

# Lanikai Clouse, PsyD

Licensed Psychologist, PSY21918

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## EDUCATION

PsyD, Clinical Psychology	California School of Professional Psychology Los Angeles, CA	2005
MA, Clinical Psychology	California School of Professional Psychology Los Angeles, CA	2003
BA, Psychology	Pepperdine University, Malibu, CA	1997

## CLINICAL EXPERIENCE

**Lanikai Clouse Psychological Services, Pasadena, California** **1/13-present**  
*Clinical Psychologist, Private Practice, Owner*

- Administer psychotherapy to adolescents, adults, LGBTQ and geriatric populations through individual, family and couples' modalities with utilizing cognitive-behavioral, family systems, and attachment theory techniques
- Areas of specialty include bipolar spectrum and depressive disorders, substance use and addiction issues (sex, food, gaming), trauma related syndromes including Post-Traumatic Stress Disorder and anxiety disorders.
- Assess and diagnose clinical symptoms, with creating and implementing a treatment plan to address patient's concerns and goals
- Conduct Psychological Evaluations for purposes of assessing the psychological fitness for professional practice for those facing sanctions by their independent licensing boards

**Jewel City Treatment Center, Glendale, California** **4/24-present**  
*Clinical Psychologist, Contractor*

- Facilitate group psychotherapy for adults attending outpatient treatment for substance use disorders
  - Provide weekly assessments for individuals in detox phase of treatment to monitor for motivation for treatment, current functioning and risk assessment
  - Conduct individual psychotherapy with individuals in the sober living environment to support their efforts to remain sober and stable
- Clinical Director- Rochelle Karapetian, PsyD

**Carlson and Associates, Pasadena, California** **4/08 -12/12**  
*Clinical Psychologist, Assistant Director of Group Private Practice*

- Provided individual, couples, and family psychotherapy to the adult population in both outpatient and inpatient hospital settings
- Specialized in treating adults with substance dependence and bipolar spectrum disorders, depression, anxiety, family issues associated with co-dependency and addiction, sex and pornography addiction, LGBTQ issues, personality disorders, and psychological issues related to trauma and post-traumatic stress disorder.
- Supervised and trained Psychological Assistants
- Maintained Medical Staff privileges at Aurora Las Encinas Hospital through 2010 to provide inpatient care to patients hospitalized due to acute mental health symptoms

**Vericare, Pasadena, California**

**10/08-3/09**

*Clinical Psychologist*

- Provided individual psychotherapy to the elderly population in independent and assisted residential settings as well as in Skilled Nursing Facilities
- Assisted in the assessment and development of individualized treatment plans for each patient and administered cognitive testing as indicated
- Collaborated with other treatment teams members to assist with overall care of the patient

**Farinha and Associates, Pasadena, California**

**1/07- 4/08**

*Registered Psychological Assistant*

- Conducted individual, family and couples' psychotherapy to the adult population in both the outpatient and inpatient settings
- Specialized in treating adults with co-occurring disorders such as substance dependence and bipolar spectrum disorders, depression, anxiety, family issues associated with co-dependency and addiction and psychological issues related to trauma
- Assisted with completing Psychological Assessments of inpatients in the Chemical Dependency Program at Aurora Las Encinas Hospital

Supervisor- Michael Farinha, PhD

**Aurora Las Encinas Hospital, Pasadena, California**

**2/08-10/08**

*Clinical Manager, 2 South Program*

- Responsible for the development and execution of policies and procedures for exclusive inpatient psychiatric unit
- Assisted in the assessment and development of individualized treatment plans for each patient
- Facilitated psychotherapy groups with dually diagnosed patients in an inpatient setting addressing a range of psychiatric issues from various addictions, mood disorders and trauma
- Conducted trainings for mental health workers and assessed personnel for purposes program development, improvement and implementation

Clinical Director- Tim Pylko, MD

*Residential Treatment Center Program Manager/Chemical Dependency*

**9/06 -2/08**

*Unit Psychotherapist*

- Facilitated psychotherapy groups with dually diagnosed adults in a residential treatment setting
- Case managed RTC patients to monitor treatment progress, appropriateness for level of care and successful discharge planning
- Conducted psychosocial assessments
- Provided crisis support to patients and staff as needed

Program Medical Directors- Drew Pinsky, MD, Barry Blum, MD

*Therapist- Social Services (Per Diem)*

5/05- 9/06

- Facilitated psychotherapy groups with adults and adolescents in an acute inpatient setting who are dealing with varying clinical issues related to depression, substance abuse, dual diagnosis, anxiety and psychosis
- Conducted psychosocial assessments with patients to help determine clinical improvement from intake, on-going risk factors and plan for discharge
- Provided crisis support to patients and staff as needed

Supervisor- Margaret Andricos, LMFT

**Family Stress Center, North Hills, California**

9/05-8/06

*Post-Doctoral Resident/ Registered Psychologist*

- Facilitated individual, family and group psychotherapy with children dealing with clinical issues related to trauma and resulting diagnoses conceptualized from a psychodynamic orientation
- Responsible for treatment plan coordination and completion and maintenance of County of Los Angeles Department of Mental Health documentation including completion of intakes
- Conducted psycho-diagnostic assessments to augment individual and group treatment planning and to make recommendations of interventions to facilitate client's overall functioning
- Supervised practicum level graduate student by overseeing casework and reviewing documentation

Supervisors- Linda Damon, PhD, Sue Schmidt PhD

**Aurora Las Encinas Hospital, Pasadena, California**

9/04- 8/05

*Pre-Doctoral Psychology Intern*

- Responsible for providing individual and group psychotherapy for adults and adolescents dealing with varying clinical issues related to depression, substance abuse, dual diagnosis, anxiety and psychosis
- Emphasis on applying cognitive-behavioral interventions
- Completed necessary documentation including progress notes, psycho-social assessments and chemical dependency assessments

Supervisor- Bobbi Carlson, PhD

**Children's Institute International, Los Angeles, California**

8/03- 7/04

*Registered Psychological Assistant/ Pre-Doctoral Psychology Intern*

- Conducted individual, family, and group psychotherapy with children and adults with a focus on clinical issues related to Domestic Violence and Sexual Abuse
- Applied psychodynamic, cognitive-behavioral and systems interventions with an emphasis on a Multi-Systemic Therapeutic approach
- Responsible for treatment plan coordination, completion and maintenance of County of Los Angeles Department of Mental Health documentation, and for court progress reports

Supervisors- George Bermudez, PhD, Steve Ambrose, PhD

**Los Angeles Gay and Lesbian Center, Hollywood, California**

**9/02-8/03**

*Practicum Intern*

- Involved the delivery of individual psychotherapy to adults on long-term basis utilizing psychodynamic, cognitive-behavioral and systems interventions
- Conducted short-term crisis intervention which involved suicidal assessment, psychiatric referral, and resource evaluation
- Completed intakes for both individuals and couples and assessed therapeutic need for Domestic Violence, Substance Abuse and Crisis interventions
- Created and implemented treatment plans

Supervisors- Daniel Alonzo, LCSW, Joni Lavick, LCSW

### **TEACHING EXPERIENCE**

**Alliant International University, Alhambra, California**

**7/07-7/15**

*Adjunct Faculty*

- Instructed Doctoral-Level Students in areas of ethics, laws pertaining to the practice of psychology, professional development, multi-cultural issues, and risk management
- Responsible for creating and conducting class lectures and lessons plans to meet learning objectives
- Evaluated student progress and monitor student functioning to ensure ethical and appropriate participation in University Program and professional activities

### **SUPERVISED PSYCHOLOGY EXPERIENCE**

**Richstone Family Center, Hawthorne, California**

**1/97-4/97**

*After-School Program Assistant*

- Interacted with and oversaw elementary school-aged children in an after-school program for abused children
- Assisted with facilitating art, drama, and dance activities to encourage participation and interpersonal interaction
- Participated in setting limits and encouraging pro-social behavior

Supervisor- Kathleen Day, MFT

**Camarillo State Hospital, Camarillo, California**

**9/96-12/96**

*Psychological Technician's Assistant*

- Conducted recreational activities for schizophrenic patients such as art, movies and games Assisted with facilitating art, drama, and dance activities to encourage participation and interpersonal interaction
- Interacted with patients, discussing personal issues, problems solving and daily functioning.

Supervisor- John Cahill, Psychological Technician

**Camp David Gonzales Juvenile Detention Facility, Calabasas, California 9/95-2/96**

*Student Program Assistant*

- Organized and assisted in conducting tutoring program between Pepperdine University students and incarcerated male adolescents
- Created lesson plans and problems solving on an individual basis
- Encouraged completion of academic work and discussion of long-term goals

Supervisor- Jon Johnson, PhD Pepperdine University

**The Way Inn Drop-In Center, Hollywood, California 9/96- 12/96**

*Program Volunteer*

- Interacted with runaway adolescents discussing their personal challenges including family and survival issues
- Conducted recreational activities and assisted with serving meals and dispersion of supplies

**REFERENCES**

Available upon request