

## Ramya Ramesh Malchira, M.D.

### EDUCATION:

- MBBS - Kempegowda Institute of Medical Sciences, Bangalore, India (06, 2004)
- Internship - Internal Medicine, Morristown Memorial Hospital, Morristown, NJ (06/2009 - 06/2010)
- Residency - Internal Medicine, LA County - University of Southern California, Los Angeles, CA (07/2010 - 09/2012)
- Fellowship - Nephrology, Olive View UCLA Medical Center, 09/2014.

### MEDICAL SCHOOL HONORS / AWARDS

Secured highest marks in Community Medicine examination conducted by Rajiv Gandhi University of Health Sciences.

### CERTIFICATIONS:

- ABIM Board Certified, Internal Medicine (08/2013)
- ABIM Board Certified, Nephrology (10/2014)
- Lifestyle Medicine Certification by the American Board of Lifestyle Medicine (12/2021)

### LICENSURE:

California State Medical Board, Physician and Surgeon, 11/2011 to present, License# A118929

### PROFESSIONAL EXPERIENCE:

1. Associate Clinical Professor, Division of Nephrology, Division of Medicine, (10/15/2014 - Current)  
UCLA David Geffen School of Medicine.  
25775, Mc Bean Pkwy, Ste 215, Santa Clarita, CA 91355
2. Urgent Care Physician: (11/2013- 09/2014)  
Kaiser Permanente, Santa Clarita & Panorama City, CA.
3. Urgent Care Physician: (07/2013 – 09/2014)  
Facey Medical Group, Santa Clarita, CA

### RESEARCH EXPERIENCE:

Clinical Research Coordinator for Dr. Tooraj Raoof, MD.  
08/2008 - 11/2008  
Average Hours/Week: 40  
Encino Research Center, California

Worked on the following clinical trials: Teva: Actinic Keratosis ; Pfizer: Osteoarthritis; Altana: Atopic Dermatitis; Arigen: Herpes Zoster; Warner Chilcott: Acne Vulgaris trial; Pfizer Shoulder tendonitis.

## RECOGNITION/AWARDS

Nominated as Healthcare Hero at Henry Mayo Hospital by patients in 2017, 2018, 2019, 2020, 2021, 2022,2023.

Recognized on National Doctors' Day as patients donate to the Henry Mayo Foundation in my name honoring me as a Health Care Hero for providing outstanding care.

## COMMITTEES/MEMBERSHIPS

**Medical Director-** Hemodialysis- DaVita Valencia Dialysis, since May 2020.

**Clinical Lead Physician-** UCLA Health Santa Clarita McBean Primary and Specialty care – since 2017, current .

**Associate Editor-** Proceedings of the UCLA Department of Medicine on Cureus - 11/2024- ongoing

Member Appropriateness Review Committee, Henry Mayo Hospital- since February 2017

Member Primary Care Council, UCLA Health, since 2018.

Member Peer Review Committee, Henry Mayo Hospital- since May 2019

Member Dialysis Steering Committee, Henry Mayo Hospital- since November 2019

DMPG Onboarding Supplemental Instructor, Academic Year 2021-2022

Peer Teaching-- Onboarding Peer Practice Partner (1/2025)

Department of Medicine Professional Group (DMPG) Annual Retreat Instructor Subcommittee-

Proceedings of the UCLA Department of Medicine: Cureus Channel affinity group session, during the

AY 2024 – 2025 UCLA Department of Medicine Professional Group (DMPG) Annual Retreat.

**LANGUAGE FLUENCY:** English, Hindi, Kannada.

## BIBLIOGRAPHY

### Research Papers - Peer Reviewed

1. Acute Renal Failure Due to Amyloidosis Associated with Intravenous Heroin Use. Malchira,R; Shye M, Konanur R et al- Cureus 17(7): e88860. doi:10.7759/cureus
2. Membranoproliferative Glomerulonephritis Due to HACEK Endocarditis in a Patient with Cirrhosis: A Case Report. Alisha Mehta, Ramya Malchira, Kalyani Mehta , Cynthia C. Nast- Glomerular Diseases (Submitted)

## Research Papers – Non-Peer Reviewed

1. Case report: An Interesting Case of Cecal Bascule Causing Intestinal Obstruction- Malchira, R.R., Patel, R.H., posted in Volume 20 of the Proceedings of UCLA Healthcare.
2. Case Report: Nephrotic-range proteinuria in a patient with glioblastoma- Michael Shye, M.D. and Ramya Malchira, M.D. Posted in Clinical Vignette Proceedings of UCLA Healthcare Volume 20 (2016)
3. Auricular Chondritis as a First Feature of Granulomatosis with Polyangiitis-Masoom Modi, MD and Ramya Malchira MD. Published in the Proceedings of UCLA Healthcare Volume 21 (2017)
4. Multiple Myeloma Presenting with Sub-acute Kidney Injury and No Proteinuria- Ramya Malchira, MD and Michael Shye, MD. Posted in the Proceedings of UCLA Healthcare Volume 22 (2018)
5. Fever of Unknown Origin, a rare presenting feature of Acute Interstitial Nephritis from a commonly prescribed medication. Ramya Malchira, MD and Michael Shye, MD. Posted in Volume 23 (2019) of the Proceedings of UCLA Healthcare.
6. A Case of Acute Kidney Injury due to Oxalate Nephropathy- Michael Shye, MD and Ramya Malchira, MD- Posted in the Proceedings of UCLA Healthcare Volume 23 (2019).
7. Acute Kidney Injury with Pembrolizumab, Ramya Malchira, MD; Michael Shye, MD- *Proceedings of UCLA Health, In Press*
8. Relatively Rapid Memory Loss in a Folate Deficient Patient. Mufaddal Dahodwala, MD and Ramya Malchira, MD—posted in Volume 25 (2021) of the Proceedings of UCLA Healthcare.
9. A Case of Acute Kidney Injury related to repeated Oxaliplatin use. Ramya Malchira, M.D and Mufaddal Dahodwala, MD- posted in Volume 25 (2021) of the Proceedings of UCLA Healthcare.
10. Acute onset hypertension due to unilateral atherosclerotic renal artery stenosis. Michael Shye, Ramya Malchira- posted in Volume 26 (2022) of the Proceedings of UCLA Healthcare.
11. A Case of Cervical Myelopathy related to Copper Deficiency. Ramya Malchira, Michael Shye. Posted in Volume 26 (2022) of the Proceedings of UCLA Healthcare.
12. Clinical Diagnosis Renal Artery Stenosis in a 65-Year-Old Male. Raghu Venkatram, Ramya Malchira. Posted in Volume 27 (2023) of the Proceedings of UCLA Healthcare.
13. Monoclonal Immunoglobulin Deposition Disease due to Chronic Lymphocytic Leukemia causing Nephrotic Syndrome. Ramya Malchira, Michael Shye. Posted in Volume 27 (2023) of the Proceedings of UCLA Healthcare.

14. Nivolumab-induced acute interstitial nephritis without pyuria. Michael Shye, MD and Ramya Malchira, MD. Posted in Proceedings of UCLA Healthcare, Volume 28, 2024.
15. Unstable Angina Presenting as Left Arm Pain. Ramya Malchira, MD; Happy Thakkar MD and Helen Huang, MD. Proceedings of UCLA Healthcare. Posted in Volume 28 (2024)

### **Abstracts**

1. Familial Hyperkalemia- American Society of Nephrology 2013, Fellows Case Presentation. Ramya. R. Malchira, Ana Ortiz-Guerrero, Saman Sarani, Phuong-Thu Pham and Phuong-Chi. Pham
2. Utility of fractional excretion of sodium (FeNa) compared with the old-fashion clinical history and urinalysis in the evaluation of acute kidney injury. American Society of Nephrology 2013, Fellows Case Presentation and Poster Presentation.
3. Severe Rapid Renal Wasting in Patient with presumed Influenza Vaccine Induced Guillian Barre syndrome- Poster Presentation NKF 2014, American Journal of Kidney Diseases, May, 2014, Vol 63, A76.

### **COMMUNITY SERVICE**

1. "Ask the Doctor" – October 23, 2014  
Princess Cruises Open Enrollment
2. Caregiver Resource Day – May 9, 2015.  
"Exercise and Wellness, Caregiver Burnout"  
College of the Canyons, Santa Clarita, CA.
3. "Fit for Life, Maintaining Wellness and Mobility in the Golden years"- Oakmont Assisted Living, May 26, 2016
4. "When Life Gives You Kidney Stones"- Health seminar, Santa Clarita YMCA, September 7, 2016.
5. "Hypertension and the Kidneys"- Health Seminar at Santa Clarita Senior Center, January 17, 2018.
6. COVID 19 Vaccine Information- FAQ's- College of the Canyons. 2/5/2021. Audience ~108 attendees. Virtual.
7. COVID 19 Vaccine Information- 2021 Women's Conference, Virtual, College of the Canyons, 3/26/2021.
8. Interview with SCV Signal about COVID 19 pandemic- 10/11/2021. Published in The Signal, 10/18/2021.

9. Networking Event- SCV Chamber: State of the County Luncheon - UCLA Health Title Sponsor. 5/4/2022.
10. Networking Event- SCV Chamber: State of the County Luncheon - UCLA Health Title Sponsor. 5/31/23.
11. Lecture to Valencia High School Students- MedVentures Valencia, a student club at Valencia High School that aims to educate students about different medical pathways through the help of guest speakers. 2/28/24.
12. Taste of Town- Local Santa Clarita Event
13. Presenter- Lecture at Santa Clarita Senior Center- Bella Vista- Topic: Caring for your Kidneys- attendees ~50 people- 10/1/2025

#### **TEACHING:**

1. Patient Education: Selection of dialysis modality  
Target audience: patients with chronic kidney disease stage IV and V.  
Location: Olive View UCLA Medical Center
2. Santa Clarita Faculty Forum Noon Conference (11/24/14 – 2019)  
Dietary Calcium and Kidney Stones  
Attendees- All Santa Clarita UCLA Health physicians
3. Drug Dosing in CKD and AKI, Herbal Medications  
12/16/14- Nephrology Fellows Noon Conference- Olive View UCLA Medical Center
4. Case Conference: Immunoglobulin A Nephropathy  
3/24/15, Nephrology Fellows Noon Conference, Olive View UCLA Medical Center.
5. Case Conference: Nephrology Fellows, Minimal Change disease, UCLA. 4/8/2015.
6. Clinical Skills 2 Instructor- David Geffen School of Medicine  
Dates: 8/2015 to 11/2015
7. Core MSTP Preceptor – February 2016- April 2016, Student: Xavier Gaeta.
8. Drug Dosing in CKD and AKI, Herbal Medications  
3/8/16, Nephrology Fellows Noon Conference- Olive View UCLA Medical Center
9. Case Conference: Nephrology Fellows, Acute Kidney Injury, Minimal Change Disease, Olive View UCLA Medical Center. 6/7/2016

10. Clinical Skills 2 Instructor- David Geffen School of Medicine  
8/2016 to 10/2016
11. Case conference: Nephrology Fellows, Focal Segmental Glomerulosclerosis, Olive View UCLA Medical Center, 5/10/2017
12. Clinical Skills 2 Instructor- David Geffen School of Medicine 8/2017 to ongoing
13. Case conference: Nephrology Fellows- Myeloma and the Kidney, Olive View UCLA Medical Center, 11/15/17.
14. Case conference: Nephrology Fellows- Drug Dosing and CKD, Herbal Medications, Olive View UCLA Medical Center, 5/9/18
15. Medical Student Ambulatory Clinic Preceptor- MS III. 8/2017- ongoing.
16. Nephrology Lecture with UCLA Primary Care Residents- UCLA Santa Clarita. Topic: Resistant Hypertension – 10/10/2019
17. Clinical Skills 2 Instructor- David Geffen School of Medicine  
Dates: 8/2019 to 10/2019
18. Clinical Skills 2 Instructor- David Geffen School of Medicine  
Dates: 8/2020-11/2020
19. Nephrology Fellows Boot camp Lecture: Topic : Resistant Hypertension  
Date: 8/10/2020
20. Ambulatory Clerkship, DGSOM, UCLA Medical Student- 3<sup>rd</sup> year student rotate in the clinic setting. 2016-ongoing.
21. Nephrology Fellows Boot camp Lecture: Topic : Resistant Hypertension  
Date: 8/16/2021
22. Subspecialty Lecture- UCLA Santa Clarita- Residency-1/27/22, 2/10/22, 2/24/22. Topic- Resistant Hypertension.
23. Subspecialty Lecture- UCLA Santa Clarita- Residency- 12/15/22, 1/22/23- Topic- Nephrotic Syndrome.
24. Nephrology Fellows Boot Camp Lecture: 08/07/2023. Topic : Resistant Hypertension
25. Subspecialty Lecture- UCLA Santa Clarita- Residency- 9/25/23, 10/9/23, 10/23/23  
Topic- Proteinuria, Comprehensive management of DM/Proteinuria.

26. Henry Mayo Hospital- Lunchtime CME series- Unlocking Hyponatremia- Navigating the Waters of Sodium Imbalance. 10/26/23.
27. Nephrology Fellows Boot Camp Lecture- 8/19/24- Resistant Hypertension
28. Intersessions Instructor- SPE, H and P Feedback. 7/17/25, 2-5 PM, 3 students
29. DMD- Discussions of Major Diseases- AKI, CKD- Medical Students – 7/30/25- 12-1 PM
30. Intersessions Instructor- SPE, H and P Feedback- 9/30/25- 2-3:30 PM- 2 students
31. Peer Teaching-- Onboarding Peer Practice Partner (1/2025).

NOT YET RETAINED