

Ryan Rubin

Skill Summary

CSCS, NSCA-CPT, NCSF, NASM-CES, Active Release Technique (ART), Rocktape Certified, Leadership/Management experience, Customer Service, Certified CPR/First Aid/AED/Oxygen

Education

California State University Northridge
B.S Kinesiology Exercise Science 2012
Palmer College of Chiropractic
Doctor of Chiropractic 2016

Professional Summary

Doctor of Chiropractic and clinic owner with experience leading multidisciplinary practices. Strong background in patient care, rehabilitation programming, staff management, and insurance billing. Proven ability to drive operations, patient outcomes, and clinic performance.

Core Expertise

Chiropractic Care & Rehabilitation
Corrective Exercise & Injury Prevention
Practice Ownership & Operations
Staff Leadership, Hiring & Training
Insurance Coding, Billing & Collections
Strength & Conditioning
Patient Experience & Retention
Managing Staff and Employees

Experience

Chiropractor/Owner Synergy Chiropractic and PT 2016 - Present

- Manage and train employees, run payroll, hire and HR for office
- Treat patients and create programs for best recovery
- Code and bill for patients insurance and calculate daily/monthly collections

Master Trainer 24 Hour Fitness 2012- 2013

- Plan programs for clients to reach their health and fitness goals
- Instruct correct form for exercises including machines, free weights, cables, and functionally.

Group Fitness Instructor LA Fitness 2013-2016

- Create exercises and manage 50+ people for high intensity workout
- Energize and excite clients with a structured and challenging class.

Certified CPR/AED/First Aid/Oxygen Instructor YMCA: 2007 – 2013

- Effectively conducted classes and educated how to productively perform the necessary steps to save a life.

Involvement

Business Network International 2016- Present
LAFC Soccer Club 2016- Present
Eagles Soccer Club 2019- Present
Moorpark College Guest Speaker 2016- Present
CA Chiropractic Association 2014- Present
Sigma Phi Epsilon Alumni Board 2015- Present