

Catherine Karno, MD

Education and Medical Training

Board Certified, American Board of Internal Medicine

Board Eligible, American Board of Internal Medicine, Geriatric Medicine

Fellowship-Geriatric Medicine 7/2014 - 06/2015

University of California Los Angeles, UCLA, California

Internship & Residency 7/2011 - 06/2015

University of Arizona-Internal Medicine, Tucson, AZ

Doctor of Medicine – High Honors 5/2007 - 12/2010

Ross University School of Medicine

Bachelor of Science Undergraduate Degree 8/1997 - 12/2003

University of California-Riverside, Riverside, CA

Professional Work History

Hospitalist, Internal Medicine 09/08/2025 - present

Dignity Medical Center, Las Vegas, NV

- Acute care for hospitalized patients (MED-SURG, telemetry, neuro, step-down, ICU)
- Conduct interdisciplinary team meetings Mon – Friday.
- Admit patients from emergency room, triage patients to transfer to higher acuity hospitals.
- Collaborate (face to face) with various consultants.
- Coordination of care for social services for discharge disposition.
- Discharge patients and coordination of DME and home health services.

Medical Director 1/2024 – 5/2025

Infusion Care, Las Vegas/Reno, Nevada

- Provide in person and remote oversight and medical guidance to clinical procedures performed on clients.
- Oversee execution of medical quality of facility.
- Supervise medical facility ancillary staff when appropriate.
- Ensure compliance medical facility compliance with state federal laws.

Hims&Hers 7/2024 – 2/2025

- Asynchronous telemedicine
- Consult and follow up for patients relating to aging and skin care; sexual dysfunction; obesity for both compound and non-compound pharmaceutical treatment

Hospitalist, Internal Medicine 12/2023 – 3/2024

Kingman Regional Medical Center, Kingman, AZ

- Acute care for hospitalized patients (MED-SURG, telemetry, neuro, step-down)
- Conduct interdisciplinary team meetings Mon – Friday.
- Admit patients from emergency room, triage patients to transfer to higher acuity hospitals.
- Collaborate (face to face) with various consultants.
- Coordination of care for social services for discharge disposition.
- Discharge patients and coordination of DME and home health services.
- Provide back-up services on holidays and extended weekends.

Physician Consultant 08/2021- Present

Carisk Health Partners, Remote-Las Vegas, NV

- Development of care coordination plans for patients involved work related injuries.
- Utilization of evidence-based practice and in compliance with ODG guidelines.
- Participate in peer-to-peer discussion with medical providers.
- Lead on team dynamics involving nurses, social worker, behavioral specialist and financial analyst

Hospitalist, Internal Medicine

8/2016- 01/2024

Deaconess Gateway Hospital, Evansville, IN

- 1 of 2 physicians responsible for swing shift admissions.
- 1 of 18+ day time rounders responsible for admissions and daily rounds on med-surg patients
- Answered all coordination of care matters, triage nurses' calls/concerns.
- Daily rounds and admits in round robin style with average census between 18-20 patients per day.
- 20 + shift a month
- Responded to codes and rapid responses.

Hospitalist, Internal Medicine

1/2022- 06/2023

St Vincent Ascension, Evansville, IN

- Attending physician on teaching service for medical students, interns and residence during internal medicine rotation
- Rural medicine with limited consultants and subspecialists in-house.
- Management of patient's acute and chronic medical conditions.
- ICU and cardiac ICU responsibilities including CVC insertion/maintenance, EKG preliminary readings, ventilatory management, vasopressor initiation.
- Collaboration with respiratory therapist for patient's requiring invasive airway.
- Respond/running all codes.
- Daily meeting with clinical pharmacists for patient medication reconciliation and part of antibiotic stewardship program.

Hospitalist, Internal Medicine

3/2018 – 6/2018

Centennial Hills Hospital, Las Vegas, NV

- Daily high census with an average of 25 patients per day.
- Family and patient education/counseling during daily rounds.
- Ran interdisciplinary team meetings. Collaboration with case management and skilled therapist to coordinate timely hospital discharges.
- Assisted in coordinating patient discharge/transfer to outside hospital for those requiring

Utilization Management/Clinical Reviewer

10/2019 – 06/2022

Magellan Health, Maryland Heights, Missouri

- Part of utilization management team who reviews patient cases to ensure that medical necessity guidelines are met in accordance with SBU's policies as well as Utilization Review Accreditations Commission (URAC) and National Committee for Quality Assurance (NCQA) guidelines.
- Complete peer to peer phone calls with requesting providers
- Provide clinical rationale for standard, expedited appeals and state fair hearings.

Licensure and Certifications

Interstate – COMPACT license	Active
Nevada License	Active
California License	Active
Texas	Active
Florida	Active
Alabama	Active
Arizona	Active

NOT YET RETAINED