

Matthew Long

Professional Summary

Board-certified psychiatrist with extensive experience providing comprehensive mental health care to active-duty service members, veterans, and their families. Proven leader with broad exposure to military, academic, and community psychiatry. Recognized for clinical excellence, reliability, and strong teaching and mentoring abilities. Dedicated to advancing mental health resilience and evidence-based psychiatric care.

Work Experience

Psychiatrist

US Navy | San Diego, CA

July 2024 to Present

I serve as the sole psychiatrist for approximately 6,600 personnel assigned to six amphibious-class ships. As a member of Fleet Surgical Team ONE, I provide comprehensive behavioral health support to operational Surface Fleet forces and embarked Marine units. My primary duties include conducting outpatient psychiatric evaluations and treatment for active-duty sailors and Marines. Additional responsibilities include crisis response and intervention, implementation of primary prevention initiatives, and delivery of command briefings and mental health education to leadership and shipboard crews.

Psychiatry Resident

Naval Medical Center San Diego (NMCSD) | San Diego, CA

July 2020 to June 2024

As a Psychiatry Resident at Naval Medical Center San Diego, I provided psychiatric evaluation and treatment for active-duty service members, veterans, and their families across inpatient, outpatient, and consultation-liaison settings. My training included rotations at UC San Diego and the VA San Diego Healthcare System, offering broad clinical exposure to military, academic, and community populations. I took an active role in teaching and mentoring medical students and junior residents, and was recognized by supervisors and colleagues as a reliable, intelligent, and hardworking clinician. I consistently achieved strong performance on residency examinations, while contributing to departmental initiatives that enhanced patient care and resident education.

Clinical Research Coordinator

Brigham and Women's Hospital (BWH), Harvard Medical School | Boston, MA

June 2014 to June 2016

Served as Clinical Research Coordinator for the Surgical ICU Translational Research (STAR) Center and as Administrative Program Coordinator for the BWH Ultrasound-Guided Central Venous Catheter Placement Training Program. Primary responsibilities included assessing patient eligibility, recruiting and educating study participants, collecting and processing biological samples, managing research databases, and ensuring compliance with institutional and federal regulatory standards. Acted as lead site coordinator for two phase III pharmaceutical trials, overseeing study execution, data integrity, and coordination with sponsor organizations.

Research Assistant and Teaching Assistant

Wesleyan University | Middletown, CT

February 2012 to May 2014

Collaborated with a professor and PhD students in a combined biological and chemical research laboratory, conducting multi-step organic synthesis of lignin polymer mimetics to develop fluorescent imaging probes for studying molecular bond cleavages. Performed compound analysis and purity assessments using IR, NMR, GC/MS, and HPLC instrumentation. Additionally, led weekly organic chemistry review sessions for undergraduate students, providing instruction, exam preparation, and grading support.

Research Intern

Wyss Institute for Biologically Inspired Engineering | Boston, MA

May 2013 to August 2013

Contributed to the development of next-generation DNA sequencing technology by designing and optimizing experimental protocols and preparing genomic libraries of human DNA for sequencing applications, supporting the institute's efforts in advancing synthetic biology and genomic engineering.

Education

Psychiatry (Residency)

Naval Medical Center San Diego | San Diego, CA

July 2020 to June 2024

Doctor of Medicine

Wake Forest University | Winston-Salem, NC

July 2016 to June 2020

Chemistry (B.A.)

Wesleyan University | Middletown, CT

September 2010 to May 2014

Military Service

Lieutenant Commander (select) | United States Navy | United States

May 2020 to Present

Awards

Health Professions Scholarship Program – United States Navy

2017

Full tuition scholarship for students interested in serving as a military physician

Demon Docs Scholarship recipient

2016

\$28,000 scholarship awarded over four years to select medical student-athletes at Wake Forest University

Partners in Excellence Team Award

2015

Recognition for excellence in team-based initiatives at Brigham and Women's Hospital

Certifications and Licenses

Medical License

Currently hold licenses in both California and Virginia

DEA License

American Board of Psychiatry and Neurology

September 2024 to September 2034

Board certified Psychiatrist