

Curriculum Vitae
Bethany Lauren Hughes, MD
Forensic Psychiatrist

Licensure/Certifications:

2021 - present American Board of Psychiatry and Neurology
Board Certified
Forensic Psychiatry
Certificate #: 2646
Renewal Date: December 31, 2027

2019 - present American Board of Psychiatry and Neurology
Board Certified
Psychiatry
Certificate #: 75837
Renewal Date: December 31, 2027

2019 - present Medical Board of California
License #: A 161738
Expiration: April 30, 2027

2019 - present Texas Medical Board
License #: S2346
Expiration: August 31, 2026

2013 - present American Heart Association
BLS and ACLS certified
Expiration: 2027

Work Experience:

2024 - present Premier Forensic Psychiatry, PLLC - Fort Worth, Texas
Private Practice

2020 - 2025 North Texas State Hospital - Wichita Falls/Vernon, Texas
Medical Director

2021 - present University of Texas Southwestern - Dallas, Texas
Adjunct Assistant Professor
Department of Psychiatry

2021 - present Department of State Health Services Preventive Medicine and Public Health
Residency Program - Austin, Texas
Faculty Member

Postgraduate Training:

07/2019 - University of California Davis, Medical Center - Sacramento, California
06/2020 *Forensic Psychiatry Fellow*

07/2015 - John Peter Smith Health Network- Fort Worth, Texas
06/2019 *General Psychiatry Resident*

Medical Education:

08/2010 - University of Kentucky College of Medicine - Lexington, Kentucky
05/2014 *Medical Doctorate*

Undergraduate Education:

08/2005 - Georgetown College - Georgetown, Kentucky
05/2009 *Bachelor of Arts - Major: German, Minors: Philosophy & Chemistry*

Oral Presentations:

1. Grand Rounds Presentation - John Peter Smith Health Network Department of Psychiatry and Behavioral – “The Goldwater Rule: Speaking About the Mental Health of Public Officials” - John Peter Smith Health Network, Fort Worth, TX: September 2023 [presented via tele-video]
2. Lecture to psychiatric residents, PAs and NPs over “Overview of the Public Mental Health System in Texas” and “Forensic Psychiatry for General Psychiatrists” - John Peter Smith Health Network, Fort Worth, TX; August 2023
3. Grand Rounds Presentation - University of Nevada, Reno School of Medicine - “Violence Risk Assessment” - University of Nevada, Reno, Reno, NV: June 2023 [presented via tele-video]
4. Panel presentation - “Forensic Mental Health Services for the Economically Disadvantaged: Does Money Equal Quality?” - Forensic Group of Dallas - Dallas, TX: March 2022 [presented via tele-video]
5. American Academy of Psychiatry and the Law panel presentation – “LGBTQIA Issues in Criminal Justice and Corrections Systems” - New Orleans, LA: October 2022
6. Texas Forensic Mental Health Conference presentation - “Dangerousness Review Board” - North Texas State Hospital, Vernon, TX: October 2022

7. Texas Forensic Mental Health Conference presentation - "Violence Risk Assessment" - North Texas State Hospital, Vernon, TX: October 2022
8. Advances in Sub-Specialty Psychiatry presentation - "Objective Assessment Tools Utilizing by Psychiatrists in Forensic Evaluations" - University of Texas Southwestern, Dallas, TX; June 2022 [presented via tele-video]
9. Lecture to psychiatric residents, PAs and NPs over "State Hospital Overview" - John Peter Smith Health Network, Fort Worth, TX; May 2022 [presented via tele-video]
10. Panel Participant - "Suicide Symposium: Particulars, Perceptions and Preventions" - North Texas State Hospital, Wichita Falls, TX: May 2022
11. Grand Rounds Presentation Panel Participant - John Peter Smith Health Network Department of Psychiatry and Behavioral - "Recurrent Deliberate Foreign Body Ingestion; Legal, Ethical and Psychological Perspectives" - John Peter Smith Health Network, Fort Worth, TX: November 2021 [presented via tele-video]
12. Lectures to psychiatric residents, PAs and NPs over "History of State Hospitals" and "Psychiatric Career and Fellowship Opportunities" - John Peter Smith Health Network, Fort Worth, TX; September 2021 [presented via tele-video]
13. Grand Rounds Presentation to Texas Department of State Health Services - "Violence Risk Assessment" - June 2021 [presented via tele-video]
14. Lecture to psychiatric residents over "Competency to Stand Trial" - John Peter Smith Health Network, Fort Worth, TX; April 2021 [presented via tele-video]
15. Dell Medical School Psychiatry Residency Public Mental Health Elective resident lecture - "Texas State Hospital System: Clinical and Forensic Services" - February 2021 [presented via tele-video]
16. Texas Forensic Mental Health Conference presentation - "Malingering" - North Texas State Hospital, Vernon, TX: November 2020 [presented via tele-video]
17. Texas Forensic Mental Health Conference presentation - "Violence Risk Assessment" - North Texas State Hospital, Vernon, TX: November 2020 [presented via tele-video]
18. Presentation to Texas Health and Human Services Interdepartmental Forensics Meeting - "Clinical and Forensic Services Offered by the State Hospital System" - October 2020 [presented via tele-video]
19. Grand Rounds Presentation - John Peter Smith Health Network Department of Psychiatry and Behavioral - "Violence Risk Assessment" - John Peter Smith Health Network, Fort Worth, TX: September 2020 [presented via tele-video]
20. Participated in panel presentation of "Fingerprinting the Brain: Mind, Memories and Malingering" - American Academy of Forensic Sciences conference - Anaheim, CA: February 2020

21. Participated in panel presentation of “Fingerprinting the Brain: Mind, Memories and Malingering” - Napa State Hospital, Napa, CA: February 2020
22. Lectures to psychiatric residents, PAs and NPs over “Forensic Topics Pertinent to General Psychiatrists” and “Overview of Forensic Psychiatry” - John Peter Smith Health Network, Fort Worth, TX; January 2020
23. Presentation to the Texas Society of Psychiatric Physicians - Tarrant County Chapter - “The Goldwater Rule: Speaking About the Mental Health of Public Officials” - Fort Worth, TX: March 2019 [(presented in absentia by James Haliburton, MD)]
24. Participated in debate presented to the John Peter Smith Health Network Department of Psychiatry and Behavioral Health over the topic of the ethics of internet searching your patients. - Fort Worth, TX: March 2019
25. Presentation to John Peter Smith Health Network Psychology Department on assessment tools used in the diagnosis of malingering. - John Peter Smith Health Network, Fort Worth, TX: January 2019
26. Grand Rounds Presentation - John Peter Smith Health Network Department of Psychiatry and Behavioral – “The Goldwater Rule: Speaking About the Mental Health of Public Officials” - John Peter Smith Health Network, Fort Worth, TX: January 2019
27. Presentation to John Peter Smith Health Network Pharmacy Department on “Pharmacotherapy in the Forensic Population” - John Peter Smith Health Network, Fort Worth, TX; October 2018
28. Lecture to psychiatry residents on proper note writing technique - John Peter Smith Health Network, Fort Worth, TX; October 2018
29. John Peter Smith Health Network Department of Psychiatry and Behavioral Health Journal Club presentation and discussion over International Journal of Psychiatry and the Law article “Listening to voices: The use of phenomenology to differentiate malingered from genuine auditory verbal hallucinations” (McCarthy-Jones, Resnick) - John Peter Smith Health Network, Fort Worth, TX; February 2018
30. Presentation to residents over safety article involving homicides of mental health workers - John Peter Smith Health Network, Fort Worth, TX; February 2018
31. John Peter Smith Health Network Department of Psychiatry and Behavioral Health Journal Club presentation and discussion over JAMA article “Improving Long-term Psychiatric Care: Bring Back the Asylum” (Sisti, Segal, Emanuel) - John Peter Smith Health Network, Fort Worth, TX; August 2017
32. Lecture to upper level residents over history of state hospitals - John Peter Smith Health Network, Fort Worth, TX; June 2017
33. John Peter Smith Health Network Department of Psychiatry and Behavioral Health Case Presentation over misdiagnosed malingering “Magic Meth” - John Peter Smith Health Network, Fort Worth, TX; May 2017
34. Presentation to residents over safety article involving inpatient seclusions - John Peter Smith Health Network, Fort Worth, TX; May 2017

35. Lecture to residents on neurological movement disorders - John Peter Smith Health Network, Fort Worth, TX; April 2017
36. John Peter Smith Health Network Department of Psychiatry and Behavioral Health Morbidity and Mortality Case Conference “Sleepless Nights” - John Peter Smith Health Network, Fort Worth, TX; January 2017

Publications:

1. **Hughes B**, Wall B. An Insider’s Look at the AAPL Diversity Committee. *American Academy of Psychiatry and the Law Newsletter*, Vol 45, No 3, Fall 2020
2. **Hughes B**, Klein C. RISE: Restoring Individuals Safely and Effectively. *American Academy of Psychiatry and the Law Newsletter*, Vol 43, No 2, April 2018

Ongoing Research and Quality Improvement Projects:

2019 - 2022 Team member of California Department of State Hospitals research group evaluating jail-based competency treatment programs.

Past Research and Quality Improvement Projects:

2020 McDermott, B, Warburton, K, Faizi, A, **Hughes, B**, Ciuffetelli, G, Campbell, J, Gowensmith, W. The IST Crisis: Are Jail-Based Restoration Programs the Solution? The California Experience. Presented at the American Psychology-Law Society conference. February 2020.

2020 McDermott, B, Warburton, K, Faizi, A, **Hughes, B**, Ciuffetelli, G, Campbell, J, Gowensmith, W. The IST Crisis: Are Jail-Based Restoration Programs the Solution? The California Experience. Presented to Jail Psychiatric Services at the Sacramento County Jail. February 2020.

2020 Claassen, C, **Hughes, B**, Mounaimne, H, Elbasheer, O. Nonfatal Suicide Attempts: Turning Data Into Action - A Preliminary Report From the Uniform Reporting Working Group. Presented via teleconference to the National Action Alliance for Suicide Prevention Data and Surveillance Task Force. January 2020.

2019 Claassen, C, **Hughes, B**, Hedegaard, H, Schoenbaum, M, Elbasheer, O. Nonfatal Suicide Attempts: Where’s the Data? Research results delivered via oral presentation at the International Academy of Suicide Research Summit. October 2019.

2019 **Hughes, B**, Elbasheer, O, Elchehabi, S, McInturf, W, Hafeez, R, Akumnonu, J, Collins, K, Claassen, C. Nonfatal Suicide Attempts: Where’s the Data? Poster presented at John Peter Smith Health Network Research Symposium. June 2019.

- 2019 **Hughes, B**, Briggs, J, Adams, M, DeMoss, D, Hurd, C. Big/Little Sibling Program: Peer-to-Peer Mentoring Pros and Cons. Poster presented at American Association of Directors of Psychiatric Residency Training conference. March 2019. Poster presented at John Peter Smith Health Network Research Symposium. June 2019.
- 2019 **Hughes, B**, Briggs, J, Adams, M, DeMoss, D, Hurd, C. Mentoring Millennials: Pros and Pitfalls of a Startup Program. Poster presented at American Association of Directors of Psychiatric Residency Training conference. March 2019. Poster presented at John Peter Smith Health Network Research Symposium. June 2019.
- 2018 - 2019 Team lead and sub investigator for the Uniform Reporting Project, a working group supporting the National Action Alliance for Suicide Prevention's Data and Surveillance Task Force initiatives. The Uniform Reporting Project evaluated standards of collecting and analyzing administrative claims data within all 50 states and the District of Columbia. Project received exempt status from the North Texas Regional IRB.
- 2018 - 2019 Kashyap, S, **Hughes, B**, Farooq, M, Schneider, P, DeMoss, D. Sublingual Olanzapine in Cannabinoid Hyperemesis Syndrome: A Case Report and Review of Literature. Poster presented at Association of Medicine and Psychiatry conference. October 2018. Oral presentation presented at John Peter Smith Health Network Research Symposium. June 2019.
- 2018 Briggs, J, **Hughes, B**, DeMoss, D. Kratom a Potential Inducer of Psychosis. Poster presented at John Peter Smith Health Network Residency Research Day. June 2018.
- 2017 - 2018 John Peter Smith Health Network psychiatry department quality improvement project looking at resources available to lower socioeconomic status patients regarding options including Partial Hospital Programs, Intensive Outpatient Programs and psych day rehab. Emphasis on implementing new, improved documentation and streamlining process of communicating easy to understand, accessible information to patients.

Teaching Experience:

- 2020 - 2025 Instructor/supervisor of medical students, psychiatry residents and forensic psychiatry fellows rotating at North Texas State Hospital. Also involved in program planning for child and adolescent psychiatry and forensic fellows, APRN students and PA students.
- 2019 - 2025 Ongoing invited lecture series presenter for psychiatric residents, medical students and advanced practice provider fellows. Focus primarily on forensic topics. Lecture several times a year, both in person and via televideo.
- 2015 - 2019 Instructor/supervisor of medical students from the University of North Texas Health Science Center, Texas College of Osteopathic Medicine and external rotating medical students during their psychiatry clerkship.

Professional Organization Memberships:

2016 - present American Academy of Psychiatry and the Law
2015 - present American Psychiatric Association
2015 - present Texas Society of Psychiatric Physicians (state and county chapters)
2010 - present American Medical Association
2019 - 2020 California Psychiatric Association
2019 - 2020 Central California Psychiatric Society
2019 - 2020 California Medical Association
2019 - 2020 Sierra Sacramento Valley Medical Society
2015 - 2019 Texas Medical Association

Professional Organization Committee Memberships:

2019 - present AAPL Women's Committee
2017 - present AAPL International Relations Committee, Chair 2022 - 2025
2017 - present AAPL Diversity in Forensic Psychiatry Committee
2016 - present TSPP Forensic Psychiatry Committee
2016 - present TSPP Government Affairs Committee
2018 - 2022 AAPL Government Affairs Committee
2018 - 2019 John Peter Smith Health Network Ethics Committee
2018 - 2019 TSPP Resident-Fellow Section Committee, Vice Chair-elected position
2017 - 2019 TSPP Tarrant County Chapter Executive Council Resident Representative-elected position
2016 - 2019 TSPP Resident-Fellow Section Committee
2016 - 2019 TSPP Executive Council JPS Resident Representative

Other Committee Memberships:

2020 - 2025 NTSH Medical Staff Executive Committee, Co-Chair
2020 - 2025 NTSH Professional Services Committee, Chair
2020 - 2025 NTSH Quality Improvement Council
2020 - 2025 NTSH Hospital Executive Committee
2020 - 2025 HHS Governing Body
2020 - 2025 HHS System Medical Executive Committee
2020 - 2023 HHS Forensic Services Subcommittee
2020 - 2023 HHS Peer Review Workgroup Performance for Improvement
2021 - 2022 HHS Forensic Services Subcommittee Aggression Task Force
2021 - 2022 HHS Forensic Services Subcommittee Forensic Treatment Planning Task Force, Cochair
2020 - 2022 NTSH Forensic Conference Planning Committee
2020 - 2021 HHS Trial Competency Evaluation Peer Review Work Group
2020 - 2021 HHS Forensic Data Work Group
2020 HHS Forensic Strategic Planning Forensic Work Group

Awards and Accomplishments:

2024	Hospital Hero Award
2023 - 2024	Health and Human Services Executive Leadership Academy
2019	Resident Testifier of the Year
2019	Resident Therapist of the Year
2019	Certificate of Honorable Mention - JPS Research Symposium
2016 - 2019	passed 4 Clinical Skills Exams with full pass
2018	highest PRITE score in PGY-4 residency class
2018	Outstanding Intern Recruiter Award
2018	Margolis Travel Scholarship - Midwestern AAPL
2017	highest PRITE score in PGY-3 residency class
2017	Resident of the Quarter - 1 st Quarter
2017	passed USMLE Step 3 Exam on first attempt
2016	highest PRITE score in PGY-2 residency class
2015	highest PRITE score in PGY-1 residency class
2013	passed USMLE Step 2 CK and CS Exams on first attempt
2012	passed USMLE Step 1 Exam on first attempt
2005	passed Zertifikat Deutsch from The European Language Certificates with score of 1 (highest possible score) (this certifies language fluency)

Additional Information:

2018 - 2019	JPS Psychiatry Residency Mentorship Chair - designed and implemented an attending/intern mentorship program as well as a resident big/little sibling mentorship program
2018 - 2019	APA Mind Games JPS Residency Team Captain
2015 - 2018	JPS Psychiatry Residency Representative for medical school recruitment fairs/events
2015 - 2017	JPS Psychiatry Residency Social Chair
2016	Alliance of Independent Academic Medical Centers (AIAMC) JPS resident representative member