# Mir E. Ali, MD

## EDUCATION & EMPLOYMENT

01/01/2023 - Present **Attending Anesthesiologist** 

& Treasurer - Bay Area Anesthesia Partners

Ambulatory Anesthesia Walnut Creek, CA

01/01/2023 - Present Attending Pain Management Physician

Golden State Orthopedics & Spine

Specializing in Spinal disorders & Neuromodulation

Director of Peripheral nerve & Spinal cord stimulation program

Walnut Creek, CA

8/01/2006 - Present **Attending Anesthesiologist** 

Department of Anesthesiology - John Muir Health

Vituity Healthcare

Medical Anesthesia Consultants Medical Group

Walnut Creek, CA & Concord, CA

12/2014 - 9/15/2022 **Director of Pain Management Services** 

John Muir Health - John Muir Medical Centers

Initiated new service line and multiple cross campus quality measures

Walnut Creek, CA & Concord, CA

7/01/2005 – 6/30/2006 Pain Management Fellowship – Stanford University

Palo Alto, CA – Department of Anesthesiology Raymond Gaeta, MD – Program Director

Ronald Pearl, MD - Chairman

1/01/2005 – 7/01/2005 Faculty – University of California, San Francisco

Department of Anesthesiology and Perioperative Care

Ronald Miller, MD – Chairman

#### 1/01/2002 – 01/01/2005 University of Illinois, Chicago

Resident, Department of Anesthesiology Ronald F. Albrecht, MD - Chairman

#### 10/01/2000-01/01/2002 Spine Surgery Physician

Kaiser Oakland Medical Center Department of Orthopedics

J. Gorek MD, K. VanPeteghem MD, and K. Booth MD - Staff

## 6/01/1999-10/01/2000 University of California, San Francisco – East Bay

Resident, Department of Surgery Claude H. Organ, Jr., MD – Chairman

## 06/01/1995-06/01/1999 University of Illinois, Chicago - College of Medicine

Chicago, IL

Doctorate of Medicine

### 06/01/1991-06/01/1995 University of Illinois, Urbana - Champaign

Urbana – Champaign, IL

BS, Cell and Structural Biology

Graduated with Highest Honors and Phi Beta Kappa

## HOSPITAL AFFILIATIONS

2006 - Present **John Muir Medical Center** 

Walnut Creek, CA

**Active Staff** 

2006 - Present John Muir Concord Campus

Concord, CA Active Staff

2006 - 2022 San Ramon Regional Medical Center

San Ramon, CA

#### RESEARCH

March 2021 **Published** M. Ali , I. Ali

Journal of Pain & Palliative Care Pharmacotherapy

March 2021; 35 (1): 43-47

"Defining an opioid sparing treatment pathway for chronic abdominal pain of somatic and visceral origin: a case series"

2003-2004 **Principal Investigator** Charles Laurito, MD – Preceptor

University of Illinois, Chicago – Department of Anesthesiology Research investigating shear risk of epidural catheters (see also publications section)

publications section)

2003-2005 **Principal Investigator** Timothy VadeBancour, MD-Preceptor

University of Illinois, Chicago – Department of Anesthesiology. Ongoing original research developing the use of imaging technology for continuous nerve block catheter placement

05/09/2001- 08/01/2001 **Research Fellow (volunteer)** 

Mahmood Razavi, MD

Stanford University School of Medicine Department of Interventional Radiology

Reducing intimal hyperplasia following endoluminal correction of abdominal aortic aneurysms

abdommar abrue ancurysm

Summer 1996 Research Assistant Daryl K. Granner, MD

Vanderbilt University School of Medicine

Characterized the RNA expression of the PEPCK gene in the presence of various promoter defects using DNA transfection

1994 – 1995 Research Assistant David F. Clayton, PhD

University of Illinois at Urbana – Champaign

Investigated beta-amyloid accumulation in the zebra finch cerebral cortex and its potential for use as a model for Alzheimer's disease

Summer 1994 Research Assistant James McAlpine, PhD

Abbott Laboratories - Abbott Park, IL

Designed and conducted experiments to enhance yield of secondary

metabolites of fermenting yeast strains

### CERTIFICATION

February 2019 **Regenerative Medicine** 

Completion of Regenerative medicine course

ASIPP - American Society of Interventional Pain Physicians
Orlando, FL

2016 Medical Acupuncture

Completion of Physician Medical Acupuncture Curriculum

Helms Medical Institute - Berkeley, CA

2009 - Present American Board of Anesthesiology

Pain Medicine Subspecialty Certification

2006 - Present American Board of Anesthesiology

**Anesthesiology Certification** 

August 2000-Present Medical Licensure State of California

## HONOR8S & AWARDS

May 2004 **Recipient – Scholars in Pain Management Award** awarded by University of Illinois Department of Anesthesia and *Pfizer* 

pharmaceuticals for excellence in pain research

December 2003 Recipient - Unrestricted research grant from *Pfizer* pharmaceuticals for

pain management related research

March 2003 First Place Midwest Anesthesia Residents Conference, Chicago, IL.

"Propofol attenuates lung microvascular injury induced by oxidative

stress" – M.Ali, et al. (presenter)

1998. **Judge** of Student Medical Research Forum at UIC College of Medicine.

An honor granted to previous winners.

1997. First Place recipient of Student Medical Research Forum Award at

University of Illinois, Chicago College of Medicine for research on

PEPCK gene expression

1996. Recipient – Vanderbilt Diabetes Research Training Grant

Vanderbilt University, Nashville, TN

1995. **Bronze Tablet Honor Recipient** 

University of Illinois, Urbana-Champaign

1995. **Phi Beta Kappa** 

1995	Golden Key National Honor Society
1991 – 1995	<b>Dean's List.</b> Four (4) times recipient during undergraduate studies.
1991 – 1995	James Scholar at the University of Illinois, Urbana – Champaign
1991	Illinois State Scholar

#### PRESENTATIONS & PUBLICATIONS

PRI	ESENTATIONS & PUBLICATIONS
2022	John Muir Educational Conference Department of Medicine & Anesthesiology Lidocaine infusions for pain management
2021	Grand Rounds: John Muir Family Medicine
	Buprenorphine for pain management
March 2021	Published in Journal of Pain and Palliative Care -
	Defining an opioid sparing treatment pathway for chronic
	abdominal pain of somatic and visceral origin: A Case Series - ME Ali and IM Ali
January 2019	Grand Rounds: John Muir Residency Program
	Opiate Prescribing in 2018: Strategies & Risk Mitigation
October 2018	Grand Rounds: John Muir Behavioral Health
	Opioid Prescriber's update 2018
October 2017	John Muir Ethics Conference
	The Opioid Epidemic: Current challenges and Responses
September 2017	Grand Rounds: John Muir Heath
	Opioid Prescriber's update 2017

**John Muir Rossmoor Lecture series** 

Pain Management

May 2015 **Grand Rounds: John Muir Health** Safe Opiate Prescribing for the Outpatient Clinician **Grand Rounds: John Muir Health** January 2015 Chronic Pain in the Elderly May 2005 Published in Journal of Clinical Anesthesia - Letter to the Editor: "Ultrasound Guidance for Epidural Catheter Placement: a coming of age?" – ME Ali and CE Laurito November 2004 Published in Anesthesiology News – "Modern Epidural Catheters Unlikely to Break During Removal" – M Vlessides and ME Ali, p.14-15. Published in Regional Anesthesia and Pain Medicine "Low risk of March-April 2004 epidural catheter breaking when withdrawn through Tuohy needle" - ME Ali, A Moiduddin, N Sibai, and CE Laurito: RAPM, March-April 2004, p.181 (#A63) – Abstract acknowledgement (full text online at www.rapm.com) Presenter at the American Society of Regional Anesthesia, Spring March 2004 **2004** Conference – (Orlando, Florida) above study Presenter at the Midwest Anesthesiology Residents Conference March 2004 (Rochester, MN) above study Presenter at the Midwest Anesthesiology Residents Conference March 2004 (Rochester, MN) "Propofol attenuates oxidative injury in CHO-ACE cells through a calcium dependent mechanism" (First Place for category) January 2004 Anesthesia Conference Pediatric Regional Anesthesia University of Illinois, Chicago November 2003 **Anesthesia Conference** Fibromyalgia: Diagnosis and Treatment. University of Illinois, Chicago March 2003 Midwest Anesthesia Residents Conference – Poster/Presenter

March 2003 Midwest Anesthesia Residents Conference – Poster/Presenter "Propofol attenuates lung microvascular injury induced by oxidative stress" – M.Ali, et al. (first author), Chicago, IL. Received first place in category.

June 2001 **Poster: North American Spine Society Meeting**"Anterior Column Lengthening for Painful Lumbar Transition Syndrome with Segmental Sagittal Imbalance"- Mir E. Ali, et.al (first author)

May 2001	Presenter: California Orthopedic Association "Thoracic Pedicle Screw Fixation in Adolescent Scoliosis" Las Vegas, NV
1996	Student Medical Research Forum – Chicago, IL - First Place Midwest Student Medical Research Forum – Omaha, NE
	Presented research on PEPCK gene expression "The K461A mutant of the glucocorticoid receptor shows a decreased dependence on accessory factors for transcription of the PEPCK gene."

# EXTRACURRICULAR

2014 - 2022	Chairman
	John Muir Committee on Pain Quality Improvement
2004	Guest Editor for Journal of Clinical Anesthesia
1996 – 1997	University Medical Student Council. Elected as class officer for class of 1999
1996 – 1997	College Committee on Instruction and Appraisal. Selected as Class of 1999 student representative

# MEMBERSHIP

Professional societies

American Society of Anesthesiologists

California Society of Anesthesiologists

American Society of Interventional Pain Physicians

Pacific Spine and Pain Society

American Society of Regional Anesthesia