

JAYSON FIELDS JR, DC

PROFESSIONAL SUMMARY

Motivated Doctor of Chiropractic dedicated to patient-centered care, pain relief, and long-term wellness. Experienced in developing individualized treatment plans, providing hands-on care, and educating patients on injury prevention and recovery. Passionate about improving quality of life through evidence-based chiropractic care.

PROFESSIONAL EXPERIENCE

Doctor of Chiropractic

Athletic Kinection – Long Beach, CA

Feb 2026 – Present

- Provide chiropractic adjustments, soft tissue therapy, and corrective care
- Develop and implement individualized treatment plans
- Educate patients on at-home exercises, stretches, and lifestyle modifications
- Maintain accurate and up-to-date patient documentation
- Support community wellness initiatives and special events

Doctor of Chiropractic

Bloch Chiropractic Wellness & Sports Medicine – Long Beach, CA

Feb 2025 – Feb 2026

- Provide chiropractic adjustments, soft tissue therapy, and corrective care
- Develop and implement individualized treatment plans
- Educate patients on at-home exercises, stretches, and lifestyle modifications
- Maintain accurate and up-to-date patient documentation
- Support community wellness initiatives and special events

Chiropractic Intern / Extern

Bloch Chiropractic Wellness & Sports Medicine – Long Beach, CA

Aug 2023 – Jan 2025

- Assisted and independently treated patients with adjustments and soft tissue therapy
- Collected patient histories and completed clinical documentation
- Educated patients on modalities and rehabilitation exercises
- Delivered and retrieved HBOT rentals for patient care

Server / Bartender

Buffalo Wild Wings – Long Beach, CA

Jun 2019 – Dec 2023

- Delivered high-quality customer service in a fast-paced environment
 - Managed high-volume orders while maintaining efficiency and accuracy
 - Prepared cocktails and beverages for full-service restaurant operations
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EDUCATION

Doctor of Chiropractic

Southern California University of Health Sciences – Whittier, CA

Bachelor of Science, Exercise Science

California State University, Long Beach

SKILLS

- Patient assessment & observation
 - Chiropractic adjustments & soft tissue therapy
 - Treatment planning & patient education
 - Communication & customer service
 - Team collaboration & leadership
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CERTIFICATIONS

- CPR Certification
- First Aid Certification