

# Ryan N. Reed, Ph.D., QME

San Diego, CA

## EMPLOYMENT

United States Navy

*June 2012 – Present*

### **Health Professions Scholarship Program**

- Officer Development School (Graduated: 19JUL2013)

### **Clerkship**

- NAVSPECWAR Center, San Diego (12JUN2014 – 26JUL2014)

### **Clinical Psychology Intern**

- Naval Medical Center Portsmouth (AUG2015-AUG2016)

### **Post-Doctoral Psychology Fellow**

- Naval Medical Center San Diego (06SEP2016 – 14FEB2017)

### **Staff Psychologist, Division Officer**

- Naval Training Center Branch Clinic, NMCSO (14FEB2017 – 24JUL2017)

### **SERE (Survival, Evasion, Resistance, Escape) Psychologist**

- Naval Medicine Readiness Training Command, Rota, Spain (24JUL2017 – 17JUL2020)

### **OSCAR (Operational Stress Control and Readiness)**

#### **Psychologist**

- 7<sup>th</sup> Marine Regiment, 1<sup>st</sup> Marine Division; Marine Corps Air Ground Combat Center, Twentynine Palms, CA (17JUL2020 – Present)

### **AWTT (Advanced Warrior Toughness Training) Performance Psychologist – Lieutenant Commander**

- Warrior Toughness, Naval Service Support Advanced Training Command, San Diego, CA (01JUL2022 – Present)

### **Psychologist – Lieutenant Commander**

- Naval Special Warfare Group 1, Coronado, CA (01JUL2025 – Present)

### **Psychologist – Grow Therapy Telehealth (AUG2023-JUN2025)**

**Qualified Medical Examiner, State of California, Department Worker's Compensation – Expedient MedicoLegal Services (JUL2024-Present)**

## INTERNSHIPS & ASSISTANTSHIPS

Naval Medical Center San Diego

### **Clinical Psychology Intern**

*August 2015 – August 2016*

- Rotation 1: Health/Pain Psychology

- Rotation 2: Inpatient Psychology

- Rotation 3: Outpatient, Naval Air Station Oceana

- Rotation 4: Outpatient, Naval Medical Center Portsmouth

University of South Dakota Clinical Psychology Department

**Research Assistant**

*August 2010 – August 2012*

- Conducted Ecological Momentary Assessment study into use of alcohol by college students

**Clinical Psychology Trainee – Psychological Services Center**

*May 2012 – May 2015*

- University-based Mental Health Clinic
- Psychological evaluation, weekly supervised therapy, integrative treatment planning and reporting
- Teaching undergraduate Lifespan Development coursework

**Psychological Testing Trainee – Veteran's Affairs**

*May 2012 – July 2012; January 2014 – July 2014*

- Neuropsychological testing (intelligence, memory, Alzheimer's, ADHD)
- Group therapy – intergenerational PTSD Support Group
- Multidisciplinary treatment team member

**Clinical Psychology Trainee – Dakota Counseling Institute**

*August 2012 – June 2013*

- Group and individual therapy, client age 11 – 60
- Assessment (intelligence, disability claims, ADHD, Alzheimer's)

**Clinical Psychology Trainee – Abbott House**

*August 2013 – January 2014*

- Group and individual therapy, client age 5 – 56
- Assessment (intelligence, disability claims, ADHD)

**Clinical Psychology Trainee – Avera Medical Center**

*July 2014 – May 2015*

- Oncology Psychology
- Pain Psychology
- Health Psychology

**EDUCATION**

**University of South Dakota**

Clinical Psychology Ph.D. Program

*August 2010 – May 2015*

Thesis: *Effects of Posttraumatic Stress Symptom Severity on Attentional Tuning*

Study assessing the effects of combat deployment and civilian trauma on both perceptual and conceptual attention.

Dissertation: *Differential Effects of Ingestion and Taste of Glucose on Self-Control and Intertemporal Decision-Making*

Study assessing the impact of both the taste of glucose and changes in blood glucose levels on self-control and intertemporal decision-making in college students.

Publications:

Poster Presentation (AUG 2011, APA, Washington D.C., NIDA Grant)

*Self-control, marijuana-related problems, and age of use initiation*

Poster Presentation (AUG 2012, APA, Orlando FL)

*How much did you drink on Friday? Comparison of three self-report measures with transdermal alcohol assessment*

Textbook Chapter – Simons, J., Gaher, R., Wray, T.B., Reed, R.N. *College Student Drug Use: Prevalence and Consequences*, Wiley, pp. 3 – 52; 2012

Journal Article – Reed, R.N., Messler, E.C., Coombs, T.E., & Quevillon, R.P. (2013). Social Media use and the acceptability of telepsychological services in rural populations. *Journal of Rural Mental Health, Vol 38*, No. 1, pp. 2-8

Poster Presentation (AUG 2013), APA, Honolulu, HI)

*Effects of PTSD symptom severity on attentional tuning*

Journal Article – Wang, X.T., Reed, R.N., Baugh, L.A., & Fercho, K.A. (2018). Resource forecasting: Differential Effects of Glucose Taste and Ingestion on Self-Control and Self-Regulation. *Appetite (121)*, pp. 101-110.

*Resilience and Stress Management*

Presentation (June 30, 2023; Joint Women's Leadership Symposium, San Diego, CA)

*Mindful Applications to Workplace Safety*

Presentation (APR 24, 2024; 32<sup>nd</sup> Annual Joint Safety and Environmental Professional Development Symposium)

**California Polytechnic State University, San Luis Obispo**

Bachelor's of Science in Counseling Psychology

September 2005 – December 2008

- Focus on Multicultural and Forensic Psychology

**Professional Groups**

Founder Psychological Research: Investigating Diverse Experiences (*USD, 2014-2015*)

Member, Psi Chi National Honor's Society (*2008 – Present*)

Board Member, Student Veteran's Association USD Chapter (*January 2011 – May 2015*)

Joint Military Mental Health Provider Working Group (*2021*)

American Psychological Association (Member, *2020-Present*)