Dr. Kaleb Singleton is a licensed clinical psychologist with over a decade of experience serving diverse populations across forensic, correctional, developmental, and outpatient settings. He brings an eclectic and compassionate approach to therapy, integrating cognitive-behavioral techniques with a client-centered focus grounded in empathy, self-acceptance, and respect for the human condition.

Dr. Singleton holds a Doctorate in Clinical Psychology from California Southern University and a Master’s in Education from the University of Akron. He is licensed to practice in both California and Wisconsin.

In his current role with California Psychiatric Associates, Dr. Singleton provides direct forensic psychological services, including crisis intervention and comprehensive assessments. He also delivers trauma-informed teletherapy through Rula Health and the Valero Law Group, where he supports adult and adolescent clients facing anxiety, depression, PTSD, and abuse-related trauma.

Dr. Singleton has served in numerous clinical capacities, including as a psychological associate for the Wisconsin Department of Corrections and a clinician at Rogers Memorial Hospital’s Adolescent Dual Diagnosis Program. His early career included behavioral health roles in Ohio, where he worked as Assistant Director of the Community Service Network at Northcoast Behavioral Healthcare, developing staff training and intervention programs focused on safety, morale, and mental health outcomes.

Through all his roles, Dr. Singleton remains grounded in his belief that therapy is a collaborative journey. He creates safe, nonjudgmental spaces for clients of all backgrounds.