

## Phillip Luis Anjum, MD, MS

### Education

- 7/2022 – 6/2025 J. Willis Hurst Internal Medicine Residency, Primary Care Track, Emory University School of Medicine, Atlanta, GA
- Trained in 4 hospitals utilizing 3 electronic medical systems consisting of a large county hospital, a community hospital, a VA medical center, and a quaternary academic center serving insured and underinsured patient populations.
  - **Distinction in Point of Care Ultrasound:** Worked with physician mentors to build a point of care ultrasound image portfolio and develop an outpatient POCUS curriculum
- 8/2018 – 5/2022 MD, The Ohio State University, Columbus, OH
- 8/2016 – 6/2017 MS, Molecular & Integrative Physiology, University of Michigan, Ann Arbor
- 8/2012 – 5/2015 BS, Biomolecular Science and Screen Arts & Cultures, University of Michigan, Ann Arbor

### Licensure

California Medical License, 2025  
Georgia Medical License, 2024  
ALTA Certified in Spoken Spanish, 2024

### Professional Experience

- 9/2025 – Current Internal Medicine Primary Care Physician, The Permanente Group Mountain View, CA
- 8/2019 – 8/2020 Research Assistant, Medical Student Research (MDSR) Scholar The Ohio State University Wexner Medical Center, Columbus, OH
- Piloted an end-of-life survey of caregivers of seriously ill patients who were admitted and died in hospice.
  - Implemented semi-structured interviews, exploring caregivers' experiences during the hospice transition.
- 5/2017 – 6/2018 Research Assistant, Cardiovascular Health Improvement Project (CHIP) Biobank Michigan Medicine Cardiovascular Center, Ann Arbor, Michigan
- Screened and monitored health records for eligible patients of interest for studies related to various cardiovascular diseases.
  - Collaborated with healthcare providers to collect survey data and blood samples from cardiovascular disease patients.
- 9/2015 – 6/2016 CalPREP Fellow, AmeriCorps CalSERVES Napa County Office of Education, Napa, California
- Designed and implemented a volunteer program for middle school students, focusing on college knowledge and academic improvement.

- Recruited and trained volunteer mentors to support high-need students in Napa County.

- 8/2014 – 5/2015 Undergraduate Research Peer Advisor  
Undergraduate Research Opportunity Program (UROP), Ann Arbor, MI
- Mentored and facilitated the development of 35 undergraduate students with independently planned biweekly seminars.
- 8/2014 – 5/2015 Research Assistant, Mechanisms of Obesity, Singer Lab  
University of Michigan, Ann Arbor, MI
- Conducted cell culture and qPCR assays on primary cells and cell lines as well as fatty acid simulation assays.
- 5/2014 – 8/2014 Research Assistant, Calcium Sensing Receptor (CaSR), Cifuentes Lab  
Instituto de Nutrición y Tecnología de los Alimentos (INTA), Santiago, Chile
- Conducted experiments with human adipose tissue cell line LS14 and macrophage cell line THP1 via PCR, Western Blotting, and microscopy.

### Honors and Awards

2024 National Young Scholars in GIM Scholarship, Society of General Internal Medicine

### Professional Society Memberships

2022 – Present American College of Physicians  
2022 – 2023 Society of General Internal Medicine

### Leadership and Service

- 4/2024 – 11/2024 Vot-ER Fellow  
Grady Memorial Hospital, Atlanta, GA
- Led a project aimed at increasing voter registration among patients, enhancing community engagement and advocating for public health at a community hospital.
- 8/2023 – 8/2025 Resident experience in clinic (REC) Committee Member
- Worked with the ambulatory chief resident to develop interdisciplinary collaborations to improve clinic workflows and resident well-being.

### Teaching and Mentorship

- 9/2024 Outpatient Point of Care Ultrasound lecture  
5/2024 “What Is the Diagnostic Yield of Head CT in Delirium Patients?” Journal Club  
10/2023 “Postexposure Doxycycline to Prevent Bacterial Sexually Transmitted Infections”, Primary Care Journal Club  
8/2022 “Osteoporosis Screening” lecture

## Presentations

### Regional and Institutional

**Anjum P**, Gundermann G, Tunnell K, Fleurant M. Adverse Childhood Experiences (ACEs) as Predictors of Primary Care Follow-up. Poster Presentation, Southern Regional SGIM, New Orleans, LA, February 2024.

**Anjum P**, Berman A, Gensler L. Delirium and psychosis in a young female with underlying mental illness. Poster Presentation, Southern Hospital Medicine Conference, Atlanta, GA, September 2023.

Guynn N, **Anjum P**, Kaplan A, Bonadonna L, Crossman L, Lom J. Multisystem inflammatory syndrome: A cause of meningitis not to be MIS'd. Poster Presentation, Emory University School of Medicine Department of Medicine Research Day, Atlanta, GA, October 2022.

**Anjum P**. Medical Student Monologues as Virtual Support During Covid-19 and Nationwide Protests. Poster Presentation, National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, OH, October 2020.

Moellering G, Alcorn K, Ortiz C, **Anjum P**, Lee A, Doshi A, Dralle B, Lu E, Makara J, Graf R, Addison S, Clark M. Annual Wellness Fair Promoting Medical Student Wellness. Poster Presentation, National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, OH, October 2020.

### National

**Anjum P**, Akbashev M, Utz A, Kisala S. Warfarin and GLP-1 Receptor Agonist Interaction Effects on Time in Therapeutic Range. Poster Presentation, 18th National Conference on Anticoagulation Therapy, Washington, DC, April 2025.

Akbashev M, Utz A, **Anjum P**. Evolution of an Electronic Health Record-based alert to optimize venous thromboembolism prophylaxis. Poster Presentation, 18th National Conference on Anticoagulation Therapy, Washington, DC, April 2025.

**Anjum P**, Gowda N, Naeem M, Pobe D, Fisher M. A case of bronchopulmonary dysplasia in a patient with PIK3CA-related overgrowth spectrum (PROS). Poster Presentation, SGIM Annual Meeting, Boston, MA, May 2024

**Phillip Anjum**, Andrew Chacko, Sharon Clark. A Case of Multiple Embolic Infarcts in a Patient with Abdominal Pain. Poster Presentation, Society of Hospital Medicine, Nashville, TN, April 2022.

**Anjum P**, Geisler R, Kavanaugh K. A case of Erdheim-Chester Disease (ECD) with gastrointestinal involvement. Poster Presentation, American College of Physicians National Abstract Competition, Virtual, May 2021.

Hamilton N, **Anjum P**, Schamess A, Desai P. Perception or reality? Pain and Sick Cell Video. Poster Presentation, 14th Annual Sick Cell Disease Research and Educational Symposium, Ft Lauderdale, Florida, September 2020.

**Anjum P**, Gerdes H, Duenas H, Vilson F. Findings of a Healthcare Communication Intervention at The Ohio State University Outpatient Care East Family Medicine Clinic, Poster Presentation, American College of Physicians National Abstract Competition, Los Angeles, California, May 2020.

**Anjum P**, Prater L. Preparation For The End of Life and Perceived Quality of Care Prior To Hospice Referral: A Survey of Caregivers. Poster Presentation, The Gerontological Society of America Annual Meeting. Austin, Texas, November 2019.

### Other Presentations and Engagements

Invited Speaker. Classics 2204: Medicine in the Ancient World, The Ohio State University, October 2020

"Keeping Mentors & Mentees Engaged". CalSERVES Regional Training, Santa Rosa, CA, February 2016

"CalSERVES AmeriCorps Program". Kiwanis Club Napa, Napa, CA, October 2015

### Publications

Akbashev MY, Utz A, **Anjum PL**, et al. Special Topic on CDS Failures: Evolution of an Electronic Health Record-based alert to optimize venous thromboembolism prophylaxis. *Appl Clin Inform*. Published online July 31, 2025. doi:10.1055/a-2672-8358

**Phillip Anjum**, Alyssa Utz, Michael Kimbrell, Mikhail Akbashev. Anticoagulation Therapy for VTE. *Medical Clinics of North America*. April 2025.

**Phillip Anjum**, Mikhail Akbashev, Alyssa Utz, Sydney Kisala. Warfarin and GLP-1 Receptor Agonist Interaction Effects on Time in Therapeutic Range. *Blood* 2024; 144 (Supplement 1): 5579. doi: <https://doi.org/10.1182/blood-2024-211357>

Bose-Brill S, Bardales C, **Anjum P**, et al. A Portfolio Coach-Informed Professional Development Framework. *The Journal of Continuing Education in the Health Professions*. 2023 Oct;43(4):217-224. DOI: 10.1097/ceh.0000000000000502. PMID: 37053579.

Laura Prater, PhD; C. Tory Hogan, PhD; Karen O. Moss, PhD, RN, **Phillip Anjum**, MS; Seuli Bose-Brill, MD. Hospice Transitions From the Perspective of the Caregiver: A Qualitative Study and Development of a Preliminary Hospice Transition Checklist. *American Journal of Hospice and Palliative Medicine*. 2022;0(0). doi:10.1177/10499091221106108

Gállego-Suárez C\*, Bulan A\*, Hirschfeld, **Wachowiak P**, Abrishami S, Griffin C, Sturza J, Tzau A, Hayes T, Woolford S, Lumeng CN, Lee J, Singer K. Enhanced Myeloid Leukocytes in Obese Children and Adolescents at risk for Metabolic Impairment. *Frontiers Endocrinology*. April 2020.

Laura Prater, **Phillip L Wachowiak**, Masami Otsubo, Seuli Bose-Brill, Preparation For The End of Life and Perceived Quality of Care Prior to Hospice Referral: A Survey of Caregivers, *Innovation in Aging*, Volume 3, Issue Supplement\_1, November 2019, Pages S910–S911

Umoh FI, Kato I, Ren J, **Wachowiak PL**, Ruffin MT 4th, Turgeon DK, Sen A, Brenner DE, Djuric Z. Markers of systemic exposures to products of intestinal bacteria in a dietary intervention study. Eur J Nutr. 2016 Mar;55(2):793-8. doi: 10.1007/s00394-015-0900-7. PMID: 25903259

Singer K, Maley N, Mergian T, DelProposto J, Cho KW, Zamarron BF, Martinez-Santibanez G, Geletka L, Muir L, **Wachowiak P**, Demirjian C, Lumeng CN. Differences in Hematopoietic Stem Cells Contribute to Sexually Dimorphic Inflammatory Responses to High Fat Diet-induced Obesity. J Biol Chem. 2015 May 22;290(21):13250-62. doi: 10.1074/jbc.M114.634568. PMID: 25869128

### **Skills and Hobbies**

Experienced in clinical research, with a focus on patient-centered outcomes and care transition

Point of Care Ultrasound proficient, with specialization in outpatient settings

Spanish (Professional Working Proficiency)

Filmmaking, with productions under Omega 3 Pictures