

EXPERIENCE

CLINICAL DIRECTOR OF CLEMENTINE OC, MONTE NIDO & AFFILIATES

August 2022- Present

Clinical director of all genders adolescent residential treatment center.

LICENSED CLINICAL PSYCHOLOGIST, PRIVATE PRACTICE

March 2015- Present

Psychologist in private practice specializing in the treatment of eating disorders, trauma, substance abuse, depression, and anxiety.

CLINICAL PSYCHOLOGIST, TORRANCE MEMORIAL HOSPITAL

July 2020- Present

Clinical Psychologist in the Eating Disorder Medical Stabilization Unit at Torrance Memorial Hospital.

PSYCHOLOGICAL ASSISTANT, SCHNEIDER PSYCHOLOGY GROUP, INC

September 2011- March 2015

Psychological assistant in private practice specializing in eating disorders, trauma, substance abuse, depression, and anxiety. Provide individual, family, and couples' therapy.

GROUP THERAPIST, CLEARVIEW TREATMENT CENTERS

June 2013- September 2013

Facilitator of weekly Relationship Skills Group.

DOCTORAL INTERN, GATEWAYS MENTAL HEALTH HOSPITAL

September 2011- September 2012

Provide brief therapy/crisis intervention services for adults and adolescents in an acute stabilization mental health unit. Patients are on holds for danger to self, danger to others, and grave disability. Work with psychiatrists, nurses, and social workers in treatment team.

DOCTORAL INTERN, VIOLENCE INTERVENTION PROGRAM

September 2010- August 2011

Provided assessments, mental status exams and evaluations for children seen in the CATC. Provide ongoing individual therapy for children and their families. Consult with medical professional in order to coordinate services for treatment planning.

PRACTICUM TRAINEE, WISE & HEALTHY AGING

August 2008- August 2009

NOT YET RETAINED

Offered individual therapy to older adults suffering from various Axis I and Axis II disorders. Co-facilitated a Dialectical Behavioral Therapy (DBT) group. Provided in-home therapy to older adults in the community through Field Capable Clinical Services (FCCS). Collaborated with treating psychiatrist and social workers.

MFT TRAINEE, AIRPORT MARINA COUNSELING SERVICE

August 2006- August 2007

Provided individual and group therapy for adults suffering from a variety of Axis I and Axis II diagnoses. Attended weekly didactic trainings. Composed periodic psychosocial reports utilizing psychodynamic theory to conceptualize clients. Corresponded with treating psychiatrist to monitor client medication.

EDUCATION

**ALIANT INTERNATIONAL UNIVERSITY, LOS ANGELES, CA, DOCTOR OF PSYCHOLOGY
CLINICAL PSYCHOLOGY- FAMILY AND COUPLES EMPHASIS**

August 2012

**UNIVERSITY OF SOUTHERN CALIFORNIA, LOS ANGELES, CA, MASTER OF ARTS
MARRIAGE AND FAMILY THERAPY**

May 2007

**LOYOLA MARYMOUNT UNIVERSITY, LOS ANGELES, CA, BACHELOR OF ARTS,
PSYCHOLOGY**

May 2005

AFFILIATIONS/MEMBERSHIPS

American Psychological Association (APA)

Los Angeles County Psychological Association (LACPA)

International Association of Eating Disorder Professionals (IAEDP)

National Eating Disorder Association (NEDA)
