Elizabeth A. Bales

Board Certified Anesthesiologist Cert # 46145

EDUCATION

2003 to 2004

Loyola University of Chicago: Summa Cum Laude 1999

Loyola University Stritch School of Medicine 1999 to 6/15/2003

UCLA General Surgery: Internship

USC General Surgery: Categorical Resident 2004 to 2006
USC Anesthesiology: Chief Resident 2006 to 6/20/2009

MEDICAL EMPLOYMENT

St. Joseph's Hospital in Orange, CA with AAMG: Pediatric and Adult GA 2009

Placentia Linda Hospital in Placentia, CA with OAC: 2/2010 to 2/2017

Secretary, Pre Op Coordinator, Regional/Acute Pain Director

OC Global Hospital in Santa Ana, CA with OCA: *Trauma* 9/2016 to 4/2018
Anaheim Regional Medical Center in Anaheim, CA with ASOC: 10/2017 to 3/2020

Cardiac and Cath Lab Anesthesia, Regional/Acute Pain Director

Cardiac Surgical Assistant at ARMC 2019 to 2020

Locum Tenens, CA: *Trauma, Regional, Pediatric and Adult GA* 6/2020 to 10/2023

Adventist Health Lodi Memorial with Vituity 6/18/2020 to 1/5/2022

JFK with Team Health 9/2021 to 10/1/2023

Orange Coast Memorial Hospital in Fountain Valley, CA: 12/2020 to Present

With Synergy Management Group (Per Diem 2/2024) 8/1/2023 to Present

Pre Op Coordinator, Total Joint and Spine Committee Representative,

Nursing Continuing Medical Education Educator

PUBLICATIONS

High Frequency Percussive Ventilation and Low FiO2). Burns. 2012 Nov. 2005 - 2012 Warren Garner, MD and Philip Lumb, MD, FCCM LAC USC Department of Surgery Burn Center and Anesthesiology

RESEARCH

Research Mapping: Phange H41 Clone of Ch21 Short Arm.

Jeffrey Doering, PhD, Department Chair of Biology
Loyola University of Chicago

1997 - 1998

Characterization of DNA and RNA of Ubiquitin.

Summer 1998

Cristbal Mezquia, PhD, Physiology

University of Barcelona Medical School Molecular Bio Fellowship

Microarray Analysis of Gene Expression of Ewings Sarcoma.

Summer 2000

Timothy Trriche, MD, PhD, Pathology

USC Oncology Summer Research Fellowship at CHLA

Impact of MRND on Post Operative Shoulder Function.

2002 - 2003

Guy Pettruzzelli, MD, PhD, Chairman of Otolaryngology Clinical research project at Stritch School of Medicine

Glucose levels in Non-Diabetic Patients

Initiated in 1/2024

(over Age of 70) and Correlation with PONV and POCD.

E.A. Bales, MD with OCMC PACU Team/Robert, RN, BSN Clinical early research to document glucose levels

post op and impact on post op nausea/cognitive function.

Role of B6/B12 and Vitamin Supplementation with TKA/THA patients.

E.A. Bales, MD and Dr. Timothy Gibson, MD, Orthopedics Benefits of Vitamins in the Orthopedic Population and overall satisfaction scores, pain scores and healing. Initiated 8/2024

LEADERSHIP POSITIONS

"Almost Doc" Column in the Wicker Part Voice: Writer	2001 - 2003
Committee of Interns and Residents (CIR): Elected Delegate	2007 - 2009
California Society of Anesthesiologists (CSA): Resident Delegate	2007 - 2009
USCOR Committee: Resident Representative	2007 - 2009
USC Anesthesia Chief Resident: Scheduler, Organizer of Regional Rotation	2008 - 2009
Orange Anesthesia Consultants: Secretary, Acute Pain and Pre Op Coordinator	2010 - 2016
The Hydration Room: Visionary, Founder and Clinical Director	2013 - 2015
California Society of Anesthesiology: Practice Management Committee	2020 - 2022

ARMC: Regional and Acute Pain Director 2018 - 2020
OCMC: Pre Op Coordinator and Representative for Total Joint/Spine Committee 2023 to 9/30/2024

VOLUNTEER POSITIONS

Job's Daughters Member: Organization that supports Shrine Hospitals 1993 - 1999 Community Health Clinic in Chicago, IL: Organizer and Student Volunteer 2000 - 2003 Doctor's Without Boarders (MSF) in Ghana, Africa: Medical Clerkship 2003 Project Kids Worldwide: Raised 40, 000 dollars for Underserved Medicine 2006

2009 - 2012 Operation Smile: Pediatric Anesthesiologist (8 International Missions) Rotaplast International in Venezuela: Pediatric Anesthesiologist 2010

2012 - 2016 Flying Doctors of Mercy/ Liga International in Mexico: Staff Anesthesiologist

