

Dr. Imme Staeffler, Psy.D.

SUMMARY

California licensed Psychologist with a background in psychodynamic and brief psychotherapies, psychological assessment and diagnosis, private practice, community mental health and medical settings, homeless population, geriatric population, adults, late teens, mild to moderate impairments and severe and persistent mental illness/addiction. Currently practicing in private practice. Experience level: six years+ post lic.

LICENSE STATUS/NATIONAL PROVIDER NUMBER

PSY 29936, issue date 03/06/2018, Psychologist in California.
NPI 1558875351

Education

Meridian University, Petaluma, CA:	Psy.D. Clinical Psychology
Meridian University (formerly: Institute of Imaginal Studies):	M.A. Psychology
Sonoma State University, Rohnert Park, CA:	B.A. Psychology, B.A. Physics
Staatl. Fachoberschule Kulmbach Kulmbach, Germany:	Fachabitur, Technischer Zweig

Professional Affiliation

American Psychological Association (APA)

Foreign Languages

German, native speaker

SKILLS

- Brief and long-term individual and group psychotherapy for adults
- Psychodynamic Therapy
- Psychological assessment and diagnostic evaluation
- Depth Psychology
- Mindfulness and somatic therapy informed approaches
- Developing specialty: Internal Family System (IFS)
- Mindful Cognitive Behavioral Therapy (MBCT), Dialectical Behavioral Therapy (DBT)
- Chronic PTSD, mood disorders
- Life transitions and self-development: college, career, midlife, retirement
- Severe and chronic mental illness, addiction
- Consultation
- Clinical program development and oversight
- Blogging/ social media communications on clinical issues and psychology

EXPERIENCE

Psychologist, Owner

Dr. Imme Staeffler, Psy.D., San Francisco, CA.

Private practice. Conduct psychotherapy, consultation.

Aug 2018 to current

Clinical Psychologist

Memory Check Psychological Services, Los Angeles, CA

Provide psychological assessment and psychotherapy for a geriatric population in skilled nursing facilities (SFN), and general adult population with commercial health insurance plans.

Aug 2021 to Feb 2023, Mar 2018 to Dec 2018

Staff Psychologist

Contract/Volunteer with A Home Within, Oakland, CA

Provide foster care psychological services, open-ended individual psychotherapy, to current and former foster youth.

Mar 2021 to Dec 2023

Clinical Psychologist

Ritter Center, San Rafael, CA

Provide psychological services and staff consultations to patients in a medical clinic, which is a State of California Licensed Community Clinic and a Federally Qualified Health Center (FQHC).

Oct 2018 to June 2021

Psychological Assistant to Dr. Vernita Marsh, Ph.D.

Dr. Vernita Marsh and Associates, Oakland, CA

Completed psychological assessments, established diagnosis and provided psychotherapy to adults and couples/families. Also wrote reports for worker's compensation program authorization and treated psychological issues related to chronic pain and work injury.

Sep 2016 to Feb 2018

Psychological Assistant

La Cheim Behavioral Health Services, Oakland, CA

Oct 2014 to May 2017

Facilitated brief psychotherapy and case management in a partial hospitalization and intensive outpatient program (IOP/PHP).

Onsite Resources Specialist

Contract with ComPsych, Chicago, IL

Sep 2013 to Jul 2018

Offer resources for behavioral and emotional health, family, wellness issues and other life challenges. Report store trends to the executive team. Achieved over 75% employee engagement.

Program Manager

On Lok Lifeways, San Francisco, CA

Sep 2012 to Apr 2013

Oversaw the daily operation of the Rose Center, a Program of All-Inclusive Care for the Elderly (PACE) for 150 participants with skilled nursing needs at home. Managed a multi-disciplinary team of 30+ staff.

Social Services Worker II

Canyon Manor, Mental Health Management Inc., Novato, CA Oct 2006 to Sep 2012

Delivered services in a sub-acute, locked psychiatric hospital, a Mental Health Rehabilitation Center (MHRC). Provided case management, group, individual and family counseling, in-service staff training, case presentation.

Internet Presence

www.sfbaypsychotherapy.com