

LYMARIES VELEZ

Board-Certified Psychiatrist

EMPLOYMENT HISTORY

- ❖ **Staff Psychiatrist, Patton State Hospital** Jul 2024 — Present
Patton, California
 - Providing inpatient services to the acute 1370 incompetent to stand trial patient population, with a strong focus on not only optimizing medication regimens for symptom control, but also to achieve the lowest effective doses of medications and minimize side effect burden.
 - Utilize psychodynamic psychopharmacology and motivational interviewing to foster collaborative decision making with each patient.
 - Educate and train both resident and medical student trainees via case examples, direct clinical supervision, formal lectures, and case/article discussion
- ❖ **Psychiatrist, Comprehensive Psychiatric Services (CPS)** Dec 2024 — Present
Riverside, California
 - Providing outpatient services that incorporate cognitive-behavioral therapy (CBT) and psychodynamic psychotherapy into treatment plans, recognizing that holistic and thorough treatment extends beyond medication management
- ❖ **Resident Physician, University of Florida** Jun 2020 — May 2024
Gainesville, Florida

EDUCATION AND TRAINING

- ❖ **University of Florida** Jun 2020 — May 2024
Psychiatry Residency Gainesville, Florida
- ❖ **University of Florida, Gainesville, Florida** Aug 2016 — May 2020
Doctor of Medicine Gainesville, Florida
- ❖ **University of Florida** Aug 2013 — May 2017
B.S. in Interdisciplinary Studies-Basic Biological and Medical Sciences (Summa Cum Laude) Gainesville, Florida

CERTIFICATION AND LICENSURE

- ❖ **Florida Medical License (active)** 2021 — Present
- ❖ **California Medical License (active)** 2024 — Present
- ❖ **BrainsWay Deep TMS System Operator for H1 and H7 coils** 2024 — Present
- ❖ **American Board of Psychiatry and Neurology Certification** 2024 — Present

HONORS AND AWARDS

❖ Excellence in Medical Student Education during the Psychiatry Clerkship 2024

The recipient of this award is someone who has demonstrated dedication, enthusiasm, and effectiveness in medical student education. Responsibilities included formal teaching lectures, clinical supervision, and case discussions with trainees.

❖ Ross McElroy, MD Psychotherapy Award 2023

The recipient of this award is someone who has demonstrated outstanding expertise, innovation, and effectiveness in their therapeutic approach. They have made notable contributions to the development and application of psychotherapeutic techniques, theories, or interventions, resulting in improved patient outcomes and enhanced mental health care.

❖ John M. Kuldau, MD Research Award 2022

This award recognizes outstanding achievements in the field of research and honors individuals who have made significant contributions to the advancement of knowledge in psychiatry. This prestigious award acknowledges the dedication, innovation, and impact of researchers who have demonstrated excellence in their work.

❖ National Gold Humanism Honor Society Inductee 2022

Presented to medical students, physicians, and other leaders who have been recognized for their compassionate care. GHHS reinforces and supports the human connection in healthcare.

❖ Peter Regan Psychiatry Award 2020

Presented to a graduating student who has demonstrated academic excellence in pursuit of a career in Psychiatry.

❖ Society of '67 Open Access Award for "Etiologies, mechanisms, and treatment of stroke" 2019

This award supports early-career pathologists (students, residents, fellows, junior faculty) by covering Article Processing Fees (APFs) for publishing high-quality research in open-access journals like *Academic Pathology*, promoting mentorship, research ethics, and the development of future pathology leaders with grant potential

❖ Society of '67 Open Access Award for "Opportunistic Infections of the Central Nervous System" 2019

This award supports early-career pathologists (students, residents, fellows, junior faculty) by covering Article Processing Fees (APFs) for publishing high-quality research in open-access journals like *Academic Pathology*, promoting mentorship, research ethics, and the development of future pathology leaders with grant potential

❖ Chapman Service and Humanism in Medicine Award 2018

Presented to individuals who have demonstrated exemplary compassionate service and humanism in medicine

❖ Medical Honors Program at the University of Florida College of Medicine Jan 2015 — Jan 2020

A member of a highly competitive, accelerated 7-year BS/MD track for exceptional undergraduates, allowing them to start medical school in their third year and join the UF College of Medicine early

❖ Dean's List Recipient Jan 2013 — Jan 2017

PROFESSIONAL MEMBERSHIPS

- ❖ **National Gold Humanism Honor Society Inductee** 2022 — Present

A community of medical students, physicians, and other leaders who have been recognized for their compassionate care. GHHS reinforces and supports the human connection in healthcare, which is essential for the health of patients *and* clinicians

- ❖ **UF-VA UNESCO Bioethics Unit, Resident Member** Aug 2020 — May 2024

Gainesville, Florida

Connected to the global UNESCO Chair network and focused on international education and research in bioethics

COMMITTEE, ORGANIZATIONAL & VOLUNTEER SERVICES

- ❖ **UF-VA UNESCO Bioethics Unit, Resident Member** 2022 — 2024

CREATIVE WORKS, SOCIAL MEDIA OR INTERNET PROJECTS NOT INCLUDED ELSEWHERE

- ❖ **Hope after the Storm** Mar 2018

Published on <https://aspiringdocsdiaries.org/hope-after-the-storm/>

PEER-REVIEWED PUBLICATIONS

- ❖ **Psychotic Mania Secondary to Chronic Hypercalcemia**

Tomlinson MG, **Velez L**, Rodriguez-Roman L. Psychotic Mania Secondary to Chronic Hypercalcemia. Prim Care Companion CNS Disord. 2023 Aug 17;25(4):22cr03463. doi: 10.4088/PCC.22cr03463. PMID: 37595179. Pub Status: Published.

- ❖ **Opportunistic infections of the central nervous system**

Toffel S, **Velez L**, Trejo-Lopez J, Beal S, Kresak J. Opportunistic infections of the central nervous system. Academic Pathology. 2020, Jan; Cited in PubMed. PMID: 32064307. Pub Status: Published

- ❖ **Etiology, Diagnostic Testing, and Dermatology Consultation Utilization in Skin Infections in Hematopoietic Stem Cell Transplant Patients: A 5-year Review**

Velez L, Toffel S, Tremblay E, Shah K, Rand K, Auerbach J, Potter K.A., & Beal S.G.. Etiology, Diagnostic Testing, and Dermatology Consultation Utilization in Skin Infections in Hematopoietic Stem Cell Transplant Patients: A 5-year Review. Journal of Microbiology and Infectious Disease. 2019, Jun; 9(2): (59-67). Pub Status: Published.

- ❖ **Clinical manifestations, management, and diagnostic techniques used in hematopoietic stem cell transplant patients with skin infections: a five year review**

Velez L, Toffel S, Tremblay E, Shah K, Auerbach J, Rand K, Potter K, & Beal S. Clinical manifestations, management, and diagnostic techniques used in hematopoietic stem cell transplant patients with skin infections: a five year review. Journal of the American Academy of Dermatology. 2018, Sep; 79(3): (AB78). Pub Status: Published.

- ❖ **Exploring the Less Common Pathogens of Infectious Diarrhea**

Toffel S, **Velez L**, Tremblay E, Shah K, Rand K, Auerbach J, Potter K.A., & Beal S.G.. Exploring the Less Common

Pathogens of Infectious Diarrhea. Journal of Microbiology and Infectious Disease. 2019, Mar; 9(1): (1-9). Pub Status: Published.

❖ **The "3-day rule" for stool tests may not apply when using PCR panels**

Beal SG, **Velez L**, Tremblay E, Toffel S, & Rand KH. The "3-day rule" for stool tests may not apply when using PCR panels. Journal of Clinical Microbiology. 2018, Apr; 56(4): (e02012-17). Cited in PubMed; PMID: 29581319. Pub Status: Published.

❖ **Cutaneous mycobacterium massiliense infection from tattooing: a common yet under-reported and persistent epidemic hazard for dermatologists**

Velez L, Harb J, Anuszewski S, & Wesson S. Cutaneous mycobacterium massiliense infection from tattooing: a common yet under-reported and persistent epidemic hazard for dermatologists. BMJ Case Reports. 2018, Jan; 2018(N/A): N/A. Cited in PubMed; PMID: 29330276. Pub Status: Published.

❖ **A gastrointestinal PCR panel improves clinical management and lowers health care costs**

Beal SG, Tremblay E, Toffel S, **Velez L**, & Rand KH. A gastrointestinal PCR panel improves clinical management and lowers health care costs. Journal of Clinical Microbiology. 2017, Dec; 56(1): (e01457-17). Cited in PubMed; PMID: 29093106. Pub Status: Published.

ABSTRACTS

❖ **Electroconvulsive Therapy in Super-Refractory Status Epilepticus: A case and brief review of literature**

Toffel S, Beydler E, **Velez L**, Gopinath S. Electroconvulsive Therapy in Super-Refractory Status Epilepticus: A case and brief review of literature. Brain Stimulation. 2023. Pub Status: Published.

❖ **Death in the time of COVID: A multifaceted challenge**

Suryadevara U, **Velez L**, Nuthi M. Death in the time of COVID: A multifaceted challenge. The American Journal of Geriatric Psychiatry. 2022, April; 30(4). Pub Status: Published.

ORAL PRESENTATIONS

❖ **Death in the time of COVID: A multifaceted challenge** 2022
Orlando, FL, USA

Suryadevara U, **Velez L**, Nuthi M. Death in the time of COVID: A multifaceted challenge. Presented at American Association for Geriatric Psychiatry Annual Meeting; Orlando, FL, USA 2022

❖ **A Case Describing Two Rare Causes of Mania** 2022
Taipei, Taiwan

Velez L, Richardson G, Rodriguez-Roman L, Holbert R. A Case Describing Two Rare Causes of Mania. Presented at CINP Hybrid World Congress of Neuropsychopharmacology; Taipei, Taiwan 2022

❖ **Improving Education on Rapid Response during Residency** Apr 2021

Erb B, Chan N, Schneider C, Michael B, Sidawi A, **Velez L**, Somesan G. 2022. Improving Education on Rapid Response during Residency. 11th Annual QI Day, Department of Psychiatry, University of Florida (Zoom oral poster presentation), April 30, 2021.

POSTER PRESENTATIONS

- ❖ **Osteopenia Associated with Serotonergic Antidepressant Use: A Case and Brief Literature Review** May 2023
San Francisco, CA

Toffel S, Beydler E, **Velez L**, Gopinath S. (May 2023). Osteopenia Associated with Serotonergic Antidepressant Use: A Case and Brief Literature Review. Poster presented at: American Psychiatric Association 2023 Annual Meeting; San Francisco, CA.

- ❖ **Dilutional Hyponatremia in the Setting of Delusions** May 2023
San Francisco, CA

Velez L, Toffel S, Gopinath S. (May 2023). Dilutional Hyponatremia in the Setting of Delusions. Poster presented at: American Psychiatric Association 2023 Annual Meeting; San Francisco, CA.

- ❖ **Comorbid Conditions and Caution: A Case of Phentermine-Induced Mania with Psychotic Features** Sept 2022
Ann Arbor, Michigan

Nielsen A, **Velez L**, Toffel S, Carr B. (September 2022). Comorbid Conditions and Caution: A Case of Phentermine-Induced Mania with Psychotic Features. Poster presented at: NNDC Annual Conference; Ann Arbor, Michigan, USA

- ❖ **Dextromethorphan: A covert Substance of Abuse and Cause of Serotonin Syndrome** Nov 2022
Atlanta, GA

Velez L, Rodriguez A, Toffel S, Korah T. (November 2022). Dextromethorphan: A covert Substance of Abuse and Cause of Serotonin Syndrome. Poster presented at: ACLP Consultation-Liaison Psychiatry; Atlanta, GA, USA
Poster to be presented at: ACLP Consultation-Liaison Psychiatry

- ❖ **Too Much Too Little Too Late: Chronic Hypercalcemia and Sudden Antidepressant Withdrawal as Risk Factors for Late Onset Mania** May 2022
New Orleans, LA

Velez L, Rodriguez Roman L. (May 2022). Too Much Too Little Too Late: Chronic Hypercalcemia and Sudden Antidepressant Withdrawal as Risk Factors for Late Onset Mania. Poster presented at: American Psychiatric Association; New Orleans, LA, USA

- ❖ **Thyroid Trouble: Catatonia, Delirium, and Severely Elevated TSH** May 2022
New Orleans, LA

Toffel S, **Velez L**, Fleisch S. (May 2022). Thyroid Trouble: Catatonia, Delirium, and Severely Elevated TSH. Poster presented at: American Psychiatric Association; New Orleans, LA, USA 2022

- ❖ **Clinical Markers of Skin Infections in Hematopoietic Stem Cell Transplant Patients** Feb 2018
San Diego, CA

Velez L, Toffel S, Tremblay E, Shah K, Auerbach J, Rand K, Potter K, & Beal S. (February, 2018). Clinical Markers of Skin Infections in Hematopoietic Stem Cell Transplant Patients Poster presented at: American Academy of Dermatology Annual Meeting; San Diego, CA, USA.

- ❖ **A gastrointestinal PCR panel improves clinical management and lowers healthcare costs** Aug 2017
San Diego, CA

Beal S, Tremblay E, Toffel S, **Velez L**, & Rand K. (August, 2017). A gastrointestinal PCR panel improves clinical management and lowers healthcare costs Poster presented at: American Association of Clinical Chemistry; San Diego, CA, USA.

- ❖ **Prevalence of Staphylococcus aureus antibiotic resistance in subjects with atopic dermatitis and a control population at the University of Florida Department of Dermatology** Feb 2018
Gainesville, FL

Bohannon, M, **Velez L**, & DeBenedetto, A. (February, 2018). Prevalence of Staphylococcus aureus antibiotic

resistance in subjects with atopic dermatitis and a control population at the University of Florida Department of Dermatology. Poster presented at: University of Florida Celebration of Research; Gainesville, FL, USA.

- ❖ **Exploring the less common pathogens of infectious diarrhea** Feb 2018
Gainesville, FL

Toffel, S, **Velez, L**, Tremblay, E, Shah, K, Rand, K, Auerbach, J, Potter, K, & Beal, S. (February, 2018). Exploring the less common pathogens of infectious diarrhea Poster presented at: University of Florida Celebration of Research; Gainesville, FL, USA.

- ❖ **The Art of Health Communication: Creating an Effective Arts-Based Public Health Communication Initiative** Nov 2018
Jacksonville, FL

Velez, L. (November, 2018). The Art of Health Communication: Creating an Effective Arts-Based Public Health Communication Initiative Poster presented at: Humanities in Medicine Symposium; Jacksonville, FL, USA.

- ❖ **A Five-Year Review of Skin Infections in Hematopoietic Stem Cell transplant Patients** Apr 2018
Orlando, FL

Velez, L, Toffel, S, Tremblay, E, Shah, K, Auerbach, J, Rand, K, Potter, K, & Beal, S. (April, 2018). A Five-Year Review of Skin Infections in Hematopoietic Stem Cell transplant Patients Poster presented at: Hospital Medicine 2018; Orlando, FL, USA.

- ❖ **Clinical manifestations, management, and diagnostic techniques used in hematopoietic stem cell transplant patients with skin infections: a five year review** Feb 2018
Gainesville, FL

Velez, L, Toffel, S, Tremblay, E, Shah, K, Rand, K, Auerbach, J, Potter, K, & Beal, S. (February, 2018). Clinical manifestations, management, and diagnostic techniques used in hematopoietic stem cell transplant patients with skin infections: a five year review. Poster presented at: University of Florida Celebration of Research; Gainesville, FL, USA.

- ❖ **A five-year review of skin infections in hematopoietic stem cell transplant patients** Feb 2018
Gainesville, FL

Velez, L, Toffel, S, Tremblay, E, Shah, K, Rand, K, Auerbach, J, Potter, K, & Beal, S. (February, 2018). A five-year review of skin infections in hematopoietic stem cell transplant patients Poster presented at: University of Florida Celebration of Research; Gainesville, FL, USA.

- ❖ **Tattoo Trouble: First Reported Case of Cutaneous Mycobacterium massiliense Infection from Tattooing** Aug 2017
Orlando, FL

Velez, L, Harb, J, Anuszewski, S, & Wesson, S. (August, 2017). Tattoo Trouble: First Reported Case of Cutaneous Mycobacterium massiliense Infection from Tattooing Poster presented at: Florida Medical Association Annual Meeting; Orlando, FL, USA.

LANGUAGE FLUENCY

Spanish English