

SHARON DE CRUZ, M.D.

CURRICULUM VITAE

BUSINESS INFORMATION

University of California Los Angeles
Division of Pulmonary, Critical Care and Sleep Medicine
10833 Le Conte Ave, Rm 37-131 CHS, Los Angeles, CA 90095

EDUCATION

B.S.: University of California Los Angeles, 2001
M.D.: University of California San Diego, 2006
Internship: University of California Davis, 7/2006 - 6/2007
Residency: University of California Davis, 7/2007 - 6/2009
Chief Residency: University of California Davis, 7/2009 - 6/2010
Pulmonary and Critical Care Fellowship: University of California Los Angeles, 7/2010 - 6/2013
Sleep Fellowship: University of California Los Angeles, 7/2013 - 6/2014

LICENSURE

State: California
Certificate Number: A101209
Date: 3/31/2022

BOARD CERTIFICATION

American Board of Internal Medicine, 2009
Pulmonary Disease, 2012
Critical Care, 2013
Sleep Medicine, 2015

PROFESSIONAL EXPERIENCE

Associate Clinical Professor of Medicine

PROFESSIONAL ACTIVITIES

Pulmonary Clinic Physician Lead for patient experience (2025 – Present)

HONORS AND SPECIAL AWARDS

Chief Fellow 2012 – UCLA Pulmonary and Critical Care Fellowship Program

Chief Resident 2009 – UC Davis Internal Medicine Residency Program

Intern of the Year 2006 – UC Davis Internal Medicine Residency Program

Community Service Award – UCSD School of Medicine

Summa Cum Laude - UCLA

Honors Research Award – UCLA

RESEARCH GRANTS AND FELLOWSHIPS RECEIVED

1. Narcolepsy Quality Improvement initiative 2025, *Prime Education and Jazz Pharmaceutical*, Principal investigator \$11,000
2. 2011 American College of Chest Physicians (ACCP) 2011 California Chapter Clinical Research and Medical Education Award recipient; Sleep and brain functioning; \$5000; Principal investigator.
3. NIH Research Training Grant 2002; UCSD School of Medicine; FMRI and Schizophrenia; \$4000; 2002 – 2003; co-principal investigator

TEACHING ACTIVITIES

1. Instructor for Respiratory Course in Occupational Lung disease for second year medical students at UCLA School of Medicine (2015 – present)
2. Instructor for Respiratory Course in Interstitial and Occupational Lung disease for first year medical students at UCLA School of Medicine (2022 - present)
3. Sleep Medicine lecture for UCLA Pulmonary Critical Care fellows (2015 - present)
4. Cardiovascular disease lecture for UCLA Sleep lab (2015 – present)

PUBLICATION/BIBLIOGRAPHY

RESEARCH PAPERS

RESEARCH PAPERS (PEER REVIEWED)

A. RESEARCH PAPERS - PEER REVIEWED

1. Kelly MR, Zeidler MR, **DeCruz S**, et al. Actigraphy Prior to MSLT: Nighttime Total Sleep Time Predicts Sleep Onset. *Journal of Clinical Sleep Medicine*. 2022 Jan 1; 18(1):161-170

2. Wang T, Derhovanessian A, **De Cruz S**, Belperio J, Deng J, Guy SH. Subsequent Infections in Survivors of Sepsis: Epidemiology and Outcomes. *J Intensive Care Med*. 2014 Mar – Apr; 29(2):87-95.

3. Vasu VT, **De Cruz SJ**, Houghton JS, Hayakawa KA, Morrissey BM, Cross CE, Eiserich JP. Evaluation of thiol-based antioxidant therapeutics in cystic fibrosis sputum: focus on myeloperoxidase. *Free Radic Res* 2011 Feb; 45(2):165-76.

B. RESEARCH PAPERS - PEER REVIEWED (IN PRESS)

None

C. RESEARCH PAPERS - PEER REVIEWED (SUBMITTED)

None

RESEARCH PAPERS (NON-PEER REVIEWED)

D. RESEARCH PAPERS - NON-PEER REVIEWED

None

E. RESEARCH PAPERS - NON-PEER REVIEWED (IN PRESS)

None

F. RESEARCH PAPERS – NON-PEER REVIEWED (SUBMITTED)

None

CASE REPORTS

1. Bijawat K, **De Cruz S**. Bleomycin-Induced Pneumonitis complicated by Large-Volume Pneumomediastinum. *ATS*. 2025 May
2. **De Cruz S**. A cough productive of white flecks. *Proceedings of UCLA Healthcare* 27 (2023)
3. **De Cruz S**. A curious case of a cough. *Proceedings of UCLA Healthcare* 26 (2022)
4. **De Cruz S**. The dog has a cough. *Proceedings of UCLA Healthcare* 25(2021)
5. **De Cruz S**. A Case of Recurrent Spontaneous Pneumothoraxes. *Proceedings of UCLA Healthcare* 24(2020)
6. Culpepper D, **De Cruz S**. 38-year-old male with well treated obstructive sleep apnea on CPAP with persistent nocturnal hypoxemia. *Chest*. 2020 Jan;157(1): e1-e3
7. **De Cruz S**, Chung A. A Case of Excessive Daytime Sleepiness. *Proceedings of UCLA Healthcare* 23(2019)
8. **De Cruz, S**. Chronic Beryllium Disease. *Proceedings of UCLA Healthcare*. 22(2018)
9. **De Cruz, S**. A subcarinal mass. *Proceedings of UCLA Healthcare*. 22(2018)
10. **De Cruz, S**. A case of sleep apnea related nocturnal heart block. *Proceedings of UCLA Healthcare*. 22(2018)
11. **De Cruz S**, Aysola R, Zeidler M. A 67-year-old man with palpitations during sleep. *Chest*. 2018 Oct; 154 (4)

CASE REPORTS (IN PRESS)

None

CHAPTERS

1. Schwitzer E, **De Cruz S**, et al. Chest Critical Care 2025, Caring for the Critically Ill Patient with Cirrhosis, *In press*
2. Jamil SM, **De Cruz S**, et al. ATS Core Curriculum 2017: Part I. Adult Sleep Medicine. Ann Am Thorac Soc. 2017 Aug; 14: S150-S164. Doi: 10.1513/Annals ATS.201701-028CMD.
3. **De Cruz S**, Pope W, Zeidler MR. Central Sleep Apnea with Arnold Chiari Malformation. Olson EJ, Winkelman JW, editors; for the American Academy of Sleep Medicine. Case Book of Sleep Medicine, 2nd ed. Darien, IL: American Academy of Sleep Medicine, 2015.
4. **De Cruz S**. Sleep Medicine. *ATS Pulmonary Board Review Book*. 2014 Apr, 1

CHAPTERS (IN PRESS)

None

LETTERS TO THE EDITOR

None

REVIEWS

1. **De Cruz S**, Littner M, Zeidler M. Home Sleep Testing for the Diagnosis of OSA – Indications and Limitations. *Semin Respir Crit Care Med*. 2014 Oct, 35(5):552-559
2. **De Cruz S**, Ross DJ. Scleroderma and Lung Transplantation. *Curr Opin Rheumatol*. 2013 Nov; 25(6): 714-8

3. **De Cruz S**, Espiritu JR, Zeidler M, Wang TS. Sleep Disorders in Chronic Liver Disease. *Semin Respir Crit Care Med* 2012 Feb;33(1):26-35
4. **De Cruz S**, Kenyon NJ, Sandrock CE. Bench to Bedside review: Role of Nitric Oxide in Sepsis. *Expert Review of Respiratory Medicine* 2009 Oct: 3(5):511-521

EDITORIALS

None

PAPERS IN PREPARATION (RESEARCH COMPLETED)

None

ABSTRACTS

1. Moshtagh M, Zeidler M, **De Cruz S**. Sleepy in the Mountains. SLEEP 2022
2. LeMaster W, Jun D, **De Cruz S**. Case series on the Use of Volume Assured Pressure Support (VAPS) in Patients with Diffuse Parenchymal Pulmonary Disease and Progressive Hypercapnia. SLEEP 2021
3. **De Cruz S**. NIPPV in restrictive lung disease. ATS 2018
4. **De Cruz S**. Pheochromocytoma presenting as Takotsubo cardiomyopathy. ATS 2018
5. Zeidler M, **De Cruz S**, et al. Wrist Actigraphy in the Assessment of Hypersomnia. Sleep 2017, Boston
6. Wallace J, **De Cruz S**, Cobian J, Deutsch P. Contribution of the Sleep Medicine Consultation to Inpatient Management in a Public Academic Hospital. Sleep (2015) Seattle
7. Wallace J, **De Cruz S**, Cobian J, Deutsch P. Feasibility, Quality and Value of Inpatient Portable Sleep Testing (IPST) in a Public Academic Hospital. Sleep (2015) Seattle
8. **De Cruz S**. CPAP Adherence following CBT. ATS (2014) San Diego
9. **De Cruz S**, Wang T. Cardiac Aspergillosis. ATS (2012) San Francisco.

10. **De Cruz S**, Zeidler M. Central Sleep Apnea in a 24-Year-Old Male. SLEEP (2012) Boston
11. **De Cruz S**, Wang T. Pulmonary Alveolar Proteinosis. ACCP (2011) Hawaii
12. Talamantes E, **De Cruz S**. When Traditional Modes of Ventilation Fail. ACP Northern California (November 2009) in Sacramento.
13. **De Cruz S**, Morrissey B. Cystic Fibrosis Sputum: Friend, Foe, or Therapeutic Target. ACP meeting (November 2008) in San Francisco.
14. **De Cruz S**, et al. Hippocampal Size and Learning-Related Brain Response Determined by Individually-traced Regions of Interest: Comparison between patients with chronic Schizophrenia and healthy participants. Journal of Investigative Medicine 2004 Jan;1(52)173.