

O. DEBORAH AKINSILO, MD, MS, MPH

EDUCATION

MPH	Icahn School of Medicine at Mount Sinai, New York, NY Occupational and Environmental Health	2023
MD	St. George's University, Grenada, West Indies Doctor of Medicine	2020
MS	University of Southern California, Los Angeles, CA Global Medicine, Keck School of Medicine	2014
BA	University of California – Los Angeles, Los Angeles, CA History, Minor in Public Health	2012

CERTIFICATES AND LICENSURE

MROCC Certified Medical Review Officer	2025
Board Certification in Occupational Medicine, ABPM	2024
Licensed Physician:	
<ul style="list-style-type: none">• Louisiana• New York• California	

EMPLOYMENT HISTORY

Ochsner Occupational Health, New Orleans, LA Medical Director	Feb 2025 - Present
<ul style="list-style-type: none">• Work closely with key business partners and organizational leadership to sustain and grow the occupational health practice.• Identify opportunities for service expansion, optimize resource utilization, and drive initiatives to improve the practice's efficiency and impact on employee health.• Conduct routine health assessments, monitor exposure levels, and track changes in employee health over time, ensuring compliance with regulatory standards and company policies.• Provide expert recommendations for reducing risk factors and minimizing adverse health outcomes in the workforce.• Provide comprehensive care for work-related injuries and illnesses, conducting thorough evaluations and designing individualized treatment plans that ensure employees' timely return to work.• Oversee and collaborate with a team of MDs/DOs/APPs to ensure high-quality care and efficient management of the Occupational Health department.	
Ochsner Occupational Health, New Orleans, LA Interim Medical Director	Jul 2024 – Feb 2025
<ul style="list-style-type: none">• Conduct routine health assessments, monitor exposure levels, and track changes in employee health over time, ensuring compliance with regulatory standards and company policies.	

- Provide comprehensive care for work-related injuries and illnesses, conducting thorough evaluations and designing individualized treatment plans that ensure employees' timely return to work.
- Oversee and collaborate with a team of APPs to ensure high-quality care.

Ochsner Occupational Health, New Orleans, LA

Sep 2023 - Present

Staff Physician

- Evaluation and treatment of work-related injuries and illnesses.
- Medical surveillance and pre-employment exams.

Residency, Occupational and Environmental Medicine, NYC, NY

Jul 2021 - Jun 2023

Icahn School of Medicine at Mount Sinai

- Provide evidence-based clinical evaluation and treatment of injuries and illnesses that are occupationally or environmentally related.
- Identify conditions that present a safety concern or may be exacerbated by certain exposures. Recognize, evaluate, and manage health effects of exposures to toxic agents.
- Implement standard components of medical surveillance and biological monitoring appropriate for individuals exposed to specific chemicals.

Internship, General Surgery, York, PA

Jun 2020 - Jun 2021

WellSpan York Hospital

- Served as surgeon first assist in 200+ open/laparoscopic procedures.
- Monitored post-operative recovery of elective and emergent surgical patients.
- Triageed and assessed surgical consultations for hospital admission.
- Performed bedside venous and arterial catheterizations
- Managed simple and complex surgical wound care.
- Repaired simple and complex lacerations.

SERVICE HISTORY

Corporate Medicine Section, ACOEM

May 2025 - Present

Education Chair

- Lead the strategic planning and execution of the section's educational programming, including oversight of the Corporate Medicine Fireside Chats, ensuring high-impact, peer-led content delivery to a national audience.
- Collaborate closely with ACOEM leadership and external stakeholders to align section education efforts with emerging trends in occupational and corporate medicine.

Corporate Medicine Section, ACOEM

May 2023 – May 2025

Vice Education Chair

- Played a key creative and logistical role in the continued propagation of the 4th Annual Corporate Medicine Fireside Chat (2024)—an in-depth, 1-hour-16-minute video featuring corporate medical officers from Zello, Chevron, and Google—reinforcing the series' prominence as a leading platform for corporate medicine insights
- Championed the genesis and sustained momentum of the 3rd Annual Corporate Medicine Fireside Chat (2023)—a 53-minute session featuring corporate medical leaders from Citi,

Jaguar Land Rover, and BNSF Railway—helping elevate the Fireside Chats into a flagship, peer-driven dialog format.

- Supported the Education Chair in driving engagement and refining the section’s educational vision, building a strong foundation for expanded offerings in subsequent years.

HONORS AND AWARDS

Corporate Medicine Section AOHC Scholarship	2022
American College of Occupational and Environmental Medicine	
Corporate Medicine Section Resident Rotation Grant	2022
American College of Occupational and Environmental Medicine	
New York and New Jersey (Region II) NIOSH Education and Research Center Pilot Project Award, ISMMS	2022
“Transgenerational effect of Endocrine-Disrupting Chemicals on Adverse Birth Outcomes”	

PRESENTATIONS/PUBLICATIONS

Continuing Medical Education Webinar

Globina Y., & **Akinsilo O.** (2023). Taking an Occupational Health History: Best Practice and Benefits. Retrieved from <https://vimeo.com/839158987/ef4df86132?share=copy>

Poster Presentations

Akinsilo O. COVID-19 and Occupation among World Trade Center Health Registry COVID Survey Respondents. Poster presented at: American Occupational Health Conference; April 16, 2023.

ADDITIONAL TRAINING

Building Digital Health Equity	2022
ISMMS, New York, NY	
Graduate Medical Education Leadership Development Program	2022
ISMMS, New York, NY	

PROFESSIONAL AFFILIATIONS

American Board of Preventive Medicine

American College of Occupational and Environmental Medicine

Southern College of Occupational and Environmental Medicine

Corporate Medicine Section

Residents and Recent Graduates

National Medical Association

Association of Nigerian Physicians in the Americas