Stephanie Wilson

Professional Summary

Licensed chiropractor and certified massage therapist with over 20 years of experience. Skilled in therapeutic massage, soft tissue techniques, and chiropractic care, with a strong focus on pain relief, injury recovery, and client-centered wellness. Currently practicing both chiropractic and massage therapy.

Work Experience

Chiropractor
Back to Balance Chiropractic Wellness Center | Sherman Oaks, CA
April 2023 to Present

• Provide comprehensive chiropractic care, including spinal adjustments, soft tissue therapies, and rehabilitative exercises.

• Specialize in managing personal injury cases, addressing auto accident injuries through tailored treatment plans.

• Collaborate with attorneys and medical professionals to support personal injury claims, ensuring thorough documentation of patient care.

• Conduct patient assessments to diagnose musculoskeletal conditions and develop personalized recovery plans.

• Educate patients on proper posture, ergonomics, and lifestyle modifications to prevent re-injury and improve overall health.

Massage Therapist
Dr Malka | Encino, CA
January 2023 to April 2025

• Provided therapeutic massage services to patients with a variety of conditions, including chronic pain, sports injuries, and stress-related tension

• Utilized a range of massage techniques, including Swedish, deep tissue, and trigger point therapy, to address specific areas of tension and pain

Chiropractic Assistant
Institute for Spine & Sport Care | Santa Monica, CA
January 2020 to April 2023

● Assisted with patient assessments and treatment plans under the supervision of licensed chiropractors

● Performed soft tissue therapy, ultrasound, taping and rehab on patients with a variety of musculoskeletal conditions

● Educated patients on their conditions and provided recommendations for self-care and preventative measures

● Assisted with office management tasks as needed

Education

Chiropractic (Doctor of Chiropractic)
Cleveland Chiropractic College | Los Angeles, CA

NOT YET RETAINED

Doctor of Chiropractic

Marketing (Bachelor of Fine Arts)

Skills

Patient treatment **Anatomy knowledge** **Familiarity with a range of complementary and alternative therapies, including nutrition, cupping, graston and taping** **Diagnostic radiology** **Proficient in a variety of chiropractic techniques, including manual adjustments, instrument-assisted adjustments, and soft tissue therapy** **Pain Management** **Patient observation** **Patient care** **Direct patient care** **Attention to detail** **Extensive knowledge of musculoskeletal anatomy and physiology** **Physiology knowledge** **Care plans** **Physical examinations** **Peronal Injury cases** **Pain medicine** **Strong communication and interpersonal skills, with the ability to effectively educate patients on their conditions and treatment options** **Patient interaction** **Trigger point therapy** **Skilled in health coaching and conducting thorough patient assessments, including physical exams, medical histories, and functional lab testing** **Medical terminology** **massage therapy** **Task prioritization** **Deep tissue massage** **Acute pain management** **Patient service** **Multitasking**

Languages

English

Certifications and Licenses

Chiropractic License

Additional Information

Authorized to work in the US for any employer

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