EDUCATION

| July 2004 | Psy.D. in Clinical Psychology, Forensic/Family-Child Track, California School |
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| | of Professional Psychology at Alliant International University, Alameda, |
| | California |
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August 2002 M.A. in Clinical Psychology, Forensic/Family-Child Track, California School of Professional Psychology at Alliant International University, Alameda, California

June 2000 B.A. in Liberal Arts, Dual Emphasis in Psychology and Cultural Studies, John F. Kennedy University, Orinda, California

CERTIFICATIONS

- September 2009 Substance Abuse Professional Certification
- October 2017 Certified Divorce Mediator
- October 2018 Treatment Strategies for Returning Troops Certificate
- December 2023 Certified Immigration Evaluator

CLINICAL EXPERIENCE

8/2006 – Present Private Practice



Provide psychotherapy and Psychological Assessment to adults and adolescents. Treatment modalities include: Individual, couples, and family therapy. Areas of Specialty: Children, Adolescents, Families, Divorce, Child Custody, Blended Pamilies, Couples, Co-Parenting Issues, Forensic evaluations, Psychological Assessment, Domestic Violence, Multicultural populations, specifically, African-American and Middle Eastern populations, Disability Management, Bereavement Issues, Mood Disorders, Anxiety Disorders, EAP, Military Families – Spouses, Deployment/Relocation Concerns, Returning Military, Retired Military, Dual Diagnosis, Substance Abuse, Geriatric Populations.

CLINICAL EXPERIENCE (CONT'D)

6/2011 – 01/2019 Independent Contractor **MSLA**

> Work with an outsourced Veterans Administration contractor to Perform Compensation and Pension Evaluations with Military Veteran Populations for General Disability and Traumatic Brain Injury: Social Security Disability Evaluations.

8/2011 – 03/2020 Independent Contractor QTC, Management Inc.

> Work with an outsourced Veterans Administration contractor to Perform Compensation and Pension Evaluations with Military Veteran Populations for General Disability; Social Security Disability Evaluations.

2007-2015 Independent Contractor Psychological Assessment Child Protective Services

> Perform comprehensive psychological evaluations and physical observations to assist child protective service agencies in determining child custody decisions, including but not limited to, reunification, determination of parental rights and physical custody determinations. Establish mental health diagnoses where appropriate and make recommendations regarding treatment, training, education and appropriate level of supervision.

2/2016-10/2022 Talkspace

Provide online individual and couples psychotherapy using HIPPA compliant telehealth platform. Areas of Specialty: Anxiety, depression, stress, life transitions, children and family and relationship issues.

10/2016-Present Online Care Group/Amwell Psychology

Provide online individual and couples psychotherapy using HIPPA compliant telehealth platform. Areas of Specialty: Anxiety, depression, stress, life transitions, children and family and relationship issues.

CLINICAL EXPERIENCE (CONT'D)

7/2003- 3/2006 Portia Bell Hume Behavioral Health Center Director, Outpatient/Prevention Services – Contra Costa County

> Develop, implement and enforce procedures regarding the delivery of outpatient psychotherapy services. Provide intern training and orientation regarding provision of outpatient services within a brief therapy model. Perform initial intake for outpatient treatment and/or referral to in-house partial hospitalization program. Assess continuing medical necessity for reauthorization of treatment. Provide training and orientation regarding billing procedures for Medi-Cal, Medicare and other private insurance carriers. Collaborate with clinical supervisors regarding intern training and performance. Act as liaison between agency and community. Serve on agency interdisciplinary management team. Develop referral network. Develop department budget including forecasting department fiscal and staffing needs. Perform intake evaluations and crisis intervention. Provide individual, couples and family therapy using various treatment modalities. Collaborate with social service agencies regarding family reunification plans. Facilitate groups within scope of agency partial hospitalization program for acutely and chronically mentally ill clients. Facilitate recruitment of trainees for the Outpatient Department. Provide administrative supervision to department trainees as well as department administrative staff.

> Areas of Specialty: Adolescents, Families, Child Custody, Forensic evaluations Domestic Violence, Multicultural populations, specifically, the African-American population, Bereavement Issues, Mood Disorders, Anxiety Disorders, Dual Diagnosis, Geriatric Populations.

9/2002-6/2003 Contra Costa County Forensic Mental Health Unit Conditional Release Program (CONREP)

Perform evaluations of mentally disordered offenders (MDO's) in detention settings to determine appropriate placement. Co-facilitate therapy groups for outpatient clients as well as at CONREP's residential board and care facility. Maintain case load of individual psychotherapy clients. Perform liaison duties with clients preparing for discharge from Napa State Hospital. Provide psychological assessment of clients as necessary. Co-facilitate recovery groups for residents in sober living environment.

Areas of Specialty: Adolescents, Families, Child Custody, Forensic evaluations Domestic Violence, Multicultural populations, specifically, the African-American population, Bereavement Issues, Mood Disorders, Anxiety Disorders, Dual Diagnosis, Geriatric Populations.



CLINICAL EXPERIENCE (CONT'D)

8/2001-6/2002 Contra Costa County Mental Health – Y-Team

Provide individual and collateral family therapy to high school aged adolescents in school as well as clinic settings. Develop curriculum for and facilitate therapy group for teenaged mothers and girls who are at risk of becoming teenaged mothers. Provide crisis intervention as necessary. Connect clients and family members to community services and resources.

9/2000-6/2001 Napa/Solano Head Start

Provide mental health services for at-risk three and four-year olds in a milieu setting. Design interventions using play therapy for use in working with this population. Assist Head Start staff in case management duties, including participation in Individualized Education Plan (IEP) meetings, home visits and locating and promoting community resources. Co-facilitate parenting groups.