# Kokil Malik Chopra

- Currently licensed in state of California (License number: A119463)
- Board certified in Psychiatry and Psychosomatic Medicine
- Over 17 years of clinical experience in large general hospitals

## **Education**

		07/0010	
UNIVERSITY OF WASHINGTON,	Fellowship in Psychosomatic	07/2012-	
Seattle, WA	Medicine	06/2013	
EASTERN VIRGINIA MEDICAL	Psychiatry Residency	07/2007-	Chief Desident
SCHOOL,		06/2011	Chief Resident
Norfolk, VA		00/2004	
MGM MEDICAL COLLEGE	Awarded medical degree (M.B.B.S.)	08 / 2004	Awarded Honors
India DIDLA VIDVA DIVETADI	<u> </u>		in Medicine.
BIRLA VIDYA NIKETAN	High School	04/1995	
New Delhi			
Work Experience	1		
<ul> <li>Outpatient psychiatrist County of San Mateo, California</li> </ul>		10/201	5 - Present
<ul> <li>Extra Help C-L Psychiatrist San Mateo Medical Center, Californi</li> </ul>	a	10/201	6-03/2022
<ul> <li>Attending Psychiatrist on Inpatient Psychiatry unit Harborview Medical Center, Seattle, Washington</li> </ul>		08/2013 - 09/2015	
<ul> <li>Medical Officer on Duty (MOD)- part time Eastern State Hospital, Williamsburg, Virginia</li> </ul>		11/2011 - 06/2012	
<ul> <li>Independent teaching contractor for Database Solutions &amp; Training, LL</li> </ul>	Visiting Nursing Services of New York C		07 – 05/2007
<ul> <li>IDX Carecast Consultant CCT Solutions, Ltd., New York</li> </ul>		05/200	06 - 03/2007
<ul> <li>Extern, Department of Psychiatry Zucker Hillside Hospital, New Hyd</li> </ul>	le Park, New York	03/20	06 - 03/2007
<ul> <li>EKG Instructor Micropower Institute, New York, 1</li> </ul>	New York	07/200	06 - 12/2006
<ul> <li>Student advisor Kaplan test prep and admissions, F</li> </ul>	Palo Alto, CA	06 / 20	05 - 03/2006
<ul> <li>Observer Dr. Bhupinder Bhandari's clinic in</li> </ul>	Fremont, CA	03 / 20	05 – 09 / 2005

 Junior resident, Department of Psychiatry Safdarjung Hospital, New Delhi, India
 Junior Resident, Department of Obstetrics/Gynecology Safdarjung Hospital, New Delhi, India
 Intern Safdarjung Hospital and V.M.M.C New Delhi, India
 08 / 2002 - 08 / 2003

### Publications/Presentations/Poster Sessions

- Presented a CME on "Vitamin D and Mental Health" (April 2020)
- Chopra Kokil (April 2011) Research Seminar, Department of Psychiatry, EVMS, Norfolk, VA
- Spiegel DR, Chopra K, Chopra K, Lamm K, Somova M, Yoder G "Textbook of Psychiatry, Dissociative Disorders Chapter." Wiki Textbooks, January 18 2010 <u>http://en.wikibooks.org/wiki/Textbook of Psychiatry/Dissociative Disorders</u>
- David R. Spiegel, MD, Lindsay Holtz, MD, Kokil Chopra, MBBS. A case of mania in a Patient with Systemic Lupus Erythematosus: Can its Inflammatory Pathogenesis be applied to Primary Mood disorders? Psychiatry (Edgmont) 2010 April; 7(4): 31–36.
- Chopra K, J. Edwin Nieves, Chopra K (February 2009) Grand Rounds, Department of Psychiatry, EVMS, Norfolk, VA
- Chopra Kokil (February 2009) Medicine-Psychiatry Case Conference, Department of Psychiatry and Internal Medicine, EVMS, Norfolk, VA
- Nieves, J, Chopra Kokil, Chopra Kapil Mass Murders, Serial Killings & The Obscure Part of Psychiatry- a
  poster presentation done at the PSV 2008 conference and International Forensic Psychiatry Conference in
  India.
- Ravi Kant, Kokil Malik, Bina Ravi, Shashi Prateek, Renu Bansal Newer Prognostic markers in Breast cancer, Bulletin of Association of Obstetricians and Gynecologists of Delhi,01 / 2003, Volume: Vol3 Issue1
- Kokil Malik, Renu Bansal, Neema Sharma, Bina Ravi, Shashi Prateek, Ravi Kant, Prevention of Surgical site Infection: Role of Drapes and Gowns, Bulletin of the Association of Obstetricians & Gynecologists of Delhi, Publication Date: 10 / 2002, Volume: 2, Pages: 15-16

# Teaching Experience

- Faculty, County of San Mateo Residency Program
- Supervise medical students and Psychiatry residents when rotating through the clinic.
- Held Psychopharmacology lectures for PGY-2 and PGY-3 Psychiatry residents.
- Supervised medical students rotating through Department of Psychiatry at Eastern Virginia Medical School, Norfolk, VA and Veteran Affairs Medical Center, Hampton, VA.
- Various presentations during Didactics (Psychodynamics and CBT case presentations, research seminar, participation in mock interviews) as a means of teaching to the fellow residents.
- Held Didactics for PGY-1 residents in the capacity of a chief resident.
- Held psychopharmacology lectures for psychology interns.

• Held didactics on psychotherapy for medical students in the capacity of a chief resident.

#### **Professional Societies/ Memberships**

- Member of Pharmacy & Therapeutics Committee, BHRS, County of San Mateo, CA
- American Psychosomatic Society, member
- Health is Wealth Foundation, India, member and International Liaison, USA

### Honors/ Awards/Accomplishments

- Participate in Annual Health Camps in rural villages of India organized by Health is Wealth Foundation, India
- Awarded Resident Research Award 2011
- Elected as the Chief Resident, 2010-2011
- Awarded certificate of appreciation for community work in Rural Health Camps organized by 'Health is Wealth Foundation' (India) (2009).