

Curriculum Vitae

Bradford L. Alex, D.C.

Education: Los Angeles College of Chiropractic/Southern California
University of Health Sciences
Doctor of Chiropractic Degree, April 1995

California State University, Northridge
Exercise Science/Biomechanics (27 Hrs)
September 1989 – December 1990

Iowa State University
Bachelor of Science Degree, Physical Education
May 1981

Certifications: PGAP Provider (Progressive Goal Attainment Program)
AMA Guidelines, Permanent Impairment, September
2004/ American Board of Forensic Professionals
Qualified Medical Evaluator, October 2002
Industrial Disability Evaluator, July 2002
Chiropractic Rehabilitation, August 1994
MedX™ Rehabilitation Certification, September 1994

License: State of California #23728
QME, Oxnard: #151188
QME, Santa Clarita: #162168
NPI: #1114170776

Clinical experience: Bradford Alex, D.C, QME
Advanced Orthopedics/Los Angeles Orthopedic
Surgery Specialists
23502 Lyons Ave. #202a
Santa Clarita, CA 91321
June 2020-Present

Ventura Occupational Medical Center
1901 Holser Walk, Ste 315
Oxnard, CA 93034
February 2017-Present

The Spine and Orthopedic Center
Van Nuys, Oxnard, Santa Barbara, CA
June 2013-February 2017

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Bradford L. Alex, D.C
Advanced Orthopedics
Encino, California
April 2010-January 2013

Bradford L. Alex, D.C.
Care Center Rehabilitation and Pain Management
Private Practice and Case Consulting, Functional
Restoration Director, Encino, California
March 2005-February 2010

Physician and Surgeons Network
Utilization Review
September 2006-September 2008

La Costa Spinal Rehabilitation
Private Practice, Oxnard, California
March 1995 – March 2005

Blue Cross, Workers Compensation
Independent Physician Advisor
August 2004 – December 2006

Examworks Administrative Services
Medical-Legal Consulting
August 1999 – Present

Backworks
Private Practice Internship, Chatsworth, California
September 1994 – March 1995

Publications:

Complex Regional Pain Syndrome
Rehabilitation Protocol
March 2010

Vibration Training and Rehabilitation; Medical Academy
Protocols, PowerPlate International, Northbrook, Illinois
and University of Bridgeport, June 2007

Alex, B.; Exercise Science Notes and Lecture; Certified
Chiropractic Sports Physician Program, Southern
California University of Health Science; 2003

Injury Prevention, Buenaventura Swim Club Newsletter,
Monthly Topics, 2002

On the Job, Ventura Chamber of Commerce, Workers'
Compensation Issues, Monthly Topics, 1999

Alex, B.; Exercise Science Notes and Lecture;
Chiropractic Rehabilitation Program, Los Angeles
College of Chiropractic, 1999

Bradford L. Alex, D.C.

Postgraduate training:

Progressive Goal Attainment Program:
Disability Intervention- Certification
June 16-17 2011

BTE – Clinical Applications in Functional Testing
and Rehabilitation, May 2008

American Medical Association Impairment Rating
Guidelines, part 3/36 hours; August 2004, Academy of
Forensic Industrial Chiropractic Consultants

American Medical Association Impairment Rating
Guidelines, part 2/24 hours; July 2004, Academy of
Forensic Industrial Chiropractic Consultants

American Medical Association Impairment Rating
Guidelines, part 1/12 hours; June 2004, Academy of
Forensic Industrial Chiropractic Consultants

Teaching experience:

Certified Chiropractic Sports Physician, Southern
California University of Health Sciences, Exercise
Science, March 2004

Assistant Professor, Department of Clinical Sciences,
Southern California University of Health Sciences,
January 2004 – May 2004

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise
Science/Biomechanics of the Lumbar Spine, July 1999

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise
Science/Biomechanics of the Lumbar Spine, May 1999

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise
Science/Biomechanics of the Lumbar Spine, May 1999

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise Science
and McKenzie Protocols, June 1998

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise Science
and McKenzie Protocols, March 1998

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Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise
Science, February 1998

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Exercise Science
and McKenzie Protocols, October 1997

Chiropractic Rehabilitation, Los Angeles College of
Chiropractic Postgraduate Certification, Introduction to
PNF and Muscle Stretching, February 1997

References:

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2045 Saviers Road
Oxnard, California 93030
Telephone: 805-486-7345

Don Bolt, DC
433 West Channel Islands Boulevard
Oxnard, California 93030
Telephone: 805-985-6867

Darrel Bruga, DC
Founder and Chief Executive Officer
Rehabilitation Service Innovator
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<http://www.mylifeback.co/> Rehabilitation Clients
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