



Christopher Nario
Doctor of Chiropractic

Education

- Doctor of Chiropractic (DC) – Southern California University of Health Sciences, 2020-2023
- Bachelor of Science in Kinesiology and Rehabilitation Sciences – University of Hawaii, 2017-2019
- Associate of Occupational Science in Culinary Arts – Le Cordon Bleu, 2015-2017

Skill

- Workplace Ergonomics & Injury Prevention
- Functional Movement Screening (FMS)
- Musculoskeletal Injury Rehabilitation
- Job-Specific Strength & Conditioning Programs
- Biomechanics & Postural Assessments
- Manual Therapy & Soft Tissue Mobilization
- Return-to-Work & Workplace Wellness Programs
- Occupational Health & Safety Compliance
- Workers Comp & Personal Injury Documentation

Professional Summary

Experienced Doctor of Chiropractic with a strong background in musculoskeletal health, rehabilitation, and sports medicine. Expertise in manual adjustments, soft tissue therapy, functional movement assessments, and patient education. Passionate about providing evidence-based care to relieve pain, restore function, and optimize performance. Adept at X-ray analysis, diagnostics, and holistic treatment plans, integrating chiropractic care, corrective exercise, and lifestyle recommendations to enhance patient outcomes.

Work Experience

Next Level Wellness – Chiropractor | Present

- Conduct detailed patient evaluations, including reviewing prior medical records and diagnostic imaging.
- Ensure accurate and thorough documentation to support insurance claims and treatment justifications.

Remedy Chiropractic & Sports Medicine – Owner/Chiropractor | Present

- Assess and treat musculoskeletal conditions, ensuring accurate documentation of patient care.
- Perform medical records review to support treatment plans and insurance claims.
- Manage medical billing and coding, including CPT, ICD-10, and HCPCS coding, to ensure proper reimbursement.
- Collaborate with insurance providers to resolve claim discrepancies and ensure compliance with healthcare regulations.

Huntington Beach Chiropractic – Associate Chiropractor | March 2023 – July 2024

- Conducted X-ray analysis and diagnostics to assist in accurate patient assessments and treatment planning.
- Reviewed medical imaging and patient history to provide evidence-based treatment recommendations.
- Managed social media marketing strategies to increase patient engagement and brand awareness.
- Ensured proper documentation of diagnostic findings for insurance and legal purposes.

The Joint Chiropractic – Chiropractor | July 2024 – December 2024

- Provided high-volume chiropractic care, maintaining compliance with HIPAA and medical documentation standards.
- Utilized EHR systems for clinical documentation, ensuring accurate coding for billing purposes.

United States Marine Corps (USMC) – 2010-2015

- Developed strong leadership, discipline, and attention to detail.
- Gained experience in structured documentation, compliance, and analytical problem-solving.

Certifications & Licensures

- Licensed Doctor of Chiropractic – CA
- CPR & First Aid Certified
- Active Release Technique
- Certified Personal Trainer- American Council of Exercise
- Knowledgeable in CMS Guidelines & HIPAA Compliance