Dr. Angela Stroe, MD, DO

Professional Summary

Board-certified physician with expertise in inpatient care, addiction medicine, neuromusculoskeletal care, pain medicine and underserved populations. Demonstrated leadership in team-based care, protocol development, and clinical education. Known for improving care systems, reducing critical incidents, and enhancing team culture. Seeking to transition into a Medical Director role to further drive organizational excellence.

Core Competencies

• Inpatient Care • Addiction Medicine • Underserved Populations • Resident & Student Supervision
• Protocol Development • Interdisciplinary Team Leadership • Quality Improvement • Complex Case Management
• Hospital Admissions & Transfers • Regulatory Compliance

Leadership & Clinical Experience

- **Physician**, St John's RIverside Hospital, Yonkers NY— 2018 to present

- Provide inpatient care to medically and psychiatrically complex patients, especially from underserved populations.
- Supervise medical students and residents; lead interdisciplinary rounds and morning huddles.
- Serve as point person for complex admissions, inter-hospital transfers, and addiction-related consults.
- Develop and revise protocols for approval by state agencies; ensure regulatory alignment and implementation.
- Foster a culture of collaboration and accountability; recognized by peers and staff for leadership and communication.

- **Consultant, Pain Medicine**, ArchCare — New York, NY | January 2011 – 2018
  - Provided specialized consultations in pain medicine for complex geriatric and palliative care patients.
  - Collaborated with interdisciplinary teams to optimize pain management strategies within long-term care facilities.

- **Physician**, East Tremont Medical Center — Bronx, NY | 2010-2017

NOT YET RETAINED

- Practiced physical medicine and rehabilitation, with a focus on non-operative management of musculoskeletal conditions.
- Employed physical modalities and medication-based strategies to treat acute and chronic pain syndromes.

Physician (Self-Employed), Private Practice — Manhattan, NY 2002 – 2017

- Evaluated and treated acute and chronic musculoskeletal conditions in an outpatient setting.
- Utilized multimodal physical medicine strategies (therapeutic exercise, manual modalities) alongside medication management to optimize pain control and functional recovery.
- Collaborated with physical therapists, pain psychologists, and orthopedists to develop individualized care plans.
- Managed all aspects of practice operations, including patient intake, billing, and regulatory compliance.

Selected Achievements

- Decreased rate of critical incidents through proactive interdisciplinary planning.
- Recognized for improving staff culture and communication across departments.
- Regularly receive positive feedback from peers, patients, and learners.

Education

-NY College of Osteopathic Medicine , NY
-Osteopathic Medicine/ Neuromusculoskeletal medicine , St Barnabas Hospital, NY
-Family Medicine , Massapequa Hospital, NY

Committees, Protocols, and Initiatives

- Led protocol development and revisions for addiction medicine and psychiatric workflows.
- Collaborated with hospital administration on interdisciplinary care delivery improvements.

Teaching & Supervision

- Direct supervision of medical students and residents in inpatient care.
- Leader of clinical rounds and case-based teaching discussions.

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Licensure & Certifications

- State Medical License(s) NY , CT FL MO
- DEA Certification
- Board Certification : Neuromusculoskeletal Medicine, Addiction Medicine, Pain medicine
- BLS
- DEA

NOT YET RETAINED