

Pappanroop Jordan Sandhu, MD

CA Physicians and Surgeons License: A191271, Expires November 30, 2027

NPI: 1821730342

DEA: FS5384475, Expires February 29, 2028

EDUCATION/TRAINING

University of California, Irvine, Orange, California, 2022-2026 Psychiatry Residency Training

The California University of Science and Medicine, School of Medicine, Colton, California, 2018-2022, Doctor of Medicine (MD)

University of Washington, Seattle, Washington, 2012-2016, Bachelor of Science (BS) in Molecular, Cellular and Developmental Biology

SCHOLARLY PUBLICATIONS

Peter A. Chiarelli, Richard A. Revia, Zachary R. Stephen, Kui Wang, Forrest M. Kievit, **Jordan Sandhu**, Meenakshi Upreti, Seokhwan Chung, Richard G. Ellenbogen, Miqin Zhang. *Iron oxide nanoparticle-mediated radiation delivery for glioblastoma treatment*. Materials Today. 2022.

Bharat, K., Gutcho, J., Manhas, N., **Sandhu, P.**, Bhattacharyya, S., Scali, F. *Comparison of scapular dyskinesis presentations in athletes of different sports: a meta-analysis*. International Journal of Physical Medicine & Rehabilitation. 2021.

Sandhu P., Young, C., Nausheen, F., Crowley, J. *A Comparison of Cardiac Ultrasound Instructional Methodologies in Undergraduate Medical Education*. Online Journal of Cardiology Research and Reports. 2021.

Chenoweth, J., Hougham, A., Colby, D., Ford, **J., Sandhu, J.**, Albertson T., Sutter, M. *Monitoring the corrected QT in the acute care setting: A comparison of the 12-lead ECG and bedside monitor*. The American Journal of Emergency Medicine. 2017.

POSTERS AND PRESENTATIONS

Buck A*; Lim SM; **Sandhu J**; Kramer E; Im K. *Depression Following ACL Injury: A Case from an Academic Sports Psychiatry Clinic and Review of the Literature*. Poster. American Psychiatric Association Annual Meeting; San Francisco, CA, May 16-20, 2026. *presenter SUBMITTED

Jordan Sandhu, MD*, Huong Nguyen, MD, Rolando Sceptre Ganasi, MS, Jaesu Han MD. *Outpatient Management of Kratom Use Disorder with Suboxone in a Patient with Bipolar I Disorder and Cannabis Use Disorder*. Poster. The Association of Medicine and Psychiatry Conference; Newport Beach, CA, October 9-11, 2025

Sandhu J*; Kramer E; Cho U; Im K. *Restless Leg Syndrome in Competitive Athletes: A Case Report and Review of the Literature*. Poster. Promise 25 Protecting Mental Health in Sport + Exercise Conference; Edinburgh, UK, September 20-21, 2025. *presenter

Jordan Sandhu, MD*, Huong Nguyen, MD, Rolando Sceptre Ganasi, MS, Jaesu Han MD. *Outpatient Management of Kratom Use Disorder with Suboxone in a Patient with Bipolar I Disorder and Cannabis Use Disorder*. Poster. The California Society of Addiction Medicine Conference; Garden Grove, CA, August 13-16, 2025. *presenter

Sandhu, P*, Barrientos D., Smelser, M. (2020, April 17). *The Effect of Zip Codes on Cost of Cesarean Deliveries in New York*. Poster. CUSM Research Symposium; Colton, CA, USA, April 17, 2021. *presenter

Gutcho J., Bharat K., **Sandhu P***. *Comparison of Scapular Dyskinesia presentations in athletes of different sports: A Meta- analysis*. Poster. CUSM Research Symposium; Colton, CA, USA, March 30, 2021. *presenter

Bharat, K., **Sandhu P***. *Comparison of Scapular Dyskinesia presentations in athletes of different sports: A Meta-analysis*. Poster. Association of Academic Psychiatrist Annual Meeting; Colton, CA, February 11, 2021. *presenter

Sandhu, P. *A Comparison of Two Instructional Methodologies in Teaching First Year Medical Students Cardiac POCUS*. Oral Presentation. World Conference on Ultrasound in Medical Education; Irvine, CA, September 14, 2019. *presenter

ACADEMIC & PROFESSIONAL CONFERENCES

The Association of Medicine and Psychiatry Conference; Newport Beach, CA, October 9-11, 2025

PROMISE 25 Protecting Mental Health in Sport + Exercise Conference; Edinburgh, UK, September 20-21, 2025

The California Society of Addiction Medicine Conference; Garden Grove, CA, August 13-16, 2025.

The UCI School of Medicine Second Annual Clinical Psychopharmacology Conference; Anaheim, CA, September 27-28, 2024

Association of Academic Psychiatrist Annual Meeting; Colton, CA, February 11, 2021.

World Conference on Ultrasound in Medical Education; Irvine, CA, September 14, 2019

WORK EXPERIENCE

Physician Contractor, Mental Health Association of Orange County, 2025-current

- Provided psychiatric evaluation and treatment for patients in an outpatient county-level clinic setting via telehealth visits 1-2 Saturdays per month.

Medical Scribe, Elite Medical Scribes, 03/2017 - 06/2018

- Personal assistant to various physicians in the emergency department at a level 1 trauma center.

VOLUNTEER EXPERIENCE

Peer mentor, LAUNCH with Mentor Collective, 05/2021 - 05/2022

- Coached, counseled and provided peer mentorship to five pre-medical students

Educator, Ultrasound Workshops at California University of Science and Medicine, School of Medicine, 07/2021 - 09/2021

- Educated and trained 100 of my co-medical students on evidence-based ultrasound techniques

Volunteer, United Way, 01/2020 - 01/2022

- Created presentations for children on different careers in medicine and served over 50 children experiencing homelessness or housing insecurities

Peer Mentor, Peer Mentoring Program at California University of Science and Medicine, School of Medicine, 09/2019 - 05/2022

- Tutored, created study plans and assisted with residency planning for three underclass medical students.

Volunteer, Healing Hearts Across Borders, 05/2019 - 08/2019

- Provided free health care for low-income residents in Tijuana, Mexico

Volunteer, Lestonnac Free Clinic, 09/2018 - 05/2019

- Provided free health care to uninsured and low-income communities in San Bernardino, CA

Volunteer, Rising out of the Shadows Young Adult Shelter, 06/2015 - 06/2016

- Provided safe overnight shelter for homeless young adults in Seattle, WA

INTERESTS

Professional: Mood/Anxiety Disorders, CBT/Psychotherapy, Collaborative Care, Sports Psychiatry, Telehealth

Personal: Sports (49ers/anything Washington Huskies/Manchester United/Warriors/Dodgers), Golf, Pickleball, Traveling, Movies/TV, Video Games

NOT YET RETAINED