

# Stephanie Livshitz, Psy.D.

## EDUCATION

---

**Nova Southeastern University: Psy.D. in Clinical Psychology**  
Center for Psychological Studies  
APA accredited

**09/2009-08/2014**  
Fort Lauderdale, FL

**Nova Southeastern University: M.S. in Clinical Psychology**  
Center for Psychological Studies  
APA accredited

**09/2009-09/2011**  
Fort Lauderdale, FL

**Drexel University: B.S. in Psychology**

**09/2003-06/2008**  
Philadelphia, PA

## CLINICAL EXPERIENCE

---

**JND Diagnostics**  
*Contracted Psychologist*

**01/2026-Present**  
Covina, CA

**Responsibilities:** Conduct Mental Status Examination (MSE) consultative evaluations for the California Disability Determination Services Division (DDSD) in support of Social Security disability determinations. Prepare comprehensive evaluation reports based on clinical findings, behavioral observations, and available records.

**Private Practice Psychologist (Telehealth)**

**07/2025-Present**  
California

**Responsibilities:** Provide telehealth psychotherapy services to adults presenting with occupational stress, first responder and public safety-related concerns, anxiety, depression, and interpersonal difficulties. Conduct diagnostic evaluations, treatment planning, risk assessment, and evidence-based interventions utilizing trauma-informed and cognitive behavioral approaches. Maintain clinical documentation and coordinate care in accordance with ethical and legal standards of practice.

**Los Angeles County Department of Medical Examiner**  
Los Angeles County Department of Mental Health  
*Chief- Psychological Services, Chief Wellness Officer*

**01/2025-06/2026**  
Los Angeles, CA

**Responsibilities:** Conduct organizational needs assessments, develop and implement wellness strategies, design training initiatives, and promote employee well-being through systemwide interventions. Provide subject matter expertise on mental health, stress management, and vicarious trauma. Develop department-wide policies for critical incident response, disruptive event management, and trauma-informed workforce support, including post-incident protocols and program evaluation metrics.

**Los Angeles Police Department Mental Evaluation Unit**

**05/2018-01/2025**

Los Angeles County Department of Mental Health  
*Clinical Psychologist II*

Los Angeles, CA

**Case Assessment Management Program (CAMP)**

**05/2022-01/2025**

**Systemwide Mental Assessment Response Team (SMART)**

**05/2018-05/2022**

**Description:** The CAMP program is based on a joint-response model pairing a clinician with an LAPD detective to provide risk mitigation and intensive case management for individuals identified as high risk for violence, self-harm, chronic mental health service utilization, and legal system involvement. The SMART program deploys clinician–officer teams in the field to respond to psychiatric crises, conduct on-site psychological evaluations, and facilitate stabilization through intervention, referral, or hospitalization.

**Responsibilities:** Provided mobile crisis intervention services and psychological risk assessments. Evaluated clients for voluntary and involuntary hospitalization in accordance with legal and clinical standards. Collaborated with law enforcement, hospitals, outpatient providers, and community agencies to coordinate appropriate levels of care and ensure continuity of services. Responded to high-risk referrals involving potential violence, self-harm, or grave disability, implementing de-escalation and safety planning strategies. Attended court proceedings for CAMP cases, advocating for mental health diversion and treatment-based alternatives to incarceration. Partnered with local, state, and federal agencies, as well as schools and healthcare systems, to support risk mitigation and case coordination.

**Psychological Dimensions**

**01/2020-12/2022**

*Clinical Psychologist/Contractor*

Colorado

**Description:** Psychological Dimensions is an organization which provides pre and post offer suitability screenings, psychological fitness evaluations, and consultation services for public and law enforcement agencies.

**Responsibilities:** Conducted pre-employment and post-offer suitability screenings of candidates for police, fire, and public safety organizations. Interpreted psychological assessment data and prepared reports illustrating candidates' psychological suitability, based on a combination of test results, clinical interviewing, and supporting documents.

**Behavioral Neuroscience Institute (BNI)**

**09/2017- 07/2019**

*Clinical Psychologist*

Beverly Hills, CA

**Description:** The Behavioral Neuroscience Institute is a group practice providing evidence-based psychopharmacology and psychotherapy to adolescents and adults.

**Responsibilities:** Services provided include individual psychotherapy, treatment planning, and clinical intake interviews.

**Twin Towers Correctional Facility**

**03/2015-05/2018**

Los Angeles County Department of Health Services

Los Angeles, CA

*Clinical Psychologist II*

**10/2017- 05/2018**

*Clinical Psychologist I*

**08/2015-10/2017**

*Assistant Behavioral Sciences Consultant*

**03/2015-08/2015**

**Description:** The Twin Towers Correctional Facility houses pre- and post- adjudicated inmates with various offenses and levels of security, including those with misdemeanor incompetent to stand trial status. Patient population includes male offenders with personality disorders, mood disorders, severe mental illness, developmental disabilities, PTSD, and dual diagnoses.

**Responsibilities:** Services provided include restoration to competency, treatment planning, crisis intervention, suicide risk assessments, and structured clinical intake interviews. Worked as part of a multidisciplinary team which includes custody, psychologists, medical staff, and psychiatrists. Provided therapeutic interventions for inmates in mental health and high observation housing.

**Los Angeles County Department of Mental Health**

Twin Towers Correctional Facility

*Clinical Psychology Intern*

**03/2014-08/2014**

Los Angeles, CA

**Responsibilities:** Services provided included restoration to competency, Lanterman Petris Short (LPS) evaluations for psychiatric hospitalizations, and individual and group psychotherapy utilizing evidence-based practices such as CBT and DBT. Incorporating collateral information from a variety of sources, developed and implemented individualized treatment plans. Using behavior modification and motivational interviewing, facilitated recovery-focused psychological services. Conducted: structured clinical intake interviews, suicide risk assessments, and crisis management services with those in mental health and high observation housing. Worked as part of a multidisciplinary team often consulting with custody, psychologists, medical staff, and psychiatrists.

**Los Angeles County Department of Mental Health**

Women's Community Reintegration Services and Education Center  
(WCRSEC)

*Clinical Psychology Intern*

**09/2013-02/2014**

Los Angeles, CA

**Description:** The Women's Community Reintegration Services and Education Center (WCRSEC) serves self-referred, court mandated, recently incarcerated, and Department of Child and Family Services (DCFS) referred adult women seeking mental health treatment and case management services.

**Responsibilities:** Conducted individual psychotherapy utilizing CBT, DBT, Seeking Safety, and Motivational interviewing modalities. Facilitated group therapy sessions including Mindfulness, Mental Wellness, and Journey to Recovery. Co-facilitated groups including Anger Management, Parenting Class, and Domestic Violence. Worked as part of a multidisciplinary team, often consulting with psychiatrists, psychologists, and social workers. Provided progress reports for DCFS case workers for use in courtroom proceedings such as child custody and reunification update hearings. Consulted with Child Protective Services (CPS) regarding safety and reporting issues. Provided on-call services weekly, which included responding to walk-in's and completing triages and structured intake interviews. Provided outreach services weekly at Century Regional Detention Facility (CRDF) to incarcerated women in general population and mental health housing. Selected, administered and interpreted an assessment battery for the purposes of diagnostic clarification. Authored a report of psychological findings and provided client with feedback and recommendations.

**Federal Detention Center**

(FDC)

*Psychology Trainee*

**09/2012-05/2013**

Miami, FL

**Description:** The Federal Detention Center (FDC) houses pre- and post- adjudicated male and female offenders in administrative security. The FDC includes a forensic evaluation program to conduct court-ordered assessment of Competency to Proceed and Criminal Responsibility.

**Responsibilities:** Completed forensic evaluations of inmates for competency and sanity defense court proceedings. Conducted structured clinical interviews and suicide risk assessments. Provided crisis management, individual psychotherapy, and medication management follow-up services. Worked as part of a multidisciplinary team often consulting with correctional staff, psychologists, medical staff, and psychiatrists.

**Miami-Dade Police Department**

**09/2011-08/2012**

Psychological Services Section

Doral, FL

*Psychology Trainee*

**Description:** The Psychological Services Section within the Miami Dade Police Department provides individual, couples, and family therapy for sworn and civilian employees as well as their family members.

**Responsibilities:** Facilitated individual and family therapy for sworn law enforcement officers and dispatchers. Provided psychotherapy services for civilian employees and family members of individuals employed by the police department. Utilized CBT and Motivational Interviewing along with stress management and anxiety reduction techniques. Actively participated in the department's multi-agency hostage negotiation training scenario and provided feedback to the negotiators during the de-briefing. Shadowed senior psychologists when responding to on-call crises in the field.

**Adolescent Drug Abuse Prevention and Treatment (ADAPT)**

**08/2011-07/2013**

Psychology Services Center (PSC)

Ft. Lauderdale, FL

Nova Southeastern University

*Program Coordinator*

**Description:** The Adolescent Drug Abuse Treatment and Prevention program (ADAPT) provides assessment and treatment for adolescents arrested for first time misdemeanor marijuana offenses, those with substance abuse and behavioral difficulties, and at-risk youth.

**Responsibilities:** Provided group supervision and trainings for current ADAPT therapists. Completed screenings to assess the needs of clients referred to the ADAPT program. Consulted with the Davie and Plantation Police Departments to monitor the status of clients seeking diversionary status. Completed billing paperwork for self-pay, Davie and Plantation Police Department clients.

*Psychology Trainee*

**08/2010-09/2011**

**Responsibilities:** Conducted individual psychotherapy with adolescents seeking diversionary status and self-referred adolescents with behavioral and substance abuse related difficulties.

Conducted parent-training and family psychotherapy addressing parent-child communication, punishment and rewards, behavioral contracting, and enhancing the familial relationship.

**JEVS Achievement through Counseling and Treatment (ACT)**

**01/2008- 07/2009**

*Assessment Technician*

Philadelphia, PA

**Description:** Achievement through Counseling and Treatment (ACT) is a methadone maintenance clinic providing services for both court ordered and self-referred individuals with an opiate addiction.

**Responsibilities:** Participated in selection and hiring for new co-operative education students, provided peer supervision, and provided training for incoming students. Administered and interpreted the Addiction Severity Index (ASI) as part of a research study

evaluating effectiveness of methadone maintenance treatment and performed patient chart audits.

*Co-operative Education Student*

**09/2005-03/2006; 09/2006-03/2007**

**Responsibilities:** Assisted in various stages of a structured treatment program for opiate dependent individuals in a methadone maintenance facility. This included co-facilitation of standard and intensive outpatient group counseling sessions, individual counseling sessions, and biopsychosocial evaluations. Administered the Addiction Severity Index (ASI) to incoming patients for data collection purposes and performed patient chart audits to screen for documentation errors. Attended Counseling Basics, Comprehensive overview of Human Immunodeficiency Virus, Cognitive Therapy and Recovery, Infection Control, Suicide Precautions and Verbal De-escalation trainings.

---

**TRAINING EXPERIENCE**

**Nova Players Hostage Negotiations**

**07/2012-07/2013**

Nova Southeastern University

Fort Lauderdale, FL

*Coordinator*

**Description:** The Nova Players is a team of students working closely with multiple law enforcement agencies within the Broward County Area. The varying police departments Crisis Response Teams (CRT)/Hostage Negotiation Teams (HNT) hold monthly meetings in which they are trained to conduct negotiations with individuals diagnosed with mood, personality, and psychotic disorders. The departments hold bi-annual/annual joint trainings with their Special Response Team (SRT)/Special Weapons and Tactics (SWAT) teams where the negotiators, students, and tactical teams come together and participate in a larger scale training.

**Responsibilities:** Worked closely with the Sergeants/Team Captains and Swat Commanders to coordinate training dates and times between law enforcement agencies and the Nova Players. Provided training for new student volunteers. Provided feedback for law enforcement during debriefings regarding negotiations.

*Hostage Negotiation Trainer*

**11/2009-07/2013**

**Responsibilities:** Participated in hostage negotiation trainings with various agencies in Broward County including Pembroke Pines, Plantation, Broward Sheriff's Office, Sunrise, Boca Raton, and Miramar. Role played crises scenarios and provided feedback for law enforcement during debriefings. Participated in trainings during two SWAT schools.

**Training Consultant**

**11/2012**

Boca Raton Police Department

Boca Raton, FL

**Responsibilities:** Simulated a crisis scenario for potential new Crisis Response Team recruits to negotiate as part of their oral exam. Provided the committee with feedback and scores at the completion of the interviews and ranked the top candidates.

**Citizens Police Academy**

**08/2010- 11/2010**

Pembroke Pines Police Department

Pembroke Pines, FL

*Participant*

**Description:** The Citizens Police Academy is a 15-week course dedicated to educating community members about various specialized units within law enforcement and specific trainings necessary to work as a police officer.

**Responsibilities:** Attended weekly classes at the police department and participated in a ride along with an on-duty officer. Attended a firearms instruction course and participated in role reversal scenarios which provided training in crisis de-escalation.

## **VOLUNTEER EXPERIENCE**

### **Why'd You Stop Me? (WYSM)**

**12/2014-03/2019**

*Board Member*

Long Beach, California

**Description:** Why'd You Stop Me? (WYSM) is a non-profit organization seeking to bridge the gap between law enforcement and community members in order to reduce the occurrence of violent encounters. Through educational lectures and role-reversal scenarios, speakers help to humanize the role of law enforcement in the eyes of community members and provide information regarding the views of civilians to aspiring and new officers. WYSM speakers present to at-risk youth, active and inactive gang members, and law enforcement.

**Responsibilities:** Served as committee chair for the first annual Power for Powers Scholarship Ceremony where two high school students are awarded educational scholarships based on an art contest. As committee chair, duties included collaborating with additional committee members, constructing the rules for the contest, reviewing all submissions and participating in the selection of finalists and winners, along with event planning specific to all committee meetings and the scholarship ceremony. Additional responsibilities included assisting with the improvement of program content, coordinating volunteer services, attending and participating in board meetings, and taking minutes during meetings.

*Volunteer*

**10/2014-12/2014**

**Responsibilities:** Attended presentations and provided feedback for the founder of the organization regarding improvement of program content. Assisted with collection of data from participants' pre and post presentation. Provided support in securing payroll and insurance services for the organization.

### **South Africa Mission Trip**

**06/2012**

*Volunteer*

Swaziland, South Africa

**Responsibilities:** Taught students about the physiological and psychological effects of drug and alcohol abuse in classroom settings. Conducted short term individual therapy with adolescents and play therapy with young children. Presented on the effects of stigmatization of people living with HIV/AIDS has on prevention efforts in South Africa. Worked with various organizations in reference to addressing problem areas such as suicide and domestic violence, and held discussions about ways to address these problems.

### **Haiti Mission Trip**

**05/2010**

*Volunteer*

Jacmel, Haiti

**Responsibilities:** Conducted short term individual and group therapy with the use of interpreters. Collected supplies and assembled care packages which were handed out to orphans in schools, hospitals and villages.

## RESEARCH

---

### **Cyberbullying behaviors and interventions**

**06/2012**

Doctoral Research Project (Directed Study)

Fort Lauderdale, FL

Nova Southeastern University

**Responsibilities:** Conducted a literature review examining the consequences associated with cyberbullying behaviors, characteristics of perpetrators and victims, and intervention/prevention efforts.

### **Effectiveness of methadone maintenance on opiate addicted individuals**

**01/2008-07/2009**

JEVS Achievement through Counseling and Treatment (ACT)

Philadelphia, PA

**Responsibilities:** Administered and interpreted the Addiction Severity Index (ASI) at start of treatment or transfer from intensive outpatient to outpatient group and at 6-month follow up to examine the effect of treatment on drug/alcohol abuse, medical and mental health, family and legal problems, and education problems. Developed a data base which allowed for the efficient, organized collection and analysis of data relative to the research hypotheses.

## TEACHING EXPERIENCE

---

### **Course: 6641 Conflict and Crisis Negotiation**

**09/2012-12/2012**

*Graduate Teaching Assistant*

**09/2011-12/2011**

Nova Southeastern University

Department of Conflict Analysis & Resolution, Online Course

**Responsibilities:** Coordinated the roles and assignments of other TA's. Scheduled days and times for role plays to take place with assigned students. Completed a series of three role play scenarios simulating crisis situations. Maintained communication with students in order to answer questions and conduct make-up role play sessions.

**Instructor: Gregory Vecchi, Ph.D., CFC**

### **Course: 4420 Police Psychology**

**05/2011-08/2011**

*Graduate Teaching Assistant*

Nova Southeastern University, Center for Psychological Studies

**Responsibilities:** Provided technical assistance to professor and guest speakers as needed. Answered student questions regarding assignments and class activities.

**Instructor: Vincent Van Hasselt, Ph.D.**

### **Adult Intervention**

**01/2011-04/2011**

*Graduate Teaching Assistant*

Nova Southeastern University, Center for Psychological Studies

**Responsibilities:** Role-played intervention techniques learned in class. Assisted professor in observing students practice techniques and provided feedback.

**Instructor: Vincent Van Hasselt, Ph.D.**

## **PRESENTATIONS/PAPERS/PUBLICATIONS**

---

Livshitz, S., & Martinez, C. (in press). Co-responder training for law enforcement. In V. B. Van Hasselt & M. L. Bourke (Eds.), *Advances in first responder mental health: Research, training, and practice*. Springer.

Livshitz, S.L. (2014, June) (2014, July). *Suicide Prevention Training*. Presented to custody personnel at Twin Towers Correctional Facility, Los Angeles, California.

Livshitz, S.L. (2014, May). *Gang culture*. Presented to interns, post-doctoral fellows, and supervisors at Twin Towers Correctional Facility, Los Angeles, California.

Livshitz, S.L. (2013, December). *Bridging the gap between law enforcement and mental health*. Presented to interns, post-doctoral fellows, and supervisors at Twin Towers Correctional Facility, Los Angeles, California.

Livshitz, S.L. (2012). *Cyberbullying behaviors and interventions* (unpublished manuscript). FBI Academy, Quantico, VA.

Livshitz, S.L. et al. (2012, September). *Working in Swaziland: The role of the psychologist*. Presentation at Nova Southeastern University, Center for Psychological Studies, Ft. Lauderdale, Florida

Campbell, S., Lewis, J.E., Hammelman, L., Brandt, K., Torres, J., Jaslow, M., **Livshitz, S.L.**, Bachus, B.(2011, August). *Psychological Impacts of the January 2010 earthquake on Haitian survivors*. Presented at the American Psychological Association Conference, Washington DC

Livshitz, S. et al. (2010, July) (2010, September) (2011, February). *Psychological impacts of the January 2010 earthquake on Haitian survivors and volunteer reactions*. Presentation at Nova Southeastern University, Center for Psychological Studies, Ft. Lauderdale, Florida

## **LANGUAGES SPOKEN**

---

Russian (fluent)