

Sailaja Akella, D.O.

PROFESSIONAL EXPERIENCE

02/2025 – Present	Medical Director of SV Medical Consulting, LLC
02/2023 – 02/2025	Private Practice
12/2015 – 1/2023	Staff Psychiatrist at Student Health & Wellness Center, University of California, Davis
12/2015 – 12/2016	Associate Physician, Psychiatry & Behavioral Sciences, University of California, Davis
12/2016 – 12/2020	Volunteer Clinical Faculty, Psychiatry & Behavioral Sciences, University of California, Davis

EDUCATION

3/2019–10/2021	Academy of Integrative and Holistic Medicine Integrative and Holistic Medicine Fellowship	San Diego, CA
7/2013–6/2015	Hofstra North Shore-LIJ School of Medicine Child and Adolescent Psychiatry Fellowship	Glen Oaks, NY
7/2010–6/2013	Hofstra North Shore-LIJ School of Medicine General Adult Psychiatry Residency	Glen Oaks, NY
8/2006–5/2010	New York College of Osteopathic Medicine (NYCOM) Doctor of Osteopathic Medicine (D.O.)	Old Westbury, NY
8/2002–5/2006	Stony Brook University Major Biomedical Engineering (B.E.) <i>Cum Laude, Honors in Biomedical Engineering</i>	Stony Brook, NY

CERTIFICATION AND LICENSURE

4/2023 – present	Qualified Medical Evaluator, certified (Q.M.E)
7/2022–present	American Board of Integrative Medicine
9/2015–present	American Board of Psychiatry & Neurology – Child and Adolescent Psychiatry
9/2014–present	American Board of Psychiatry & Neurology – General Psychiatry
6/2015–present	Physician License in the state of California
6/2023 – present	Physician License in the state of South Carolina

TEACHING EXPERIENCE

- 3/2016–6/2016 University of California, Davis
Child & Adolescent (C&A) Psychiatry Elective in College Student Mental Health
- Supervised senior year fellows in their clinical rotations
 - Prepared didactics to discuss common psychiatric diagnosis as well as treatment approaches.
- 7/2016-6/2018 University of California, Davis
Child and Adolescent (C&A) Psychiatry Rotation in College Student Mental Health
- Supervised senior year fellows in the evaluation and treatment of college students seeking psychiatric care as well as to formulate a specialized Biopsychosocial plan.
 - Prepared weekly didactics to teach common psychiatric diagnosis in this age group, treatment modalities, how to incorporate a collaborative care model utilizing the campus system services.

PRESENTATIONS

- 3-6/2016 Sacramento, CA
Speaker on the topic of Transitional Age Youth and College Mental Health Lecture Series at University of California, Davis Medical Center for the Child & Adolescent Psychiatry fellows.
- 1/2015 Glen Oaks, NY
Speaker at Hofstra-NSLIJ School of Medicine's Child & Adolescent Psychiatry grand rounds.
- 11/2014 Bay Shore, NY
Speaker on the topic of bullying at Bay Shore Middle School's Student Conference Day
- 10/2014 San Diego, CA
S Akella, V Fornari. Teaching Residents in Child and Adolescent Psychiatry About Systems of Care: Participating in a Collaborative Care Model, poster presented at the 61st Annual Academy of Child & Adolescent Psychiatry Systems of Care Session.

PUBLICATIONS

K Fiore, R Dicker, S Akella, P Hoffman. "Professionalism in the Practice of Psychotherapy." *From Reading to Healing; Teaching Medical Professionalism through Literature*, The Kent State University Press, 2019, pp.58-71

S Akella, V Fornari et al. Diagnosing and treating ADHD: An Innovative Model to Support New York's Family Physicians. *J NYSFP*. Vol 4. No1. Summer 2015. Online.

Akella, Sailaja. *Serenity*. Photograph. Narrateur: Reflections on Caring. Hofstra-NSLIJ School of Medicine. Art and Literary Review. Issue 3.2014, May.

Akella, Sailaja. *Serenity*. Photograph displayed at Hofstra-NSLIJ School of Medicine. Hempstead, NY.

M Khan, S Akella. Cannabis induced bipolar disorder with psychotic features: a case report. *Psychiatry online*. 2009, Dec; 6(12):44-8.

HONORS AND AWARDS

- 10/2014 61st Annual Meeting of the American Academy of Child & Adolescent Psychiatry San Diego, CA
▪ Recipient of the Systems of Care Travel Award
- 4/2014 American Academy of Child & Adolescent Psychiatry Advocacy Day Washington D.C.
▪ Recipient of the Travel Award

NOT YET RETAINED