

DR. JESSE WADE
CA License # PSY30980

CURRICULUM VITAE

OCCUPATION & EMPLOYMENT

- 01/2022- present **Private Practioner of Mental Health Therapy**
Jesse Wade Therapy Inc.
Sacramento, California
In this role as a private practice therapist I provide mental health therapy, counseling and assessment services to clients seeking support, awareness and understanding. With my clients I use a Cognitive Behavioral Therapy modality, while also applying a humanistic approach. I have also been providing psychological evaluations to Sacramento County Child Protective Services clients (parents) and court appointed agencies related to representing parents dealing with CPS. These exams have involved intellect, personality and general functioning assessments.
- 10/2021- present **Veteran Disability Evaluation Examiner**
Optum (a nation-wide vendor for the Dept. of VA)
Sacramento, California
In this role I am in independent contractor who meets with veterans and conducts mental health examinations to diagnose and determining if their reported condition is a result of their military service. This work involves diagnosing mental health illnesses such as depression, anxiety, and Post-Traumatic Stress Disorder related to military service that includes combat and military sexual trauma.
- 8/2020 – 9/2021 **Licensed Clinical Psychologist, GS-13, Step 3**
Citrus Heights Vet Center, Dept. of Veterans Affairs
Citrus Heights, California
The Department of Veterans Affairs provides over 300 community-based counseling centers in the U.S. In my role as a psychologist I provided a range of social and psychological services including readjustment counseling to combat veterans, therapy to victims of military sexual trauma, and bereavement counseling for families who experience an active duty death. The clients of vet centers are diverse and includes veterans from multiple conflicts, branches of service, ethnicities, races, religions, and those who may identify as LGBTQ+. The primary behavioral health concerns treated were PTSD, depression, and anxiety, with some supportive treatment related to drug and alcohol abuse, and serious mental illness. Duties also include conducting diagnostic evaluations, organizing and offering veteran outreach events, and coordinating with Veteran Service Officers from multiple counties to help veterans establish disability benefits related to military service.

8/2016 - 7/2020

Licensed Clinical Psychologist, GS-13, Step 1 (granted May 28, 2019)

San Francisco Vet Center, Dept. of Veterans Affairs
San Francisco and San Rafael, California

The duties performed were the same as those listed in the job description for a Licensed Clinical Psychologist above. During this period of time I transitioned from an unlicensed psychologist under supervision to a licensed psychologist. My license was granted after meeting all requisite requirements and passing the EPPP and the California Psychology Law and Ethics Exam (CPLEE). The supervision received prior to licensure took the place of a formal post-doctoral fellowship. I also supervised and managed the San Rafael location.

PRESENTATIONS & TRAINING

7/2019

Readjustment Counseling Services Annual Training Conference

Virtually Conducted

I was a presenter and provided a dual case study of different treatment approaches to two female clients recovering from military sexual trauma. Training was a week-long and covered suicide, whole health, military sexual trauma, IPV, and Ethics.

4/2021

Cognitive Processing Therapy

Department of Veterans Affairs approved and certified CPT training. Cognitive processing therapy is a manualized therapy used by clinicians to help people recover from posttraumatic stress disorder and related conditions. It includes elements of cognitive behavioral therapy treatments.

7/2019

Readjustment Counseling Services Annual Training Conference

Tempe, Arizona

I was a featured speaker during week-long behavioral health clinician training provided by Vet Center/ Readjustment Counseling Service leadership. Presentation was 2.5 hours in length and was titled: CBT, Veterans, and Vet Center Counselors

7/2018

Readjustment Counseling Services Annual Training Conference

Reno, Nevada

A week-long behavioral health clinician training provided by Vet Center/ RCS leadership. It included workshops, lectures, crisis management training, and professional guidance seminars.

EDUCATION

8/2012 - 6/2016 **Doctor of Psychology, Clinical Counseling**
California School of Professional Psychology
Alliant International University
San Francisco, California
APA Accredited Program

6/2009 - 7/2011 **Associates in Arts, Business Administration**
Department of Business Education
Cuesta College
San Luis Obispo, California

9/1997 - 5/2003 **Bachelor of Arts, Cinematic & Theatrical Production**
Department of Theater and Film
Humboldt State University
Arcata, California

SUPERVISED CLINICAL & BEHAVIORAL HEALTH EXPERIENCE

7/2015 - 7/2016 **APA Accredited Psychology Internship**
Northern Arizona Veterans Administration Health Care System
Prescott, Arizona
The internship was comprised of two six-month major rotations that took place in the Primary Care Mental Health Integrated/ Behavioral Health (PCMHI/BH) unit and in a dual diagnosis domiciliary. Minor rotations during the internship consisted of three four-month rotations in Home Based Primary Care, Pain Management, and Clinical Program Development. The PCMHI/BH rotation involved working directly with primary care teams comprised of interdisciplinary professionals to address patient's mental health concerns and behavioral issues related to their medical needs. Treatment provided was short-term, solution-focused and emphasized patient-centered care and empowerment. Responsibilities involved providing consultation, assessment, and brief, empirically supported individual therapy for veterans with medical problems and psychological concerns (i.e. chronic pain, diabetes, smoking, insomnia, depression, and anxiety). Further duties encompassed assisting with a variety of individual and group interventions that included biofeedback, CBT for Insomnia, CBT for Smoking Cessation, and using ACT for Chronic Pain. The domiciliary was a 120-bed residential program for veterans with various mental health disorders, including substance use disorders, serious mental illness, as well as Veterans who were homeless or formerly incarcerated. Responsibilities on this major rotation involved client case management, attending and participating in staff meetings, multidisciplinary treatment team meetings, applicant

screening committees, and clinical consultation committee meetings.

- 7/2014 - 5/2015 **Third Year Psychology Extern**
Santa Rosa Veterans Affairs Community Based Outpatient Clinic
Santa Rosa, California
Oversaw a caseload of 30 veterans and provided individual and group therapy to veterans with depression, anxiety, personality disorders, and PTSD.
- 3/2014 - 8/2014 **Forensic Report Writer**
San Francisco, CA
Working for Shawn McCall, Psy.D.
Writing forensic, custody evaluations, and child need assessments reports for private and judicial review. Reports addressed client's severity and etiology of psychological and educational concerns.
- 8/2013 - 6/2014 **Second Year Psychology Extern**
Davis Street Family Resource Center
Community Mental Health Clinic
San Leandro, California
Provided community-based counseling services and conducted psychological assessments to a revolving caseload of 10 children, adolescents, adults, older adults, and couples. Received training in crisis management, cultural awareness, moral and ethical implications, and responsibilities of the therapeutic relationship.
- 10/2012 - 6/2013 **First Year Psychology Extern**
Oakland Veterans Affairs Behavioral Health Clinic
Oakland, California
Provided mental health and substance abuse treatment services using cognitive behavioral therapy and music therapy. Co-facilitated small and large psychotherapy groups addressing veterans' substance abuse and psychosis, and delivered individual therapy.

CLINICAL RESEARCH EXPERIENCE

- 5/2013 – 5/2014 **Research Assistant**
Cognitive Remediation Study of Participants with Schizophrenic Symptoms
Vinogradov Schizophrenia Assessment Laboratory
Principal Investigator: Sophia Vinogradov, MD
San Francisco Veterans Affairs Medical Center
San Francisco, CA
Assessed treatment and control participants using broad range of neuropsychological tests for a computer-based intervention study of individuals with schizophrenic symptoms.

10/2012 - 6/2013 **Research Assistant**
Effects of Introduction of Novel Medication on Stress and Learning in
Participants with PTSD
Principal Investigator: Sabra Inslicht, PhD
San Francisco Veterans Affairs Medical Center
San Francisco, California
Conducted phone assessments of potential research participants, assessed
trauma history, PTSD symptoms, mental health history, and substance-use
history.

4/2012 - 6/2012 **Research Assistant**
Relationship Between PTSD, TBI, and Alzheimer's Disease
Alzheimer's Disease Neuroimaging Initiative (ADNI)
Principal Investigator: Michael Weiner, MD
San Francisco Veterans Affairs Medical Center
San Francisco, California
Screened and assessed potential participants for a research study
examining the effects of traumatic brain injury (TBI) and posttraumatic
stress disorder (PTSD) on the development of Alzheimer's Disease in
veterans.

PREVIOUS WORK EXPERIENCE

9/2011 - 4/2012 **Transitional Facility Supervisor**
North Coast Veterans Resources Center
Eureka, California
Oversaw and maintained physical security of 36 veterans
transitioning or recovering from homelessness, incarceration, or
substance abuse addiction.

9/2009 - 5/2011 **Veterans Certifying Official Assistant**
Cuesta College
San Luis Obispo, California
Assisted veterans in college by certifying GI Bill eligibility. Advised
veterans of benefits, rights, opportunities, and requirements for accessing
benefits.

11/2004 - 11/2008 **Enlistment in United States Air Force, Staff Sergeant, E-5**
37th Airlift Squadron, Ramstein Air Base
United States Air Forces Europe, Germany
Provided supervision and direction of on-load and off-load for C-130
aircraft, which included up to 100 passengers, and/or cargo and hazardous
materials.

PEER-REVIEWED PRESENTATIONS

Wade, J. Elevating Diversity Conference: Veterans and Wounded Warriors: College, Classroom, and Beyond. Los Medanos Community College, Antioch, California. April 2015.

Wade, J., Sammons, M., & Perez, K. Military Sexual Trauma: Understand. Intervene. Prevent. California Psychological Association Annual Conference, Monterey, California. April 2014.

PUBLICATIONS

Wade, J., (2016). Back home after war: When veterans live with their parents after combat. ProQuest, 10119471

Ghiselli, N., & Wade, J. (2015). To laugh in the face of war [Review of the motion picture Comedy Warriors- Healing Through Humor, 2013, directed by J. Wager. PsycCritiques, 60(14). doi: <http://dx.doi.org/10.1037/a0038997>

PROFESSIONAL PRESENTATIONS

Wade, J. *CBT, Veterans, and Vet Center Counselors*. Continuing Education. Regional Readjustment Counseling Services Annual Training Conference, Tempe, Arizona. July 2019.

Wade, J. *Problem Solving and Schizophrenia*. Continuing Education. Vinogradov Schizophrenia Research Laboratory, San Francisco Veterans Affairs Medical Center, California. January 2014.

Wade, J. *Social Cognition and Schizophrenia*. Continuing Education. Vinogradov Schizophrenia Research Laboratory, San Francisco Veterans Affairs Medical Center, California. October 2013.