Lauren Mills Hansen, PsyD

Licensed Psychologist #29957 (California),

EDUCATION

California Lutheran University, Oxnard
Psy.D. in Clinical Psychology - APA accredited
August 2016

California Lutheran University, Oxnard
MS in Clinical Psychology
May 2013

National University, Sherman Oaks
MA in Psychology; Marriage & Family Therapy
February 2011

University of California, San Diego
BA in Psychology with a minor in American Sign Language
June 2004

WORK EXPERIENCE

July 2025 – current California Correctional Health Care Services
Telehealth Psychologist for California Department of Corrections & Rehabilitation

- Provide telehealth services to adult males who have been convicted of felonious crimes and remanded to the State of California for incarceration including Level 1, 3 and 4 inmates, as well as those designated as Sensitive Needs. Services include, but not limited to, risk assessment (Danger To Self/Danger To Others), crisis intervention, treatment planning, and individual psychotherapy.
- Current caseload ranges between 175-200 active patients, and available to entire facility.

July 2023 – current California Lutheran University
Adjunct Professor for PsyD Program

- Educating and supervising doctoral students in their practicum placements
- Fostering collegial and professional collaboration, while emphasizing ethical and clinical integrity

March 2023 – current Private Practice
Telehealth Psychologist for CA, NY, & FL

- Provide telehealth services to adults 18+ across the states of California, New York, & Florida
- Conduct forensic assessments to adults 18+ pursuant to penal code 1368
- Therapeutic interventions and treatment modalities include but are not limited to Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance & Commitment Therapy, Psychoanalysis, Interpersonal Therapy, Family Systems Therapy and Solution Focused Therapy.
- Current caseload ranges between 10-15 patients

Private Practice Partners currently include Headway and Marin County Superior Court.

NOT YET RETAINED

Feb 2022 – March 2023 Wellpath – Recovery Solutions Division
Regional Director of Mental Health & Licensed Psychologist

- Pioneered the development, launch and oversight of treatment programs geared for patients deemed incompetent to stand trial in partnership with the Department of State Hospitals.
- Successfully launched the program in **27 counties**, with the intention to launch them in 54 of the 58 California counties by the end of 2023.
- Clinical oversight of Jail Based Competency Treatment Programs (JBCT), also specializing in restoration treatment for those found incompetent to stand trial.
- Supervised operational and clinical responsibilities for **14 psychologists and 6 postdoctoral fellows** in the evaluation of this patient population, including oversight of all report writing. Conducted evaluations personally when local teams were in need of additional support. Responsible for over **100 patients restored** in under six months of the programming**.**
- Continued collaboration with multiple Sheriff's departments, as well as the Department of State Hospitals JBCT, EASS and Patient Management Units.
- Oversaw clinical leadership team comprised of subject matter experts in nursing, psychiatry, pharmacy, and continuous quality improvement (CQI).
- Built **backend reporting** system for CQI team audits, in effort to continuously monitor our clinical efforts and address gaps in the service delivery immediately.
- Daily patient consultations and patient care for particularly complex cases.

Sept 2019 – Feb 2022 Wellpath – Local Government Division
Regional Director of Mental Health & Licensed Psychologist

- Oversaw Mental Health Programs within 36 counties across the state of California, including 41 unique facilities.
- Supervised 12 Mental Health Directors, aiding them in cultivating cultures of care and most efficient service delivery systems.
- Provided supervision and consultation to over 300 mental health professionals
- Oversaw **139.6 FTEs**, opened requisitions as needed and maintained each sites mental health staffing matrix
- Worked with **27 facilities to fill 110 vacancies** to improve the provision of mental health services in accordance with the contracts.
- Developed recruitment process for mental health staff, including interviewing and vetting every mental health candidate.
- Developed onboarding process for foundational mental health staff, now used country wide.
- Coordinated the coverage plans for vacancies and when mental health staff took PTO
- Conducted peer reviews, chart audits, psychological autopsies, and mortality/morbidity reviews
- Consulted with HR around staff discipline and conducted performance improvement plans and corrective action plans as indicated
- Provided mental health related trainings to mental health, medical and custody staff**. Suicide rate reduction following training of 25% in year 1. Additional reduction of 16% in year 2.**
- Developed internal tools and workflows for use companywide
- Multi-department collaboration for CQI purposes
- Assumed Director of Operations responsibilities due to longstanding vacancies in CA.
- Developed and oversaw associate internships across the state, **increasing program from 3 associates to 30.** Simultaneously providing clinical supervision to postdoctoral fellows.

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Dec 2018 – Sep 2019 Liberty Healthcare – *Licensed Psychologist*

- Conducted risk assessment (Danger To Self/Danger To Others), crisis intervention, treatment planning, and individual psychotherapy for adult males who have been arrested/booked at San Diego Central Jail (SDCJ).
- Developed and refined processes for crisis intervention as well as treatment on outpatient units; helping to significantly reduce suicide attempts and use of safety cells.
- Onboarded all new mental health hires
- Coordinated multi-disciplinary meetings, where none existed previously

July 2018 – Dec 2018 Family Health Centers of San Diego - *Licensed Psychologist*

- Conducted risk assessment (Danger To Self/Danger To Others), crisis intervention, treatment planning, and individual and group psychotherapy for underserved adults within the Concentrated Mental Health Program and San Diego Misdemeanants At Risk Track (S.M.A.R.T.).

Oct 2016 – June 2018 Centinela State Prison - *Licensed Psychologist*

- Conducted risk assessment (Danger To Self/Danger To Others), crisis intervention, treatment planning, and individual and group psychotherapy for adult males who have been convicted of felonious crimes and remanded to the State of California for incarceration including Level 1, 3 and 4 inmates, as well as those designated as Sensitive Needs.
- Researched and developed 10-week group therapy modules for those designated as the Ashker class, or otherwise subjected to prolonged solitary confinement. Participants' years in solitary confinement ranged from 10-30 years.

Sept 2015 – Aug 2016 Metropolitan State Hospital - *Unlicensed Psychologist*

- Integrated assessment and report writing, including neuropsychological batteries for every unit.
- Competency testing, as well as malingering testing, for multiple competency units.
- Comprehensive risk evaluations and report writing for the purpose of collaborating with community partners, such as Conditional Release Programs.
- Intervention planning, group and individual psychotherapy for severely mentally ill patients, both civilly and criminally committed.
- Developed group therapy competency curriculum for hospital wide use.
- Developed electronic therapy tools for use on all competency units.

July 2014 – June 2015 Stein Psychological Associates - (traineeship)

- Integrated assessment and report writing, psychoeducational and gifted testing, neurocognitive screens, intervention planning and psychotherapy for clients of all ages.

June 2013 – June 2014 Anka Behavioral Health, Hillmont House - (traineeship)

- Group, family, and individual therapy for inpatient population with severe mental illness.
- Case management, coordinating community resources and treatment team collaboration.

Oct 2011 – May 2015 Intimate Partner Violence Program - (traineeship)

- Group, family, couples and individual therapy for victims of intimate partner violence.
- Aggregated assessment data for research and analysis.
- Community outreach services.

*** Full list of psychological assessment experience available upon request.**

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OTHER WORK EXPERIENCE

2010 – 2011 – Johanson Technology, Inc., Camarillo –
Executive assistant to CEO, VP Sales, and HR Director

- Financial reports for sales and human resources departments.
- Customer service and clerical work.

2009 – 2010 - CEO Life Mentor, Calabasas -
Bookkeeping, financial coordination and administrative assistance

- Maintained finances, online presence, marketing efforts and client relations.

2004 – 2009 - Flannery Sales Systems, San Diego -
Operations Manager

- Bookkeeping/budgetary management, marketing (including web design and maintenance), event planning and client relations.

2004 – 2009 -Artemis Graphic Design Agency, San Diego
Executive Assistant

- Responsible for finances, project coordination, event planning and client relations.

2000 – 2004 UCSD RIMAC Sports Facilities, San Diego
Sports Facilities Supervisor

- Coordinated all events occurring within the facility or on facility grounds
- Managed multiple sport venues and event coordination teams

RESEARCH EXPERIENCE & PUBLICATIONS

2014 – 2015 Research Assistant for Dr. Mindy Puopolo

Coordinated and co-managed operations and administrative duties for the Intimate Partner Violence (IPV) Program based out of the Community Counseling Center at California Lutheran University. Responsibilities included training new members to the IPV team in administration and scoring of the assessment battery conducted for ongoing research. Training also involved orienting all team members to the overall protocol involved in the treatment of this population through our program. Other responsibilities in this position included collecting and compiling the data gleaned from these assessment batteries. These duties were performed in conjunction with being a full-fledge member of the IPV team, personally administering and scoring the assessments as well.

2014 – 2015 Research Assistant for Dr. Ryan Sharma

Assisted with the organization of an extensive data set by researching demographic information and revising the data set to reflect accurate information for later analysis. The data set consisted of the number of licensed professionals in the field of psychology, such as PsyD, PhD, LMFT, LMSW, or ACSW, in particular cities, corresponding counties and corresponding populations. The goal of the data analysis was to understand the ratio of licensed professionals to population and assessing if and where underserved populations have access to treatment.

Sharma, R., Casas, R., Crawford, N., & Mills, L. "Geographic Distribution of California Mental Health Professionals in Relation to Socio-demographic Characteristics." *Cultural Diversity and Ethnic Minority Psychology*. American Psychological Association, March 23, 2017, *http://dx.doi.org/10.1037/cdp0000147*.

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2011 – 2013 Masters Thesis Research

Extensive literature review of research pertaining to the coping mechanisms of retired professional athletes. Then, through use of structured interview, assessed the current impact of those coping mechanisms learned in elite level competition on the lives of these professional athletes on their daily social, emotional and psychological functioning.

Mills, L. (2013). *The Coping Mechanisms of Retired Athletes and How the Athletes Apply Them to Other Arenas of Life, Post Sport Competition*, Unpublished Masters thesis, California Lutheran University.

2013 – 2015 Dissertation Research

Extensive literature review to inform proposal of a preliminary assessment structure that could serve as the standardized process in evaluating competence to stand trial. Subsequently, sought expert consult feedback on proposed structure and revised structure to incorporate said input.

Mills, L. (2015) *Methods for evaluating competency to stand trial: Reviewing the literature and standardizing the process*. Dissertation, California Lutheran University, 2016. UMI 10095800

CONFERENCE PRESENTATIONS

Mills, L. (April 2012). *Sports Related Concussions*. Presented at the Festival of Scholars, California Lutheran University, *Thousand Oaks, California.*

Mills, L. (September 2011). *Post Emancipation Issues*. Presented at the Joint National Conferences (National Association of African Americans Studies, National Association of Hispanic & Latino Studies, National Association of Native American Studies, International Association of Asian Studies), *San Diego, California*.

Mills, L. (February 2011). *Post Emancipation Issues*. Presented at the Joint National Conferences (National Association of African Americans Studies, National Association of Hispanic & Latino Studies, National Association of Native American Studies, International Association of Asian Studies), *Baton Rouge, Louisiana*.

DIDACTIC PRESENTATIONS

Mills, L. (November 2015). *Competence Case Law and Competence Measures*. Presented at Metropolitan State Hospital for Psychology Department, *Norwalk, California.*

Mills, L. (October 2013). *Proper Progress Notes and Clinical Writing for Interdisciplinary Settings.* Presented at Anka Behavioral Health - Hillmont House, Inpatient Mental Health Facility for all staff, *Camarillo, California.*

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VOLUNTEER EXPERIENCE

2016 – 2022 Leukemia & Lymphoma Society (LLS)

Organize charity events in the San Diego and Los Angeles areas to raise funds for LLS

2013 – 2014 24FIT Fitness Groups

Coordinated and instructed free plyometric and callisthenic fitness classes to bring neighbors together, create a sense of community and promote healthy active lifestyles.

2005 – 2009 Dream Big

Participated in assemblies coordinated by George Whitfield where professional athletes connect with community youth to inspire and motivate them to follow their dreams.

2007 – 2009 Volleychick Clinics

Coordinated free beach volleyball clinics coached by professional beach volleyball players for youths who otherwise may not get to experience the sport.

2000 - 2004 The Starlings Foundation

Organized auction fundraisers to bring club volleyball to children who otherwise could not afford to play.

*** List of references available upon request.**

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