

# Paula S. Newman, Psy.D.

California Clinical Psychologist, PSY18640

## PROFESSIONAL SUMMARY

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- Seasoned psychologist and mental health supervisor with twenty plus years of post-licensure experience.
- Demonstrated track record of successfully working with diverse client populations dealing with a wide range of mental health problems.
- Experienced clinical supervisor skilled in case review and collaborative direction of patient treatment and level of care decisions.

## EDUCATION

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**Doctor of Clinical Psychology** **June 2001**  
*Alliant International University, Los Angeles, CA (APA Accredited)*

**Master of Arts in Clinical Psychology** **August 1999**  
*Alliant International University, Los Angeles, CA*

## CLINICAL AND SUPERVISORY EXPERIENCE

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**Lead Psychologist** **04/24 - Present**  
*Adventist Health, Sonora, CA*

- Lead Psychologist in the Rural Health Behavioral Health program.
- Provide individual, couples, child and family therapy to patients from a diverse range of backgrounds, genders, identities and ages.

**Clinical Psychologist** **06/19 – 10/23**  
*Sierra Conservation Center, Jamestown, CA*

- Staff psychologist providing diagnosis and individual treatment to inmate/patients in the mental health program.
- Primary Clinician/Case Manager coordinating care and planning with Psychiatrists, Recreation Therapists, Medical Providers, Licensed Psychiatric Technicians and Correctional Custody Staff.
- Conduct pre-release evaluations and post-release treatment and supervision recommendations.
- Provided training, clinical supervision, case review and treatment direction to unlicensed psychologists and social workers.

**Senior Psychologist Supervisor, Psychiatric Inpatient Program 05/18 – 06/19**  
*California Health Care Facility, Stockton, CA*

- Supervised approximately fifteen psychologists who provided direct assessment and treatment to inmates admitted for inpatient psychiatric care.
- Participated in program development and quality management activities.
- Worked closely with a multidisciplinary leadership team.
- Provided weekly staff training and case consultation.
- Conducted weekly and monthly documentation audits.

**Senior Psychologist Supervisor, Enhanced Outpatient Program**  
*Mule Creek State Prison, Ione, CA*

**04/16 – 04/18**

- Co-supervised and managed the Outpatient Treatment Program which served over 400 inmate-patients.
- Managed a staff of approximately eighteen psychologists, social workers and recreation therapists.
- Led weekly interdisciplinary treatment team meetings comprised of individual patients and their treatment teams - psychologists, psychiatrists, recreation therapists, custody staff, medical providers and educational staff.
- Worked collaboratively with direct care providers and other members of the interdisciplinary treatment team to ensure effective treatment planning and level of care decisions.
- Participated in program development and quality management activities.
- Completed quarterly program audits and reported on treatment hours provided to local and state executives.

**Clinical Psychologist**

*Mule Creek State Prison, Ione, CA*

**08/13 – 04/16**

- Staff psychologist providing individual and group psychotherapy to inmate/patients in the Enhanced Outpatient Program.
- Primary Clinician/Case Manager coordinating care and planning with Psychiatrists, Recreation Therapists, Licensed Psychiatric Technicians and Correctional Custody Staff.
- Participate in treatment team meetings regarding treatment planning and level of care decisions.

**Clinical Psychologist** **08/08 – 07/09**

*Vericare, Austin, TX and Dallas, TX*

- Provided inpatient Behavioral Medicine interventions to individuals participating in rehabilitation after illness or injury.
- Coordinated with treatment team members such as Physical Therapists, Occupational Therapists, Speech Therapists and medical staff, to optimize patients' rehabilitation outcomes.
- Conducted psychotherapy with long-term care patients regarding issues such as chronic mental illness, aging, declining health, chronic pain, cognitive decline, loss of independence and death.

**Clinical Psychologist**

*Private Practice, Austin, TX*

**02/08 – 12/08**

- Performed couples, individual and family psychotherapy.
- Chronic Pain Patients - pain management, stress reduction, lifestyle modification and transition therapy with individuals suffering chronic pain.

**Clinical Psychologist**

**11/02 – 07/07**

*Private Practice, Pasadena, CA*

- Performed individual, couples, family and child psychotherapy.
- Provided psychotherapy to graduate students enrolled in psychology doctoral programs.
- Conducted psychological testing.

**Clinical Supervisor**

*AIDS Services Center, Pasadena, CA*

**9/04 – 5/05**

- Supervised psychology practicum students working with HIV infected and affected individuals, couples and families.

**Clinical Supervisor/Pathways Program Coordinator**

**04/01 – 7/04**

*Santa Anita Family Service, Covina and Monrovia, CA*

- Managed outpatient substance abuse treatment program.
- Facilitated treatment groups for substance abuse, sex offenders, and domestic violence offenders.
- Monitored compliance with county substance abuse treatment contracts.
- Provided therapy for individuals with a variety of presenting issues from age three years to senior.
- Supervised unlicensed therapists and facilitated supervision groups for clinicians working in Domestic Violence and Sex Offender Treatment.
- Provided training on Domestic Violence and Sex Offender Treatment.

**Post-Doctoral Fellow**

**8/01 – 5/02**

*Children's Institute International, Los Angeles, CA*

- Provided treatment to women victims of domestic violence.
- Conducted assessment and psychotherapy with child victims of sexual abuse and domestic violence.
- Facilitated a therapy group for adolescent victims of sexual abuse.

**Psychology Intern**

**9/00 – 6/01**

*Children Youth and Family Services Consortium, Alhambra, CA*

- Conducted individual and family therapy for children grades K – 8<sup>th</sup>.
- Provided mental health consultation to teachers and school staff.
- Performed psychological assessment of students.

**Registered Psychological Assistant, PSB 28151**

**9/00 – 8/01**

*Private Practice, Huntington Beach, CA*

- Administered psychological tests to adults and children.
- Wrote assessment reports for use in custody and forensic evaluations.

**Psychology Intern**

*Orange Coast College, Costa Mesa, CA*

**8/99 – 5/00**

- Conducted brief and long-term psychotherapy using psychodynamic, cognitive-behavioral and narrative approaches.
- Organized and co-facilitated a group for gay, lesbian and bisexual students.
- Treated clients ranging in age from 18 to 67 and with diverse issues such as depression, eating disorders, psychotic disorders, developmental, family and relationship issues.
- Conducted psychological testing.
- Utilized biofeedback and relaxation training to assist patients with chronic pain and anxiety.

**Group Facilitator**

*Passageways, Pasadena, CA*

**12/98 – 7/99**

- Facilitated Support Group for homeless women.
- Treated clients with chronic mental illness such as bipolar disorder, psychotic disorders, depression and PTSD. The majority of the group members had dual diagnoses.

**Psychology Intern**

*AIDS Services Center, Pasadena, CA*

**9/98 – 8/99**

- Conducted individual and family therapy.
- Treated HIV-infected Gay men and women, male and female adolescents, and non-infected family members.
- Issues included psychosocial aspects of living with HIV, grief, relationship problems, depression, severe mental illness, personality disorders, homophobia, substance abuse.