Saro Arthur Altinoglu, Psy.D.

Clinical Psychologist, License #35519

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Education

Doctor of Psychology - Psy.D.
Psy.D. Program in Clinical-Community Psychology
University of La Verne, La Verne, CA - APA Accredited
Dissertation: Ethnic Match Influence and Treatment Outcomes of University Counseling Center Clients
Dissertation Chair: Jerry Kernes,Ph.D.
APA Pre-Doctoral Internship
Psy.D. Hooded/Conferred May 22, 2016
Degree Posted: October 2016
Masters of Science - M.S. Psychology
University of La Verne, La Verne, CA - APA Accredited
Conferred October 8, 2010
Bachelor of Arts - B.A. Psychology
California State University, Fullerton CA
Dean's Honor List, 2005-2008
Conferred May 18, 2008

APA Accredited Doctoral Internship

Institute for Multicultural Counseling and Education Services (IMCES)
Los Angeles, California - (August 2014 – August 2015)
1-year Pre-Doctoral APA Internship

Pre-Doctoral Intern. Provided individual therapy within multiple programs for clients enrolled in Full Service Partnership (FSP), Integrated Service Management (ISM), Prevention and Early Intervention (PEI) and Seeking Safety (SST). Responsibilities also include participating in multiple weekly interdisciplinary treatment team meetings in which diagnosis, therapeutic goals and intervention strategies are discussed for each client. Individual, group therapy and psychological assessment were also conducted in Armenian and Turkish to clients who were non-English speaking. Worked collaboratively with staff psychiatrist to manage multiple clients' medication and mental health needs within the community. Developed multiple community outreach and advocacy projects relating to stigma reduction in mental health. Conducted psychological assessment, wrote psychological testing reports, and completed intake assessments for incoming ethnically diverse clients.
CEO/President/Founder: Tara Pir, Ph.D.
Clinical Supervisors: Michele Linden, Ed.D., Gilbert Morquecho, Ph.D., Ali Jazayeri, Ph.D.

Doctoral Practicum Experience

Harbor UCLA Medical Center

Child Psychological Assessment Track
Advanced Testing Practicum
Torrance, California – (September 2011 – August 2012)
Community Hospital
1-year Doctoral Practicum

Psychology Practicum Extern. Provided neuropsychological, cognitive and personality assessment batteries to ethnically diverse and medically fragile children and adolescents within the Child and Adolescent Psychiatry Clinic, under the direct supervision of a licensed psychologist. Externs administer, score, and write psychological reports involving individually tailored assessment instruments. Typical referral questions involve: cognitive functioning, assessment of Pervasive Developmental Disorders, or differential diagnostic issues. Typical administration involve: clinical interview, at least one test of cognitive functioning, academic achievement, youth self- and adult-report instruments of children's functioning, and projective or personality assessment instruments. Externs attend school observations and IEP meetings. Externs are required to attend a weekly deposition meeting, as well as, feedback sessions with psychiatrists, therapists, or parents/guardians.
Clinical Supervisor: Lindsey Combs-Ronto, Ph.D.

Loma Linda Behavioral Medical Center

Redlands, California – (September 2010 – September 2011)
Behavioral Medical Center
1-year Doctoral Practicum

Psychology Practicum Trainee. Conducted psychological assessment, wrote psychological testing reports, and provided individual and group therapy, under the direct supervision of a licensed psychologist, to ethnically diverse patients in an acute inpatient facility. Common diagnoses at the BMC include: severe and persistent psychotic disorders, Depression, Anxiety, Axis II disorders, substance use disorders, and Dual Diagnosis. Assessments included full/partial batteries focused on personality and intellectual functioning, neuropsychological testing and screeners as requested by the individual's interdisciplinary treatment team. Facilitated an adult CBT process group, co-facilitated a children personal goals group and a geriatric process group. Responsibilities also include participating in an interdisciplinary treatment team in which diagnosis, therapeutic goals and intervention strategies are discussed for each patient.
Clinical Supervisor: Janet Sonne, Ph.D.

University of La Verne Counseling Center

La Verne, California – (September 2009 – July 2010)
University Counseling Center
1-year Doctoral Practicum

Psychology Practicum Trainee. Provided individual therapy, under the supervision of a licensed psychologist, to undergraduate students and graduate students attending University of La Verne (ULV). Common diagnoses include: Depression, Anxiety, Eating disorders, Substance addictions, and Adjustment disorders. Participated in a year-long assessment seminar and clinical-community seminar. Completed clinical paperwork, intake, progress notes, case formulation and termination. Administered,

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scored and interpreted assessments. Contributed to an on-campus stress management presentation for international/foreign exchange students. Provided community outreach on the ULV campus radio regarding alcoholism, binge drinking, and substance use issues.
Clinical Supervisor: Richard Rogers Jr., Ph.D.

Clinical Work Experience

Amend Treatment

Malibu, California (September 2023 – June 2024)
Adult Mental Health Residential Treatment Center

Clinical Director/Senior Director of Psychological Services & Clinical Outreach

- As Clinical Director, supervised all aspects of the overall treatment direction for adult clients within a mental health residential treatment facility. This included overseeing individual and family sessions, coordinating daily group activities, and providing treatment guidance to the treatment team.
- As Senior Director of Psychological Services & Clinical Outreach, primarily focus was on conducting comprehensive psychological assessment batteries. These assessments included testing for autism spectrum disorder, personality disorders, malingering, and various other mental health conditions.
- Proficient in administering and interpreting several psychological assessments, including the MMPI-2, MCMI-IV, TAT, SRS-2, TOMM, MSI-BPD, among others.
- Other responsibilities as Senior Director encompassed clinical outreach and establishing connections with other outpatient and inpatient providers to ensure continuity of care for clients in mental health residential treatment centers. Collaborating closely with the discharge planner at Amend to facilitate appropriate client placements upon the completion of their residential treatment.

ROWI Teen & Parent Wellness Center

Thousand Oaks, Calabasas, Encino, Valencia, Torrance, Pasadena, Covina, Long Beach, Rancho Cucamonga, Tustin, Burbank, Corona, California (June 2018 – June 2023)
Adolescent PHP/IOP Mental Health Services

Program Director/Clinical Director/Director of Clinical Compliance.

- Supervised the overall treatment of the adolescent/teenager population and their families in 10 Partial Hospitalization and Intensive Outpatient Programs (PHP/IOP) in their respected facilities. Managed and supervised 60 clinical staff across 10 treatment facilities.
- Consulted with the Director of Clinical Services and CEO on an as-needed basis to ensure the best, most efficient utilization of program and company resources. Closely supervised all clinical and non-clinical services to assure they were delivered, in keeping with company's mission statement.
- Developed in-service training and continuing education for all treatment staff, and supervised treatment planning and the evolvement/development of the Treatment Program.
- Developed vast knowledge of determining appropriateness of level of care based on medical necessity criteria for RTC/PHP/IOP levels of care. Conducted utilization review calls, SCAs, doc-to-doc/peer reviews (Optum, Anthem Blue Cross, Blue Shield of CA, Beacon), DMHC appeals with the State of CA, pre-certification and appeals with multiple insurance carriers. Managed the billing department at ROWI with denied claims, appeals and collecting claims

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(Optum, Anthem Blue Cross, Blue Shield of CA, Beacon).

Mentored and trained clinical team on pre-certification, concurrent reviews and appeals withmultiple insurance carriers. Supervised Psy.D. doctoral students within group supervision.

- Communicated efficiently with the business office, parents' and CFO in relation to daily client/insurance responsibilities, as well as created monthly budgeting expenses for all 10 ROWI locations.
- Conducted monthly Performance Improvement meeting and weekly Upper Management meeting for all 10 locations in order to improve all clinical and operations functions for ROWI in its entirety.
- Worked with Director of Operations to develop clinical programming that is in line with the company's treatment philosophy and budget. Conducted intake assessments for incoming adolescent clients.
- Implemented KIPU EMR for the entirety of ROWI and all 11 treatment facilities and its staff members. Created all documents for KIPU, not limitedto all clinical documents, admissions documents, No-Harm contract, Home Safety Plan, etc. Trained all ROWI clinical and non-clinical staff (Program Directors, Therapists, Facility Managers, Care Coordinators, Psychiatrists, Upper Management) on KIPU implantation andusage.
- 1,100+ days of PHP/IOP treatment achieved/retained through peer reviews over the span of 5 years at ROWI Teen & Parent Wellness Center

Your Bestie, LLC.
Malibu, California (July 2017 –May 2018)
Artificial Intelligence/Software Company

Consultant/Writer.

- Consulting and developing artificial intelligence and machine learning as it pertains to psychology, the human mind and machine learning as it mimics the human brain, anatomy and conversational language. Writing psychology based scenarios related to the DSM-5 from the perspective of the therapist and client.

Aegis Treatment Centers, Inglewood
Inglewood, California (October 2015 – April 2017)
Narcotic Treatment Program

Clinic Director.

- Provide leadership and oversee treatment and working environment. Supervise clinic operations according to company policies. Ensure effective patient care and optimal clinical standards. Ensure compliance with federal and state regulations, and exceed accreditation guidelines.
- Oversee the hiring, training and review of clinic staff. Manage multiple dispensing nurses and oversee their practices on a daily basis with each patient. Supervise multiple resident counselors and Masters' andDoctoral level interns within the clinic. Conduct intake assessments for incoming patients and develop initial treatment plans for new and existing patients.
- Consult with Medical Director and the Clinic Manager's role decides which Methadone program each incoming patient is appropriate for. Perform telephone intakes, make counseling referrals, assess callers for risk factors, triage urgent cases, and assign patients to counselors. Gained

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vast knowledge and experience with adults diagnosed with Opioid Use Disorders.
Supervisor: Chris Ong

Aurora Behavioral Health Center/Charter Oak Hospital
Needs Assessment and Referral Services (NARS)
Covina, California (October 2012 – July 2014)
Behavioral Health Center

Intake Counselor.

- Conduct intake assessments for incoming ethnically diverse patients in an acute inpatient facility. Typical psychiatric evaluations involve: full psychosocial history, past and present drug use, multiaxial diagnosis, medical insurance management, and facilitating potential inpatient or outpatient treatment.
- Perform telephone intakes, make counseling referrals, assess callers for risk factors, triage urgent cases, and assign patients to psychiatrists. Manage impending admits brought in from police departments, medical hospitals, and walk-ins to the admit portion of the facility. Common patients seen within the admit clinic: suicidality, polydrug abuse, depressive disorders, severe and persistent psychotic disorders.

Supervisor: Teresa Warner, RN

Aurora Behavioral Health Center/Charter Oak Hospital
Covina, California (February 2007 – July 2008)
Behavioral Health Center

Behavior Health Specialist.

- Provided psychological services for children, adolescents, adults and older adults at an in-patient psychiatric hospital. Operated and managed daily group therapy sessions. Assisted psychologists and psychiatrists with their patients on a daily basis. Assisted the charge nurse and medication nurse with their patient responsibilities.
- Engaged in psychiatric emergency situations with emergency response team within the hospital and took direct orders from the hospital supervisor during crisis interventions. Participated in a multidisciplinary treatment team for patients and provided professional feedback for each patient within the unit.
- Gained vast knowledge and experience with adults and children diagnosed with psychiatric disorders (e.g., Mood disorders, Eating disorders, Substance-related disorders, Anxiety disorders, Somatoform disorders, Dementia, Schizophrenia, Sexual and Gender Identity disorders, and other psychotic disorders).

Supervisor: Denise Reiser, RN

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Research Experience

Undergraduate Research Assistant

California State University, Fullerton (August 2007 – June 2008)
1-year undergraduate research project

Assistant to Julie Stokes, Ph.D. & Leslie Hinesmon-Matthews, Ph.D. CA State Univ. Fullerton

- Gathered and conducted research concerning incarcerated African-American males and their views of collegiate education
- Accomplished an extensive literature review concerning scholarship programs that assist African-American collegiate students

Professional Memberships

- American Psychological Association - Student affiliate (2008-2012)
- Society for Community Research and Action - Student affiliate (2008)
- Member of Psi Chi Honor Society (2008-2010)

Special Skills/Additional Experience

- 19 years of clinical experience (inpatient hospital, community hospital, counseling center, outpatient facility, and narcotic treatment program)
- Volunteered at Holy Martyrs Mary Cabayan Elementary (October 2024) by providing psychoeducation on mental health to preschoolers ages 4-5 year olds.
- Fluent in Armenian and Turkish
- Able to conduct individual and group therapy in Armenian and Turkish languages, with appropriate psychological interventions, terms and diagnoses
- Coached and trained elite high school tennis athletes, children and adults at a local tennis clinic for two years
- 27 years of piano playing
- UCLA PEERS for Adolescents certified
- Management of Assaultive Behavior (MAB) certified
- Completed a radio show for community outreach with University of La Verne's on-campus radio KULV, for peer pressured drinking, fraternities and the affects of alcohol on mental health.
- Participated in a radio segment with Female Field Guide, regarding mental health issues among professional National Basketball Association (NBA) and National Football League (NFL) players and their performance. Areas discussed with the radio host related to the difference between bipolar mood disorder and borderline personality disorder, negative outcomes of concussions, and should the NBA and NFL require mandatory mental health services for current and past athletes.

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Psychological Assessment Training

Achievement

- Wide Range Achievement Test, Fourth Edition (WRAT-IV)
- Woodcock-Johnson Tests of Achievement (WJ III®)

Cognitive

- Kaufman Assessment Battery for Children 2 (KABC-II)
- Wechsler Abbreviated Scale of Intelligence (WASI)
- Wechsler Adult Intelligence Scale, Third Edition (Revised) (WAIS-III-R)
- Wechsler Intelligence Scale for Children, Fourth Edition (WISC-IV)

Personality & Pathology

- House-Tree Person
- Kinetic Family Drawing
- Minnesota Multiphasic Personality Inventory, Second Edition (MMPI-2)
- Minnesota Multiphasic Personality Inventory, Adolescent (MMPI-A)
- Millon Clinical Multiaxial Inventory, Fourth Edition (MCMI-IV)
- Millon Clinical Multiaxial Inventory, Third Edition (MCMI-III)
- Millon Adolescent Clinical Inventory (MACI)
- Personality Assessment Inventory (PAI)
- Rorschach, Exner Method
- Sentence Completion Test
- Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I)
- Thematic Apperception Test (TAT)

Neuropsychological

- Conners' Continuous Performance Test (CPT II)
- Delis-Kaplan Executive Function System (D-KEFS)
- Dementia Rating Scale, Second Edition (DRS-2)
- Finger Tapping Test
- Folstein Mini-Mental State Exam (MMSE)
- Grooved Pegboard Test
- Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- Montreal Cognitive Assessment (MOCA)
- NEPSY-2

Memory & Auditory Processing

- Children's Memory Scale (CMS)
- Comprehensive Test of Phonological Processing (CTOPP)

Self-Report Inventories

- Adaptive Behavior Assessment System - 2 (ABAS-II) - Parent Form (Ages 5-21)
- Adaptive Behavior Assessment System - 2 (ABAS-II) - Teacher Form (Ages 5-21)
- Adaptive Behavior Assessment System - 2 (ABAS-II) -Teacher/Daycare Provider Form (Ages 2 - 5)
- BASC-2 - Structured Developmental History (SDH)
- Behavior Assessment System for Children-2, (Ages 12-21), Parent Rating Scale
- Behavior Assessment System for Children-2, (Ages 12-21), Self-Report of Personality

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- Behavior Assessment System for Children-2, (Ages 12-21), Teacher Rating Scale
- Behavior Assessment System for Children-2, (Ages 18-25), Self-Report of Personality
- Behavior Assessment System for Children-2, (Ages 6-7), Self-Report of Personality
- Behavior Assessment Systems for Children - 2 - parent report
- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory, Second Edition (BDI-II)
- Beck Hopelessness Scale (BHS)
- Beck Suicidality Scale (BSS)
- Beck Youth Inventories™ - Second Edition For Children and Adolescents (BYI-II)
- Children's Depression Inventory - 2 - parent report
- Child Behavior Checklist - parent
- Child Behavior Checklist for Ages 6-18
- Conner’s 3 ADHD Index, Self-Report
- Conners 3 - Parent Short Form
- Conners 3 - Teacher Short Form
- Geriatric Depression Scale (GDS)
- Multidimensional Anxiety Scale for Children (MASC)
- Revised Children\'s Manifest Anxiety Scale- 2 (RCMAS-2)
- Symptom Assessment-45 Questionnaire (SA-45)
- Social Responsive Scale – Second Edition (SRS-2)
- Trauma Symptom Inventory (TSI)
- Trauma Symptom Checklist for Children (TSCC)

Malingering

- Miller Forensic Assessment of Symptoms Test (M-FAST)
- Test of Memory Malingering (TOMM)

Specific Symptoms

- Obsessive-compulsive behaviors
- Schizophrenic thinking
- Yale-Brown Obsessive Compulsive Scale (Y-BOCS)
- Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

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