

ANDERSON PENHA, M.D., M.A.S., M.P.H.

Interventional Pain Medicine | Occupational Medicine

PROFESSIONAL SUMMARY

Trilingual (English/Portuguese/Spanish), U.S.-licensed physician with 14+ years of clinical and research experience and training in Anesthesiology, Pain Medicine, and Occupational & Environmental Medicine. Currently practicing as a Pain Medicine Physician in Southern California, delivering interventional, ultrasound- and fluoroscopy-guided procedures alongside multimodal chronic pain management. Former Chief Resident (Occupational Medicine, University of Washington) with an M.P.H. and an M.A.S. in Clinical Research from UC San Diego.

CORE COMPETENCIES

Interventional Pain Medicine • Chronic Pain Management • Ultrasound- & Fluoroscopy-Guided Procedures • Epidural Steroid Injections / Facet & Medial Branch Blocks • Regional Anesthesia • Office-Based Sedation • Opioid Stewardship & MAT • Occupational & Environmental Medicine • Work-Related MSK Injury • Impairment, Disability & Return-to-Work (ACOEM/ODG) • Telehealth & Virtual Care • Point-of-Care Ultrasound • Clinical Epidemiology & Health Services Research • Patient Safety & Quality Improvement • Global Health • Epic & Multi-EHR Proficiency • Trilingual Patient Care (English/Portuguese/Spanish)

LICENSURE & CERTIFICATIONS

- **California Medical License** — #A-204882 (Exp. 03/2028)
- **Washington State Medical License** — #61348082 (Exp. 03/2028)
- **DEA Registration** — California (Exp. 2027) and Washington (Exp. 03/2028)
- **ABMS / ABPM Board Eligible** — Occupational Medicine (pending exam in the Fall 2026)
- **ECFMG Certified • BLS, ACLS, DOT Certified • U.S. Citizen** — no visa sponsorship required
- **Stanford University** — Empowered Relief Certification (2025)
- **UW Medicine** — Clinical Teaching, Peer Support, Mentor Development, Patient Safety & QI Certificates (2024–2025)
- **UC San Diego** — Leadership, Teamwork & Project Management Certificate (2019)

CLINICAL EXPERIENCE

Pain Medicine Physician

April 2026 – Present

Pain Medicine Associates / Physician Partners of America — Fullerton, CA

- Deliver comprehensive interventional and multimodal chronic pain management in a high-volume community practice, including ultrasound- and fluoroscopy-guided procedures (epidural steroid injections, facet and medial branch blocks, joint injections, trigger point therapy).
- Build individualized, stepwise treatment plans that integrate conservative care, interventional procedures, physical therapy, and behavioral health — designed to restore function and reduce long-term opioid reliance.
- Apply California-specific controlled-substance compliance (CURES PDMP queries, Schedule II e-prescribing, naloxone co-prescribing, MME monitoring) and document within EHR workflows aligned to payer and regulatory standards.
- Serve English-, Spanish- and Portuguese-speaking patients, expanding culturally competent access for Southern California's Latin American communities.

Associate Staff Physician — Occupational Health

September 2025 – December 2025

UCLA Health, Occupational Health & Pain Management Service — Los Angeles, CA

- Provided occupational health clinic coverage including work-fitness assessments, impairment determinations, and ACOEM/ODG-aligned return-to-work planning.

- Partnered with Employee Health & Safety, Human Resources, and Risk Management to streamline patient access and documentation turnaround (time-to-visit and time-to-clearance metrics).
- Contributed to the pain management service line with evidence-based medication management and office-based interventional options.

Chief Resident — Occupational & Environmental Medicine

July 2023 – June 2025

University of Washington Medical Center — Seattle, WA |

- Selected as Chief Resident to lead peer education, scheduling, and quality-improvement initiatives across the OEM cohort.
- Managed a longitudinal occupational medicine panel spanning work-related MSK injuries and work rehabilitation.
- Led documentation-timeliness and patient-access projects (ROA/APF); precepted medical students and junior residents.
- Completed M.P.H. coursework in epidemiology, biostatistics, and health services research; applied quantitative methods to workplace outcomes analysis.

Medical Examiner — Veteran Disability Benefits (Per Diem)

January 2023 – October 2025

Optum Serve / Matrix Providers — California & Washington

- Completed standardized, DBQ-compliant medical disability examinations for U.S. veterans across multiple organ systems.
- Produced objective, audit-ready documentation supporting VA benefits adjudication in a federal contracting environment.

Telemedicine Physician — Medication-Assisted Treatment

January 2023 – October 2023

QuickMD LLC — Remote, United States | Currently inactive

- Delivered guideline-concordant outpatient MAT (buprenorphine) and acute-care telehealth visits.
- Applied safe-prescribing protocols, PDMP integration and harm-reduction counseling within a HIPAA-compliant virtual platform.

Anesthesiology Resident Physician

June 2019 – December 2022

University of Washington Medical Center — Seattle, WA

- Delivered comprehensive perioperative and operating-room care across general, regional, obstetric, cardiac, neuro and trauma anesthesia subspecialties.
- Completed rotations in acute and chronic pain services (both inpatient and outpatient), building the foundational procedural base for subsequent interventional pain practice.

Trauma Research Intern

June 2017 – May 2019

Scripps Mercy Hospital San Diego — San Diego, CA

- Supported IRB-approved trauma registry research including data abstraction, statistical analysis, and manuscript preparation.
- Co-authored award winning work on cardiac dysfunction in traumatic brain injury (AMA Research Symposium, 2nd place, IMG section).

Medical Disability Examiner

January 2013 – May 2015

INSS — National Institute of Social Security — Manaus, AM, Brazil

- Conducted disability evaluations and impairment determinations under Brazil's federal social security system

Urgent Care Physician

June 2012 – May 2015

Cooperclim — Internal Medicine Physician Group — Manaus, AM, Brazil

- Provided acute and urgent care in a high-volume metropolitan outpatient setting.

General Practitioner

September 2011 – June 2012

Department of Health, Borba, Amazonas — Borba, AM, Brazil

- Delivered primary care to underserved Amazonian communities; emphasis on maternal-child health, tropical medicine, and public health outreach.

Pharmacovigilance & Clinical Risk Management

January 2007 – June 2011

Hospital Getúlio Vargas, Federal University of Amazonas — Manaus, Brazil

- Supported adverse drug reaction monitoring and clinical risk management as part of undergraduate medical training.

EDUCATION & TRAINING

- **Residency, Occupational & Environmental Medicine** — University of Washington, Seattle, WA (2025)
- **Master of Public Health** — University of Washington, Seattle, WA (2025)
- **Residency, Anesthesiology & Pain Medicine** — University of Washington, Seattle, WA (2022)
- **Master of Advanced Studies, Clinical Research** — University of California San Diego, La Jolla, CA (2018)
- **Associate of Applied Science, Evidence-Based Medicine** — Sírío-Libanês Hospital, São Paulo, Brazil (2012)
- **Doctor of Medicine** — Federal University of Amazonas, Faculty of Medicine, Manaus — Brazil (2011)

LEADERSHIP & PROFESSIONAL AFFILIATIONS

- **Section Chair, Pain & Musculoskeletal Medicine** — American College of Occupational & Environmental Medicine (Aug 2025 – Present)
- Member — **American Society of Regional Anesthesia & Pain Medicine (ASRA)**
- Member — **American Society of Interventional Pain Physicians (ASIPP)**
- Member — **Pacific Spine & Pain Society**
- Member — **American Medical Association**

HONORS & RECOGNITION

- **2nd Place, IMG Oral Presentation** — AMA Research Symposium, National Harbor, MD (2018): “Left ventricular systolic dysfunction predicts poor survival in traumatic brain injury.”

ADDITIONAL INFORMATION

- **Languages:** Portuguese (native), English (fluent), Spanish (intermediate).
- **Research Portfolio:** Publications available on ResearchGate (search: “Anderson Penha”).
- **References, case log, and full publication list** available upon request.