

# Amanda J. Zintsmaster, Psy.D. MSCP

Critical Care Psychological Specialists, Inc.

## EDUCATION

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- 07/2019-02/2022 **Fairleigh Dickinson University**  
Teaneck, New Jersey (APA designated program)  
**Post-Doctoral Masters of Science in Psychopharmacology**
- 09/2008-08/2012 **Azusa Pacific University**  
Azusa, California (APA Accredited)  
**Doctor of Psychology in Clinical Psychology**  
**Subspecialization: Forensic Psychology**  
Dissertation Topic: Effects of Coached Malingering on Competency to Stand Trial Evaluations using the ECST-R
- 08/2006-08/2008 **University of San Francisco**  
San Francisco, California  
**Master of Arts in Counseling Psychology- Marriage and Family Therapy**
- 09/2002-06/2005 **University of California at Davis**  
Davis, CA  
**Bachelor of Arts in Psychology & English**

## LICENSES, CERTIFICATIONS, & HOSPITAL PRIVILEGES

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- 10/19/2015-  
Valid-11/2026 **PSY27748** California Board of Psychology - Psychologist License
- 04/06/2022-7/1/2023 **PSY1724** New Mexico Regulation & Licensing- Psychologist License
- Certified Clinical Trauma Professional (CCTP)
- St. Joseph Hospital, Orange, CA (Medical Staff Privileges from 2015-present)
- Anaheim Community Hospital, Anaheim, CA- (Medical Staff Privileges 2023-present)

## CLINICAL EXPERIENCE

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- 06/2023- present **Anaheim Community Hospital**  
**Contracted Psychologist & Director- Incompetent to Stand Trial Forensic Unit (50 bed)**

**Anaheim, CA**

Community Hospital- Director of a 50-bed forensic unit contracted with the California Department of State Hospitals treating and restoring defendants to competency to stand trial in the most expeditious manner. Administer assessments in competency to stand trial, neuropsychology, and malingering. Create program and train staff to implement instructional group treatment on court proceedings. Work collaboratively with psychiatrists to restore trial competency.

11/2018- present

**Critical Care Psychological Specialists, Inc.****CEO & Owner****San Juan Capistrano, CA**

Private psychological practice offering outpatient psychotherapy and assessment specializing in executive therapy, sports psychology, trauma/first responders, and relationship and sex therapy. The practice also provides contract psychological assessment services in hospital and forensic settings.

05/2016-present

**Contract Clinical Psychologist****St Joseph Hospital****Orange, California****Emergency Department & Emergency Clinical Decision Unit (2016-current):**

Perform risk assessments, evaluate 5150 applications, and perform brief treatment (crisis) in the Emergency Department. Make decisions regarding discharge and inpatient admission criteria.

**Behavioral Health Services PHP/IOP (2017-2022):** Charged with creating, writing, and implementing a new cognitive behavioral outpatient treatment program.

Conduct group therapy treatment in Partial Hospitalization Program of Behavioral Health Services primarily utilizing Cognitive Behavioral & Dialectical Behavioral Therapy techniques. Provided training to all staff to implement curriculum.

**Medical Consults:** Charged with completing bariatric surgery evaluations to determine if patients are psychologically cleared for surgical intervention. Evaluate patients admitted to the hospital for medical reasons for capacity and LPS hold criteria.

**MAT (Medically Assisted Treatment):** Conduct evaluations and treat patients with individual psychotherapy for opioid use disorders and co-occurring psychiatric conditions in tandem with psychiatry team for medication management.

**Medical Staff Member of Interdisciplinary Practice Committee:** Multidisciplinary meeting reviewing standard treatment protocols within the hospital, credentialing review of medical staff members, board approval reviews.

01/2016-10/2017

**Clinical Psychologist- Private Practice****Prepare to Change, Inc. A Psychology Corporation: Assessment & Consultation  
Tustin, California**

Treat individuals, families, and couples in an outpatient private practice setting for a variety of emotional, behavioral, and developmental challenges. Areas of specialty include PTSD, first responders and trauma, substance dependence, adolescents, behavioral problems and developmental disabilities. Consultation with primary care physicians, psychiatrists, and parents/family.

09/2014-09/2016

**Adjunct Professor****The Chicago School of Professional Psychology****Irvine, California**

**Advanced Assessment:** This course addressed the development of skills pertaining to the interpretation of test findings, integration of multiple sources of data, and report writing. Students developed skills in assessment, differential diagnosis, and the formulation of opinions and recommendations in the context of forensic mental health.

**Professional Ethics and Standards:** Course reviews standards, ethics codes, and laws applicable to the mental health practitioner. Ethical and legal conflicts and dilemmas are explored. The role of regulatory agencies and professional associations is reviewed.

**Evaluating and Treating the Sex Offender:** This course examines the forensic and therapeutic assessment and treatment of juvenile and adult sex offenders. Various treatment interventions employed with this unique population are explored.

11/2013-01/2016

**Program Director  
Sovereign Health of California  
San Clemente, California**

Part of planning, directing and monitoring structural changes within the substance abuse and dual diagnosis programs. Make decisions on administrative discharge of patients as well as other treatment related concerns/issues. Oversee program and patient schedules in collaboration with the clinical team, and ensure quality assurance through delivery of outcome measures and studies. Mediate unresolved complaints from patients/patient families with case managers. Select, orient, train, review, motivate and discipline employees. Direct staff meetings and the workflow of daily operations.

07/2013-10/2013

**Clinical Coordinator  
Pacific Forensic Psychology Associates, Inc. - Sharper Future  
Riverside, California**

Coordinate and oversee forensic group therapy and clinic activities including state and federal mandated substance abuse and sexual offender treatment. Provide individual and group therapy for clients, assign and supervise clinician caseloads, and communicate effectively with probation and parole departments. Monitor compliance with clinic treatments and resolve problematic issues related to clinical activities. Supervise forensic clinicians and provide direct and indirect supervision to practicum students.

09/2012-07/2013

**Post-Doctoral Resident  
Pacific Forensic Psychology Associates, Inc. - Sharper Future  
Riverside, California**

Provide psychological services in an outpatient forensic psychology clinic including group therapy, individual therapy, and forensic assessment with a variety of forensic clients. Conduct group sex offender treatment for high risk sex offenders. Additionally, conduct individual treatment and group substance abuse treatment for federally mandated offenders.

**Supervisor: Tony Angelo, Psy.D.**

09/2011-09/2012

**APA Accredited Pre-Doctoral Internship (2000 hours)  
Wisconsin Department of Corrections, Division of Adult Institutions  
Green Bay, Wisconsin  
Training Director: Bruce Erdmann, Ph.D.**

**Rotations:**

**Psychology Intern**

**Setting: Waupun Correctional Institution** (maximum institution) Waupun, WI

**Responsibilities:** Performed diagnostic psychological assessments with male inmates in an inpatient setting on a severe mental health unit to assess cognitive abilities, severe mental illness, malingering, neurological deficiencies, psychopathy traits, and overall psychological and cognitive functioning to determine their needs within the prison system and upon release. Provided individual therapy to male inmates, primarily using Time-Limited Dynamic Psychotherapy and Cognitive Behavioral Therapy techniques. Facilitated an emotional wellness group and a

positive psychology group on the severe mental health unit. Engaged in clinical monitoring of inmates on the mental health caseload to assess ongoing psychological functioning within the institution. Participated in crisis management including assessing actively suicidal and psychotic inmates.

**Supervisor: Jeffrey Garbelman, Ph.D., Ryan Tobiasz, Psy.D.**

**Setting: Taycheedah Correctional Institution** (maximum/medium women's institution) Fond du Lac, WI

**Responsibilities:** Performed diagnostic neuropsychological and psychological assessment with female inmates to assess for cognitive abilities, severe mental illness, malingering, and overall psychological functioning. Co-facilitated a pre-release group focused on mental and physical health, a pain management group, and a weight loss group. Provided individual therapy, typically using Cognitive Behavioral and Dialectical Behavioral Therapy techniques to inmates with a variety of DSM-IV-TR Axis I and II diagnoses, including working specifically with women with significant trauma and sexual abuse histories. Assisted with creating and implementation of new DBT program for female inmates.

**Supervisor: Jeffrey Polczinski, Psy.D.**

**Setting: Oshkosh Correctional Institution** (medium men's institution) Oshkosh, WI

**Responsibilities:** Co-facilitated long-term sex offender group treatment for high-risk sex male offenders. Perform sex offender evaluations and risk assessments using a variety of psychological assessment measures to determine recommended level and intensity of services. Provided the opportunity to gain certification on The Abel Assessment for Sexual Interest-3 (AASI-3). Observed the Penile Plethysmograph (PPG) and trained to interpret results.

**Supervisor: Jonathan Dickey, Ph.D.**

09/2010-08/2011

**Practicum IV (650 supervised hours)**

**University of California at Irvine, Medical Center  
Irvine, California**

**Rotations:**

**Diagnostic Evaluator and Research Assistant**

**Setting: UCI Research Center, Department of Psychiatry and Human Behavior**

**Research Population: Deceased Adult Suicide Victims**

**Responsibilities:** Diagnostic Evaluation. Participated in NIMH funded research project examining genetic, architectural, and biochemical brain abnormalities in severe mental illnesses including major depression, bipolar affective disorder, schizophrenia, and substance use disorders with a focus on suicide. Reviewed medical records, psychiatric records, and conducted diagnostic interviews in order to assess and assign DSM-IV-TR diagnoses and allocate participants to appropriate research groups using forensic techniques. Reviewed forensic case files and psychiatric records to determine diagnosis and level of impairment.

**Assessment Clerk**

**Setting: UCI Neuropsychological Center - Outpatient Psychiatric Unit.**

**Patient Population:** Developmentally Delayed children, adolescents and adults. Diagnosis include: Mild-Profound Mental Retardation, Autism, Bipolar Disorder, ADHD, PTSD, Depression, Anxiety, Cerebral palsy, Down syndrome, Dementia, and other cognitive and psychotic disorders.

**Assessment Responsibilities:** Administered, scored and wrote-up complete neuropsychological batteries including subtests from: the Merrill-Palmer Scale of Mental Tests (MPSMT), the Folstein Mini-Mental Status Exam (MMSE), the Expressive One-Word Picture Vocabulary Test-Revised (EOWPVT-R), the Peabody

Picture Vocabulary Test-Revised (PPVT-R), the Wechsler Intelligence Scale for Children-3<sup>rd</sup> Edition (WISC-III), and the Hawaii Early Learning Profile (HELP). Also conducted cochlear implant evaluations for 12 month old or older children utilizing parental response to questionnaires, the Vineland Adaptive Behavior Scales, and the Child Behavior Checklist (CBCL).

**Supervisor: David Walsh, Psy.D. ABPP**

09/2009-07/2010

**Practicum III (800 supervised hours)**

**Providence Little Company of Mary Medical Center- San Pedro Hospital  
San Pedro, California**

**Setting: Rehabilitation Unit- Medical Hospital**

**Responsibilities:** Part of an interdisciplinary team in an acute rehabilitation center, in a CARF accredited community hospital, which provides services to patients who have experienced serious disabling conditions such as stroke, brain injuries, neurological illness, or major orthopedic conditions. Duties included administration of neuropsychological/psychological assessments, memory and concentration based training, cognitive-based psychotherapy, and relaxation techniques. Assisted in facilitating a weekly stroke education group and pain management group. Also, provided assessment and psychotherapy to inpatients in an acute psychiatric care setting within the hospital, as well as follow-up psychotherapy.

**Supervisor: Daniel Sherman, Ph.D.**

09/2008-08/2009

**Practicum II (300 hours)**

**Child and Family Development Center & Azusa Unified School District  
Azusa, California**

**Setting:** Community mental health center and school district.

**Responsibilities:** Psychology trainee in a community based mental health clinic, and Center Middle School. Conducted individual psychotherapy with a diverse population presenting with a broad range of complaints. Range of problems seen included adjustment disorders, depression, anxiety, relationship problems, and bipolar disorder. Duties included intake assessment, treatment planning and implementation, DSM-IV-TR diagnosis, progress reports, and therapy termination. Participated in both individual and group supervision.

**Supervisor: Marjorie Graham-Howard, Ph.D.**

#### **ADDITIONAL SUPERVISED CLINICAL EXPERIENCE**

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09/2007-08/2008

**MFT Traineeship I (550 hours)**

**Fairfield Suisun Unified School District  
Fairfield, California**

**Setting:** Student therapist in a public high school.

**Responsibilities:** Conducted individual and group psychotherapy with a diverse adolescent population. Range of problems seen included depression, trauma, social phobia, bipolar disorder, anger management issues and anxiety.

**Supervisor: Judith Speed, Ph.D.**

#### **ADMINISTRATIVE EXPERIENCE**

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I am the owner and President of Critical Care Psychological Specialists Inc. (CCPS), which is a company incorporated in the State of California. 11/07/2018 was the date of incorporation. This practice of psychologists provides evidence-based behavioral health and assessment, treatment, and consultative

services to individuals, hospital settings, and forensic settings through fee-for-service contractual arrangements. We also conduct various clinical training sessions and in-services for current employees and supervisees in both hospital, inpatient and intensive outpatient psychiatric settings.

## **PUBLICATIONS**

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Pflugradt, D., Allen, B., & **Zintsmaster, A.** (2017). *Adverse childhood experiences of violent female offenders: A comparison of homicide and sexual perpetrators*. *International Journal of Offender Therapy and Comparative Criminology*; 1-17.

## **PRESENTATIONS**

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Pflugradt, D., **Zintsmaster, A.**, Parrent, M., & Tokar, M. (2012, July). *Female Sex Offenders: Who Are They and How Do We Treat Them?* National Commission on Correctional Health Care conference; Chicago, IL.

## **RESEARCH EXPERIENCE**

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10/2011-08/2012

### **Lead Research Investigator**

**Wisconsin Department of Corrections, Taycheedah Correctional Institution, Fond du Lac, WI**

Research investigator in a women's maximum security institution aiming to identify demographic factors most common among women who have been originally charged or convicted of intentional homicide. Additionally, seeking to determine how childhood trauma relates to possible psychopathy or psychopathic traits. The Adverse Childhood Events score and the Psychopathy Checklist Revised is administered to assess childhood trauma experiences and psychopathy traits.

09/2010-03/2011

### **Assistant Research Investigator**

**University of California at Irvine, Irvine, CA**

Assistant research investigator in a NIMH funded research project examining genetic and biochemical brain abnormalities in severe mental illness. Reviewed medical records, psychiatric records, and conducted diagnostic interviews in order to assess and assign DSM-IV-TR diagnoses and allocate participants to appropriate research groups using forensic techniques.

**Supervisor: David Walsh, Psy.D, ABPP**

09/2008- 06/2012

### **Doctoral Dissertation**

**Azusa Pacific University Azusa, California**

**Department of Graduate Psychology**

*Quantitative Dissertation*

**Topic: Effects of Coached Malingering on Competency to Stand Trial Assessment Using the ECST-R**

Conducted a quantitative study using a simulation design to determine the effects of coached psychiatric malingering on the ECST-R.

**Chair: Robert Welsh, Ph.D. ABPP**

**Committee: Marjorie Graham-Howard, Ph.D.; Barbara Janetzke, Ph. D.**

11/2009-07/2010

### **Assistant Research Investigator**

**Little Company of Mary San Pedro Hospital, San Pedro, CA**

**Physical and Cognitive Rehabilitation of CVA Using the Wii Gaming System.**

Assisted in gathering data on control and experimental groups to ascertain the cognitive and motor effects of the Wii gaming system on persons with stroke (CVA) who were current patients in a rehabilitation unit.

**Supervisor: Dan Sherman, Ph. D.**

**RELATED WORK EXPERIENCE**

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- 08/2006-08/2008      **Teacher (Special Education Department)**  
**Fairfield Suisun Unified School District, Fairfield High School**  
Fairfield, California  
Classroom teacher provided classroom instruction to resource and special day class high school students in the area of language arts, utilizing interventions such as SRA Comprehension and WRITE Institute. Assisted in the creation of lesson planning materials for a newly created vocational track for non-diploma seeking students. Taught the severely emotionally disturbed PERL program in summer track for two consecutive years. Duties included lesson planning, writing Individualized Education Programs and facilitating IEP meetings, and developing goals for 28 individual caseload students each year.
- 06/2004-04/2005      **Behavior Specialist Assistant**  
**Travis Unified School District**  
Travis, California  
Provided in-home programming and instruction for pre-school students with autism. Utilized discrete trial format, positive behavior intervention, and applied behavior analysis techniques including data collection and analysis. Worked on transitioning them to integrate into the regular school setting, and instructed parents on techniques to use in their home for continued reinforcement.

**SPECIALIZED COURSEWORK TRAINING**

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- 2009-2010      **Forensic Psychology Track, Azusa Pacific University**  
Sequence of four courses (8 credits) related to forensic psychology theory, methods and assessment.

**PROFESSIONAL AFFILIATIONS**

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- 2017      **American Psychological Association: Society for Health Psychology, Division 38**
- 2017      **American Academy of Forensic Psychology**
- 2019      **American Psychological Association: Society for the Advancement of Pharmacotherapy, Division 55**
- 2019      **International Association of Trauma Professionals**