records related to disability claims. Collaborated with multidisciplinary examiners and offered consultative feedback on complex cases.

Clay Consulting LLC – Clinical Psychologist
15373 Innovation Dr., Ste. 120
San Diego, CA 32128

September 2024 – August 2025
Regional Operations Manager: Syed Hussain Abbas Naqvi

Conducted compensation and pension (C&P) examinations for military service members and veterans. Reviewed treatment records of service members and veterans concerning their disability claims. Consulted with other examiners and provide informal feedback to other providers on complicated cases.

Abundance Therapy Center – Clinical Supervisor (Independent Contractor)
4221 Wilshire Blvd., Ste. 230
Los Angeles, CA 90010

February 2024 – November 2024
CEO: Christine Chae, LCSW

Provided clinical supervision to assigned associate therapists/supervisees in weekly supervision or as needed in crises. Delivered sound clinical judgment and guidance to supervisees and was responsible for growing them clinically. Reviewed and signed off on supervisees' clinical documentation promptly.

SHARP Mesa Vista Hospital – Licensed Psychologist (Intake/Admissions), Per Diem
7850 Vista Hill Ave.,
San Diego, CA 92123

January 2024 – May 2024
Manager: James Fix, PsyD

Responsible for assessing and evaluating patients referred to SHARP Mesa Vista Hospital. Evaluated patient's safety and functioning, determined medical necessity, and directed them to the appropriate treatment pathway.

Positive Psychology Inc., – Staff Psychologist
8765 Aero Dr. Ste 228
San Diego, CA

October 2023 – August 2024
Founder: Taeko Uchino, PsyD

Provided psychotherapy for children, adolescents, young adults/adults, couples, and families from diverse backgrounds. Responsible for screening/intake and initial assessment for new referrals/clients. Provided psychological assessments (including but not limited to ADHD/ASD assessments) to clients for diagnostic clarification and treatment planning. Offered assessments and documentation to satisfy requirements and support individuals seeking gender-affirming care.

Advanced Psychological Testing – Independent Contractor
5047 Robert J Matthews Parkway, Suite 302
El Dorado Hills, CA

November 5, 2022 – October 2023
Owner/Supervisor: Dr. Sara Bowerman

Conducted various assessments, evaluations, and psychosocial interviews for disability evaluations. Reviewed relevant treatment records of claimants in regard to their disability claims.

Kaiser Permanente East Bay Psychiatry – Clinical Psychologist
1200 Clay Street
Oakland, CA

July 2021 – October 2023
Manager/Clinical Supervisor: Raha R. Ghasemi, Psy.D.

Provided outpatient psychotherapy to individuals and groups (Emerging Adults Support Group and Depression Treatment Group). Provided therapeutic crisis intervention and emergency services as appropriate. Collaborated with primary care providers, psychiatrists, and other allied health professional team members in treatment planning. Participated in several program development committees in creating treatment programs, especially for depression and the AAPI/BIPOC population. Supported patients and their families regarding compliance with prescribed therapeutic regimens and adherence to prescribed medication regimens within the scope of practice.

**Positive Psychology Inc., – Postdoctoral Fellow/Registered Psychological Assistant
8765 Aero Dr. Ste 228
San Diego, CA**

May 4, 2021 – January 2022
Supervisor: Dr. Taeko Uchino

Conducted psychotherapy for children, adolescents, young adults/adults, couples, and families from diverse backgrounds. Responsible for screening/intake and initial assessment for new referrals/clients. Provided appropriate community referrals as needed.

**Student Health Center (SHC) – Postdoctoral Fellow
Moorpark College
Moorpark, CA**

August 7, 2019 – May 22, 2020
Clinical Supervisor: Clarissa Green-Anicich, Psy.D.
SHC Coordinator: Sharon Manakas, RN, MSN

Provided counseling/psychotherapy (face-to-face and telehealth) to students. Prepared treatment plans, termination, and client referrals as appropriate. Provided therapeutic crisis intervention and emergency services as appropriate. Collected data about clients through interview/triage/intake and evaluated data to identify causes of problems and to determine the proper therapeutic approach or referral to other specialists. Provided consultation and collaborated in an integrative, multidisciplinary center. Developed and presented outreach programs/workshops. Worked with the International Student Organization on campus. Created and managed content for the health center's Instagram account to provide additional support to students.

**State University of New York (SUNY at Oneonta) – Doctoral Psychology Intern
Counseling, Health, and Wellness Center
(Doctoral APA Accredited Internship)**

August 2, 2018 – August 1, 2019
Director: Melissa A. Fallon-Korb, Ph.D. (Summer Term)
Delegated Supervisor(s):
Shawn Bubany, Ph.D. (Fall Term)
Amy C. Clarvoe, Ph.D. (Spring Term)

Provided direct client services such as individual and group counseling (e.g., Women's Anxiety Group) to college-age population. Conducted intake interviews/assessments and crisis interventions. Provided consultation to parents and other professional staff on campus. Co-facilitated and co-presented outreach programs around campus (e.g., New Student Orientation, Residence Life Training, Gender and Sexuality Resource Center, CAMP Program, International Education). Served on the Mental Health Task Force Committee on campus. Participated in weekly group supervision, didactic trainings/seminars, case conferences, and staff meetings.

Union of Pan-Asian Communities (UPAC)

New Leaf Recovery Center (NLRC – North Office)

January 2018 – May 2018 (*Registered Psychological Assistant/Intake Coordinator*)

Supervisor(s):

Administrative - Angela Chen, MBA, LMFT (Director of Mental Health Services).

Clinical - Minoa Chang, Ph.D. (Clinical Supervisor)

Responsible for completing intake assessments of new clients. Collaborated with AOD specialist for treatment planning and case management.

Union of Pan-Asian Communities (UPAC)

Community Wellness Clinic (CWC – Central Office) and New Leaf Recovery Center (NLRC- Central Office)

July 2017 – December 2017 (*Registered Psychological Assistant/TAY Specialist*)

Supervisor(s):

Administrative - Angela Chen, MBA, LMFT (Director of Mental Health Services);

Marissa Munteanu, MS, LMF (Program Manager)

Clinical - Minoa Chang, Ph.D. (Clinical Supervisor)

Conducted individual psychotherapy with diverse, low-income adults and transitioning age youth, with moderate to severe mental health diagnosis and co-occurring disorders. Facilitates psychoeducation and process group therapy. Responsible for screening/intake and initial assessment for new referrals/clients. Participated in County related meetings and TAY workgroup. Collaborated with psychiatrists and psychiatric nurse practitioner in terms of diagnosis and assessment of diverse individuals with MDD, PTSD, Schizophrenia, Substance Abuse/Dependence etc. Trained in writing individual and group progress notes via Cerner (Anasazi) for electronic medical/clinical documentation. Provided additional support and informal training to master's level interns and incoming staff.

Union of Pan-Asian Communities (UPAC)

Counseling and Treatment Center (CTC)

April 2017 – June 2017 (*Care Coordinator*)

Administrative - Amanda Lee, MSW, LCSW74719 (Program Manager)

Clinical - Minoa Chang, Ph.D. (Clinical Supervisor)

Responsible for a caseload of 35-50 clients. Conducted required Annual Updates, updated Client Plans, and complete related paperwork for treatment. Responsible for meeting with clients once every 6 months to complete Outcome Measures required by the County of San Diego.

**Sovereign Health Adolescent Program – Practicum Clinician
(3rd Year Practicum Student)**

July 2016 – July 2017

Interim Program Director: Nora David, MA, IMF 74216

Clinical Site Training Director: Yaron Pruginin, Psy.D.

Primary Clinical Supervisor: Carol P.M. Tyler, Psy.D.

Responsible for providing additional support as secondary therapists to complex cases. Conducted individual and family therapy with adolescent clients. Co-facilitated process and psychoeducational groups with adolescents. Administered various psychological tests (such as Rorschach, WAIS-IV, WISC-IV, MMPI-A, MACI, etc.) for psychological assessment and evaluation purposes. Responsible for writing psychological reports. Assisted during Intensive Family Program (IFP) activities. Trained in writing individual and group progress notes via Sigmund for electronic medical/clinical documentation. Participated in selected didactics and global training for clinicians. Participated in weekly treatment team meetings and group supervision.

Union of Pan-Asian Communities Counseling and Treatment Center – Therapist Trainee (2nd Year Practicum Student)

August 2015 – July 2016

Program Manager: Amanda Lee, MSW, LCSW74719

Clinical Supervisor: Edward B. Keehn, Psy.D; Minoa Chang, Ph.D.

Conducted individual psychotherapy with Asian-Pacific Islander adults in English and Tagalog. Co-facilitated psychoeducation and process group therapy. Responsible for screening/intake and initial assessment of new clients. Performed home visits and case management services. Collaborated with psychiatrists and psychiatric nurse practitioners in terms of diagnosis and assessment of diverse individuals with MDD, PTSD, Schizophrenia, Substance Abuse/Dependence, and Acculturation/Adjustment Issues. Trained in writing individual and group progress notes via Cerner (Anasazi) for electronic medical/clinical documentation.

The Winston School – Counselor (1st Year Practicum Student)

August 2014 – June 2015

Supervisor: Norman Severe, Psy.D.

Provided school-based counseling services 6-12th Grade at this non-public school. Co-facilitated social skills group. Trained in writing individual and group progress notes. Administered student interest inventory and other self-report assessments. Conducted career counseling for senior high school students. Conducted crisis interventions and de-escalation. Participated in weekly group supervision as well as campus training.

Other Work-Related and Volunteer Experience

UPVTC Peer Counselors' Group- Counselor Volunteer

July 2011 – April 2013

Supervisor: Remegio P. Domingo Jr., RGC, *Guidance Services Specialist and In-Charge, UPVTC Counseling Program*

Responsible for crisis intervention, de-escalation, and peer counseling on campus. Co-facilitated a psychoeducation and curriculum-based group. Facilitated stress management,

conflict management, and team-building activities for freshmen students. Conducted individual intake interviews and student needs inventory. Participated in bi-weekly group supervision as well as agency training. Organized activities, seminars, and forums both on and off campus.

Presentation and Outreach Experience

- “Crisis Assessment and Intervention” April 25, 2024
 Guest Speaker
 Division of Social Sciences
 University of the Philippines Tacloban College
 Tacloban City, Leyte, Philippines 6500
Presentation about crisis assessment and intervention for the college-age population.
- “Lifespan Development: Working with Young Adults” November 16, 2023
 Lifespan Development Course (Guest Lecturer)
 Kaiser Permanente School of Allied Health Sciences
 Richmond, CA 94804
Classroom lecture presentation about young adulthood, young adults’ mental health and other issues, and experiences working with young adults
- “Ask a Therapist” October 16, 2019
 International Student Organization Orientation
 Moorpark, CA 93065
Presentation/dialogue with Moorpark College’s International Student Organization.
- “Ready, Test, Go! Managing Test Anxiety” November 13, 2019
 College Strategies Class (Guest Lecturer)
 Moorpark, CA 93065
Classroom lecture presentation about anxiety, test anxiety, and coping skills to manage anxiety.
- “Mental Health & Adjustment to College” June 24, 2019
 EOP and ACE Staff Training (Co-presenter)
 Oneonta, NY 13820
Co-presented with Dr. Melissa Fallon-Korb (training Director/Supervisor) on college mental health, microaggression, and impostor syndrome to SUNY’s EOP staff.
- “Building Your Anxiety Toolbox” May 15, 2019
 School Counselor’s Summer Training (Speaker)
 Oneonta, NY 13820
Presented to the Otsego County/District’s school counselors on best practices and strategies in addressing anxiety and stress.
- “College Skills 101” May 10, 2019
 Oneonta, NY 13820

Presented to Otsego High School Senior students on managing expectations and coping with the transition to college life.

“Microaggression: Little Things Also Matter” April 18, 2019

Gender and Sexuality Resource Center Dialogue Series (Speaker)
Oneonta, NY 13820

Presented and facilitated a dialogue session with SUNY students about microaggression and strategies on how to cope with microaggression.

“Cultivating Self-Compassion” March 28, 2019

Resident Hall Training (Speaker)
Oneonta, NY 13820

Presented strategies on how to cultivate self-compassion to the school’s Resident Assistants and Managers.

“Sex and Pizza” August 28, 2018

Freshman Orientation (Fall Semester)
Oneonta, NY 13820

Co-presented with SUNY’s Health Educator about college health trends, sexual violence and consent, and alcohol/substance abuse.

“Motivational Interviewing” August 7, 2018

Residence Hall Staff Training (Co-presenter)
Oneonta, NY 13820

Co-trained and presented on motivational interviewing to incoming resident/housing staff.

Oral and Written Language Proficiency

Filipino/Tagalog and Waray-Waray – Proficient in listening and oral skills (native speaker); advanced reading and writing skills

PROFESSIONAL REFERENCES AVAILABLE UPON REQUEST