

Lisa Carmack

Outpatient Clinical Therapist - Private Practice

Professional Summary

Accomplished psychologist with 20+ years of outpatient clinical practice and academic supervision. Licensed clinical psychologist skilled in advanced psychotherapy, crisis intervention, and cognitive behavioral therapy. Expertise in individual and family counseling complements a strong record in clinical documentation and independent work, aligning with medicolegal and expert consultation opportunities.

Work Experience

Outpatient Clinical Psychologist

Private Practice-Los Angeles, CA

June 2004 to Present

- Provided comprehensive outpatient psychotherapeutic mental health services for individuals, couples, and families, including diagnostic evaluations and clinical documentation.
- Assisted clients with transitions, anxiety, depression, substance abuse, body image, and sexuality, maintaining objectivity and confidentiality in all cases.
- Supported families in creating and maintaining open communication regarding conflicting feelings, fostering effective conflict resolution and empathy.
- Worked independently to assess, diagnose, and develop treatment plans, ensuring accurate and timely record-keeping in compliance with professional standards.
- Delivered expert opinions and recommendations in complex cases, demonstrating strong written communication and analytical skills.

Director of Doctoral Internship Program

Los Angeles Child Guidance Clinic-Los Angeles, CA

April 2010 to July 2014

- Provided individual and group clinical supervision for ACSW and MFT clinicians, emphasizing ethical practice and accurate clinical documentation.
- Led the doctoral internship program, ensuring supervisees adhered to scope of practice and delivered culturally competent, family-centered services.
- Tracked and reviewed supervisee caseloads through direct contact and consistent chart review, maintaining high standards of quality assurance and compliance.
- Facilitated ongoing communication with faculty and advisors, supporting professional development and adherence to California Psychological Internship Council (CAPIC) standards.
- Trained interns in crisis intervention, risk assessment, and community outreach, reinforcing the importance of objective evaluation and thorough documentation.

Education

Clinical Psychology (Ph.D.)

California Graduate Institute-Los Angeles, CA

1995 to 1998

Clinical Psychology (M.A.)

California Graduate Institute-Los Angeles, CA

1993 to 1995

Psychology and Philosophy (B.A.)

New School for Social Research-New York, NY

1989 to 1992

Skills

Licensed clinical psychologist Clinical documentation Diagnostic evaluations
Psychological assessment Report writing Individual therapy Crisis intervention
Cognitive behavioral therapy Psychotherapy Behavioral health Trauma response
Supervision and training Risk assessment Objectivity in evaluations

Certifications and Licenses

Licensed clinical psychologist