

Monique Kaur Atwal, M.D.

Board Certified Psychiatrist

RESIDENCY EXPERIENCE

Veterans Affairs Hospital, Fresno — Resident physician

January 2020 – June 2023

Evaluation of patients in the emergency department for involuntary psychiatric holds and inpatient admission. Inpatient treatment and management of acute illness. Outpatient clinics including geriatric psychiatry, addiction psychiatry, and adult mental health. Collaborative care with an interdisciplinary team of psychiatrists and clinicians.

Community Regional Medical Center, Fresno — Resident physician

January 2020 – June 2023

Consult liaison psychiatry for management of acute psychiatry illnesses of admitted adults, adolescents, and children with subsequent evaluations for involuntary holds and transfer for inpatient psychiatric admission. Conduct capacity evaluations for admitted patients.

University Psychiatry Associates, Fresno — Resident physician

January 2021 - June 2023

Outpatient private practice conducting psychiatric evaluations, treatment management, and psychotherapy. Patient panel included adults, adolescents, and children.

Fresno County Department of Behavioral Health, Fresno — Resident physician

January 2022 – June 2023

Outpatient clinic conducting psychiatric evaluations and treatment management of transitional age youth. Collaborative care and rounding with an interdisciplinary team of psychiatrists and clinicians.

Community Behavioral Health Center, Fresno — Resident physician

January 2020 - January 2021

Inpatient management of acute psychiatry illnesses and agitation. Collaborative care and rounding with an interdisciplinary team of psychiatrists, nurse practitioners, nurses, and clinicians.

Specialty Experience

Consult liaison psychiatry

Emergency psychiatry

General psychiatry

Child and adolescent psychiatry

Geriatric psychiatry

Addiction psychiatry

Transitional age youth

AWARDS

Pediatrics clerkship Honors

Psychiatry clerkship Honors

UCSF Fresno SJV PRIME merit based scholarship

Fresno Madera Medical Society merit based scholarship

LANGUAGES

English, Punjabi

WORK EXPERIENCE

Inspire Health, Fresno — Staff Psychiatrist

July 2023 - Current

Staff psychiatrist for the Transitional Age Youth program at Fresno County Department of Behavioral Health. Duties include direct patient care for medication management, counseling, and treatment planning in a collaborative team setting.

Community Behavioral Health Center, Fresno — Staff Psychiatrist

July 2023 - Current

Inpatient management of acute psychiatry illnesses and agitation. Collaborative care and rounding with an interdisciplinary team of psychiatrists, nurse practitioners, nurses, and clinicians.

North American Mental Health Services, California — Supervising physician

January 2024 - current

Supervision of nurse practitioners in mental health clinics throughout California.

Kaweah Delta Medical Center, Visalia — Scribe

May 2013 - May 2014

EMR documentation in the emergency department for various physicians to improve hospital efficiency.

TEACHING EXPERIENCE

UCSF, Fresno — Voluntary Assistant Clinical Professor

July 2023 - Current

Teaching and supervising medical students and psychiatry residents at UCSF Fresno.

UCSF, Fresno — Psychiatry Clerkship Champion

March 2024 - Current

Organization and improvement of the UCSF PRIME program psychiatry clerkship at UCSF Fresno. Working directly with clerkship attendings to help with teaching skills and support. Shelf prep directly with medical students. Personal teaching and academic education/learning seminars.

EDUCATION

University of California, San Francisco, Fresno — *Psychiatry residency*

June 2019 - June 2023

Community based program with breadth in patient population, training sites, and didactic courses.

University of California, Davis, Sacramento— *Doctor of Medicine*

June 2015 - June 2019

San Joaquin Valley PRIME student, a tailored clinical track for medical students with passion and commitment towards the medically underserved San Joaquin Valley.

University of California, Los Angeles, Los Angeles — *Bachelor of Science*

June 2008 - June 2012

Undergraduate degree majoring in psychobiology.

PRESENTATIONS

“Case presentation: Is the doctor depressed, or are we missing something?” — *Atwal, M*

Presented at psychiatry grand rounds, 2021, Fresno, CA and Central California Psychiatric Society 2022 Annual Conference, Fresno, CA where the presentation received 2nd place.

“Code COVID Chaos” — *Atwal, M, Melo, R, Severson, E, Moore, J*

Presented at psychiatry grand rounds, 2020, Fresno, CA

“Assessing Factors that Influence Selection of UCSF-Fresno for Residency to Address the San Joaquin Valley Healthcare Need” — *Atwal, M, Malhi, N, Job, K, Demery, K, Melchor, S, Sidhu, M, Banh, K*

Poster presented at the AAMC Group of Regional Medical Campuses, National Spring Meet, 2018, Washington D.C.

“Community Youth Education Project: Safe Exercise Practices and Injury Prevention” — *Atwal, M, Malhi, N, Job, K, Melchor*

Poster presented at the AAMC Group of Regional Medical Campuses, National Spring Meet, 2018, Washington D.C.

“Safe Exercise Education for High School Students” — *Atwal, M, Jones, N*

Poster presented at the UCSF Fresno Family and Community Medicine 21st Annual Expo, 2017, Fresno, CA

NOT YET RETAINED