



- Excellent organization and communication skills and a demonstrated commitment to providing outstanding patient service, directing a successful chiropractic practice and maintaining a high level of patient satisfaction.
- Fluent in **English, Spanish and Vietnamese**
- Willing to relocate
- CPR Certified: **Adult/Child/Infant CPR & AED Certification**

Academic Background

- **American University of the Caribbean School of Medicine**, Coral Gables Doctor of Medicine 2005
- **Cleveland Chiropractic College**, Los Angeles, California Doctor of Chiropractic 1997
- **Patten College**, Oakland, California Bachelor of Science 1990
- **Hawaii Pacific University**, Honolulu, Hawaii Business Administration 1992
- **Ventura Community College**, Ventura, California Associates of Arts 1991
- **Santa Clara High School**, Oxnard, California High School Diploma 1987

Clinical Experience/Training

- **Health Atlas Sherman Oaks, Functional Medicine**, Sherman Oaks, California
April 2020-Present
 - Actively involved in the diagnosis, treatment and management of all chiropractic-related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Working closely with other healthcare professionals (Medical Doctors, Doctor of Osteopathy, Acupuncturist and Massage Therapist) to provide to the most comprehensive treatment and management plans possible.
 - Referring patients to other healthcare professionals to co-manage patient is who require professional intervention outside the realm of Chiropractic healthcare and Functional Medicine.
- **MMA Chiropractors, Chiropractic Healthcare**, Burbank, La Cresenta, Palmdale, California
February 2019-March 2020

- Worked with MMA as a traveling and temporary Chiropractic Associate during the COVID-19 pandemic to promote and maintain the high level of health/wellness to the surrounding communities of Los Angeles and San Fernando during a time of panic, trepidation and consternation.
- Actively involved in the diagnosis, treatment and management of all chiropractic-related musculoskeletal disorders.
- Performing a detailed and thorough initial patient history and intake.
- Performing a detailed and thorough physical examination.
- Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
- **The Joint Chiropractic, Chiropractic Healthcare, Goleta, California**
May 2019-February 2020
 - Actively involved in the diagnosis, treatment and management of all chiropractic-related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
- **Downey Industrial Medical Group, Chiropractic Healthcare, Downey, California**
September 2018-May 2019

Primarily focused on **Workers Compensation and Personal Injury cases** resulting from work-related injuries and automobile accidents.

 - Actively involved in the diagnosis, treatment and management of all chiropractic related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of chiropractic healthcare.
- **Waleed Arshaid, D.C., Q.M.E., Chiropractic Healthcare, Alhambra, Bell Gardens, West Covina, California**
February 2018-June 2018, Chiropractic Physician
 - Primarily focused on **Personal Injury cases** resulting from automobile accidents and work-related injuries.
 - Actively involved in the diagnosis, treatment and management of all chiropractic related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of chiropractic healthcare.
- **Proactive Chiropractic & Sports Medicine, Redondo Beach, California**
September 2017-February 2018, Clinic Director
 - Devise strategies and plans for the clinic to promote growth according to the company standards With the overall goal of providing excellent high quality, patient-centered healthcare service that is cost-effective.
 - Assume the responsibilities of devising effective strategies to promote a fun, mutually respectful And exciting working environment with the overall goal of maximizing productivity.
 - Plan and oversee all activities involving patient care, treatment plans, phases of care, rehabilitative protocols and long-term management/preventative plans.
 - Provide all staff doctors and staff personal (front/back office) with continued training and

opportunities for continuous improvement.

- Recruit employees who are mentally, physically and spiritually aligned with our clinic's values.
- To ensure our office is staffed with qualified personnel to continue to provide excellent service to the surrounding community.
- Create schedules for all employees.
- Coordinate and supervise staff duties and responsibilities while providing positive constructive criticism and feedback.
- Constant monitoring of compliance to legal guidelines, regulations, internal policies, and quality control standards.

- **Pierce Chiropractic & Sports Injury Center, Santa Maria, California**

- February 2017-September 2017, Chiropractic Physician**

- Actively involved in the diagnosis, treatment and management of all chiropractic related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of chiropractic healthcare.

- **Omni Family Health Medical Center, Bakersfield, California**

- December 2014-February 2017, Chiropractic Physician**

- Actively involved in the diagnosis, treatment and management of all chiropractic related musculoskeletal disorders.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Continued post-graduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of chiropractic healthcare.

- **Salida Del Sol Family Medical Center, Oxnard, California**

- January 2012-November 2014, Physician Intern Training-Family Medicine, Internal Medicine, Geriatric Medicine, Pediatric Medicine**

- Actively involved in the diagnosis, treatment and management of a vast variety of the clinical cases that is typically encountered in Family Medical Clinic setting.
 - Performing a detailed and thorough initial patient history and intake.
 - Performing a detailed and thorough physical examination.
 - Ordering all appropriate diagnostic laboratory workup relative to the patient's chief complaint.
 - Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
 - Continued post-graduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of family, internal medicine, geriatric and pediatric medical healthcare.

- Further study and discussion of *rare and interesting clinical cases*.

- Follow up with post hospitalized patients to ensure the highest level of service.

- **Self Enhancement of Life Foundation, Talisay, Batangas, Philippines**

- October 2009-December 2011, Assistant Clinical for Resident Development**

- Overall supervision of the duties/responsibilities of the Resident Development Office.
 - Training of all team members and subordinates of the RDO (Resident Coordinator, House Coordinators and Upper/Lower Level Crew Members).
 - Daily observation, evaluation, treatment and management of all residents.
 - Assisting the Program Director in conducting Case Defense Interviews, Resident Case Assessments and Clinical Case Conferences.
 - Organization and execution of therapy group sessions.
 - Coordination with the Program Head in expediting the daily schedule of activities.

- **Buena Vista Family Medical Center, Oxnard, California**

November 2007-September 2009, Physician Intern Training-Family Medicine, Internal Medicine, Geriatric Medicine, Pediatric Medicine

- Actively involved in the diagnosis, treatment and management of a vast variety of the clinical cases that is typically encountered in Family Medical Clinic setting.
- Performing a detailed and thorough initial patient history and intake.
- Performing a detailed and thorough physical examination.
- Ordering all appropriate diagnostic laboratory workup relative to the patient's chief complaint.
- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
- Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of family, internal medicine, geriatric and pediatric medical healthcare.
- Further study and discussion of *rare and interesting clinical cases*.
- Follow up with post hospitalized patients to ensure the highest level of service.

- **Salida Del Sol Family Medical Center, Oxnard, California**

April 2005-October 2007, Physician Intern Training-Family Medicine, Internal Medicine, Geriatric Medicine, Pediatric Medicine

- Actively involved in the diagnosis, treatment and management of a vast variety of the clinical cases that is typically encountered in Family Medical Clinic setting.
- Performing a detailed and thorough initial patient history and intake.
- Performing a detailed and thorough physical examination.
- Ordering all appropriate diagnostic laboratory workup relative to the patient's chief complaint.
- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
- Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of family, internal medicine, geriatric and pediatric medical healthcare.
- Further study and discussion of *rare and interesting clinical cases*.
- Follow up with post hospitalized patients to ensure the highest level of service.

- **Kern County Medical Center, Bakersfield, California**

January 2005-March 2005, Medical Student (Elective Clinical Rotation) Department of Oncology and Pulmonary Medicine

- Actively involved in the diagnosis, treatment and management of a vast variety of the clinical cases that is typically encountered in Oncology and Pulmonary Medicine.
- Ordering all appropriate diagnostic laboratory workup relative to the patient's chief complaint.
- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.
- Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of family, internal medicine, geriatric and pediatric medical healthcare.
- Further study and discussion of *rare and interesting clinical cases*.
- Discussing the differential diagnosis, diagnosis, treatment and management plan of each clinical case with the teaching physicians.

- **Arete Family Healthcare, Bakersfield, California,**

**December 2004-January 2005, Medical Student (Elective Clinical Rotation)
Department of Family Medicine**

- Participated in a wide variety of clinical case discussions, lectures with professional/intellectual insight with fellow medical students and teaching physicians.
- Actively involved in the diagnosis, treatment and management of a vast variety of the clinical cases that is typically encountered in Family Medical Clinic setting.
- Performing a detailed and thorough initial patient history and intake.
- Performing a detailed and thorough physical examination.
- Ordering all appropriate diagnostic laboratory workup relative to the patient's chief complaint.
- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.

Comment from Evaluators:

"A really good student with overall positive disposition with regards to wanting to learn all the finer nuances in the field of family medicine"

- Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of family, internal medicine, geriatric and pediatric medical healthcare.

- Further study and discussion of ***rare and interesting clinical cases***.

- Follow up with post hospitalized patients to ensure the highest level of service.

- **St. Agnes Hospital, Baltimore, Maryland**

January 2004-November 2004, Medical Student (Elective Clinical Rotation)

Department of Gastrointestinal Medicine, Dermatology and Endocrinology

- Performed comprehensive and focal initial patient history/intake.

- Performed detailed and thorough physical examinations.

- Ordering all appropriate laboratory/diagnostic workup and relevant radiological imaging for each Clinical case.

- Actively participated in the intellectual medical reasoning in the differential diagnosis, diagnosis, treatment and long term management of all clinical cases with the teaching and attending physicians.

Comment from Evaluators:

“Exceptional student, diligent and extremely hard worker and performed an excellent job throughout his entire rotation” Dr. George Lawrence (Head of the Department of Endocrinology)

- **Kingston Hospital, Kingston Upon Thames, London, England**

January 2003-December 2003, Medical Student (Clinical Core Rotation)

Department of Internal Medicine, Pediatric Medicine, Surgery and Psychiatry

- Performed comprehensive and focal initial patient history/intake.

- Performed detailed and thorough physical examinations.

- Ordering all appropriate laboratory/diagnostic workup and relevant radiological imaging for each clinical case.

- Actively participated in the intellectual medical reasoning in the differential diagnosis, diagnosis, treatment and long term management of all clinical cases with the teaching and attending physicians.

Comment from Evaluators:

“He was an excellent student” Dr. Herbert Spring (Internal Medicine)

“Keen, willing to learn, presentation skills need a little improving, but, this will come in time” Dr. Jason Chan (Surgery)

“Above average clinical knowledge, well informed and continued to be a hard worker” Dr. Dwight Lindo (Psychiatry)

“Excellent student” Dr. Thomas Dion (Surgery)

“Generally competent” Dr. Fred Waneu (Psychiatry)

“Above average competency and invaluable knowledge in all areas relative to Psychiatry, would love to work with him again” Dr. Thomas Heyman (Internal Medicine)

- **American University of the Caribbean School of Medicine, St. Maarten, Netherland Antilles**
August 2000-2002, Volunteer Medical Student

- Performed blood pressure/glucose monitoring and educated patients regarding all relevant issues concerning the close correlation of Diabetes Mellitus and Hypertension.

- **Gold Coast Chiropractic Clinic, Oxnard California**

January 1998-March 2000, Chiropractic Physician

-Founded and directed a viable chiropractic clinic from the ground level, including locating office space, designing the office layout, renting office equipment, developing marketing initiatives, establishing billing policies, and training/supervising of all employees (Clinic Manager, Front/Back Office Assistants)

- Actively involved in the diagnosis, treatment and management of all chiropractic related musculoskeletal disorders.

- Performing a detailed and thorough initial patient history and intake.

- Performing a detailed and thorough physical examination.

- Ordering and performing all appropriate diagnostic laboratory workup relative to the patient's chief complaint, including orthopedic, neurological and radiographic studies.

- Preparing and discussing all patient treatment plans and the subsequent long-term plans for management.

- Continued postgraduate studies to stay current with the latest breakthroughs in technology and literature relevant to all aspects of chiropractic healthcare.

- Ensured outstanding patient satisfaction with from feedback patient questionnaire

-Development of back office procedures such as heat therapy, protocols of muscle stimulation, ultrasound therapy and trigger point release therapy.

-Expansion of clinical knowledge through regular attendance of Continuing Education courses and Chiropractic Technique Adjustment workshops.

- **Cleveland Chiropractic College**, Los Angeles, California

September 1992-May 1994, Chiropractic Student

April 1994-May 1995, Chiropractic Intern at the Cleveland Chiropractic Clinic Los Angeles

-Intensive study of chiropractic theory, principles and manipulation/adjustment techniques.

-Active participation in discussions regarding the differential diagnosis, diagnosis, treatment and long-term management of all chiropractic related clinical cases.

-Mentoring of first- and second-year chiropractic students.

Collaboration with non-chiropractic healthcare providers regarding the institution of a multidisciplinary treatment approach.

Examinations

- **Education Commission for Foreign Medical Graduates-USMLE Step 2 Clinical Knowledge 2006**
- **Education Commission for Foreign Medical Graduates-USMLE Step 2 Clinical Skills 2005**
- **Education Commission for Foreign Medical Graduates-USMLE Step 1 2004**
- **National Board of Chiropractic Examiners, Part IV Practical Examination 1998**
- **National Board of Chiropractic Examiners, Part III 1998**
- **National Board of Chiropractic Examiners, Physiology 1996**
- **National Board of Chiropractic Examiners, Part II Neuromuscular Diagnosis, Diagnosis, Principles of Chiropractic, Chiropractic Practice and Associated Clinical Practice 1995**
- **National Board of Chiropractic Examiners, Part I General Anatomy, Spinal Anatomy, and Physiology 1995**

Associations/Affiliation

American Student Medical Association, American Medical Association, Delta Tau International Fraternity of the Healing Arts, American University of the Caribbean School of Medicine Alumni Association, American Chiropractic Association, California Chiropractic Association, Chiropractic Health Plan of California, International Association of Healthcare Providers-Voted Top Chiropractor in the State of California

Professional Profile Links

- <https://www.facebook.com/docnguyen69/> (Facebook)
- <https://www.drnguyen69.com/> (Website)
- <https://www.linkedin.com/in/charles-nguyen-m-d-d-c-a0526369/> (LinkedIn)
- <https://www.doximity.com/profile> (Doximity)
- <https://chiropractornext.com/Profile/drnguyen> (Chiropractor Next)

My Professional/Personal Paradigm

1. Always be the first person in the office and the last one to leave
2. Never lose sight of the **Chiropractic** and **Hippocratic Oath's**
3. To solve any problem, one must properly identify its root cause. 4.
- Always be mindful of how lucky and blessed I am to have the opportunity to make a comfortable living doing what I love.
5. Always stay true to my ethics, values and morals.
6. True healing can never be accomplished unless the **emotional/psychological/spiritual** components have been addressed accordingly.
7. When interacting with another, always treat him/her as if he/she is the most important person in the world at that time.
8. Never, ever settle for mediocrity.
9. Set a series of small, realistic and attainable goals, then do whatever it takes to accomplish them.
10. Always maintain the highest level of integrity and professionalism.
11. Never, ever shame my family name as I am fully aware of the time, hard work, effort and sacrifices that my mother and father made to establish and build it.
12. Never think only about being compensated, as honestly providing the best service to my patients, the compensation will always be a product of that.
13. People can feel one's energy and aura, as they will know if you are truly concerned about their issues or if you are just going through the motions.
14. Always smile with a warm, caring and compassionate heart.
15. When touching a patient, always make sure that your hands are warm.
16. Touch each patient with a **true healing intent** so that patients can truly feel your touch.
17. At the end of the day, **do what you love and love what you do**.
18. Don't be afraid to repeat this process over and over again throughout the course of your day.

Favorite Quote

"One day, put your attention for making life better for someone else... **To touch someone's life is more valuable than any amount of money**...How may I serve??? Putting your attention on service, your life becomes about living those virtues...How can I serve, how can I be gentle, thinking like that means **you're living in meaning**...The messages of the morning are about what you can and can't do, about how society defines you, but in the afternoon, after the shift, it's about connecting to an energy that's taking care of everything...

In the end, it's all about surrendering to something that is bigger than you and that you are connected to and it's really in control of everything...There's a place deep within us that wants to feel fulfilled, it wants to know that my life has made a difference, that I've left this place, this planet that I lived on better than when I arrived, that **someone's life has been profoundly touched by my existence**...We all want that, it's not about age or finding yourself, wherever you are, at whatever age, **you're only a thought away from changing your life**" **Dr. Wayne Dyer**

In closing, I would like to take this opportunity to kindly thank you for taking the time out of your busy day to review my Curriculum Vitae. Hopefully after you have concluded your review, you'll have a clearer picture of my focus, energy, passion and dedication to the healthcare profession. And if I am fortunate enough to be considered as a future member and asset of your healthcare family, I'll certainly look forward to meeting with you in person to engage in a pleasant conversation to address any questions, issues and/or concerns that you may have.

With that, I'll remain,

Very respectfully and sincerely,

Charles Edward Nguyen, M.D, D.C

NOT YET RETAINED