

# Maricela Tonie Beltran, MD, MPH, QME

Diplomate, American Board of Psychiatry and Neurology  
Qualified Medical Evaluator, State of California  
English and Spanish

## Professional Summary

Board-certified psychiatrist and Qualified Medical Evaluator providing comprehensive psychiatric medicolegal evaluations throughout California. Clinical and medicolegal expertise includes workers' compensation psychiatric injury, industrial causation, apportionment, permanent and stationary status, whole person impairment, temporary disability, treatment recommendations, work restrictions, trauma-related disorders, chronic pain, medical comorbidities, psychological factors affecting medical conditions, and functional impairment.

Dr. Beltran's background in Internal Medicine, Consultation-Liaison Psychiatry, and Integrative Psychiatry provides a unique perspective when evaluating the interaction between psychiatric, medical, and chronic pain conditions. Fluent in English and Spanish, she conducts evaluations directly in either language.

## Current Professional Appointments

### Founder and Medical Director

MENTE SANA Integrative Psychiatry & Psychotherapy  
Newport Beach, California  
2025-Present

### Medical Director

Advanced Psychological Associates & Wellness Center  
2026-Present

### Consulting Staff Psychiatrist

Advanced Psychological Associates & Wellness Center  
2019-Present

### Attending Psychiatrist

Inland Psychiatric Medical Group  
Loma Linda, California  
2022-Present

### Consult-Liaison Psychiatrist

Providence St. Joseph Hospital  
Orange County, California

## Medicolegal Qualifications

### Qualified Medical Evaluator

State of California

### Diplomate

American Board of Psychiatry and Neurology  
Psychiatry

### Physician and Surgeon License

Medical Board of California

## Education and Training

### Integrative and Functional Medicine Fellowship (In Progress)

Susan Samuelli Integrative Health Institute  
University of California, Irvine

### Psychiatry Residency

Loma Linda University Medical Center  
Loma Linda, California  
2018-2021

### Internal Medicine Internship

University of California, Irvine Medical Center  
Orange, California  
2017-2018

### Doctor of Medicine

University of California, Irvine School of Medicine  
Irvine, California  
2017

### PRIME-LC Program

Program in Medical Education for the Latino Community  
University of California, Irvine School of Medicine

### Master of Public Health

Community Health  
California State University, Long Beach  
2013

### Bachelor of Arts, Psychology

University of California, Berkeley  
2006

## Areas of Medicolegal and Clinical Expertise

- Psychiatric Qualified Medical Evaluations
- Workers' Compensation Psychiatric Injury
- Industrial Causation Analysis
- Apportionment Analysis
- Permanent and Stationary Determinations
- Whole Person Impairment Assessments
- Temporary Disability Evaluations
- Work Restrictions and Functional Capacity
- Chronic Pain and Psychiatric Sequelae
- Orthopedic Injury and Psychiatric Comorbidity
- Psychological Factors Affecting Medical Conditions
- Trauma and Stressor-Related Disorders
- Mood Disorders
- Anxiety Disorders
- Substance Use Disorders
- Medical Comorbidity and Psychiatric Disability
- Consultation-Liaison Psychiatry

- Integrative Psychiatry

## Teaching Appointments

### Clinical Instructor of Psychiatry

Loma Linda University School of Allied Health Professions  
2022-Present

### Clinical Instructor of Psychiatry

Western University of Health Sciences  
2022-Present

### Clinical Instructor of Psychiatry

California University of Science and Medicine  
2022-Present

## Certifications

### Medication-Assisted Treatment (MAT)

American Academy of Addiction Psychiatry

### Trauma-Focused Cognitive Behavioral Therapy

### Community Health Education Specialist (CHES)

## Selected Presentations

### Latino Mental Health

Psychiatry Grand Rounds  
Loma Linda University  
2021

### iCuidate Doctor!: Mental Health in Professional School

AltaMed Summer Medical Program  
2020, 2021, 2022

### Pathway to Professional School

California State University, Long Beach  
Keynote Speaker  
2015

## Professional Memberships

- American Psychiatric Association
- California Psychiatric Association
- American Medical Association

## Languages

English - Fluent

Spanish - Fluent (Written and Spoken)