

CURRICULUM VITAE

Troy Matthew LaMar, MD, FACS

Education

High School

Madison West High School
Madison, WI
08/1978 - 06/1982

College

University of Southern California
Los Angeles, CA
BS Psychology 08/1982 - 05/1988

Graduate School

University of Southern California
Los Angeles, CA
Counseling Psychology 08/1987 - 05/1988

Medical School

University of Wisconsin -Madison
Madison, WI
M.D. 08/1988 - 05/1992

Internship

Huntington Memorial Hospital
Pasadena, CA
General Surgery 07/1992 - 06/1993

Residency

Huntington Memorial Hospital
Pasadena, CA
General Surgery 07/1993 - 06/1997

Licensure

California G77568
07/1993 – Present

Certification

American Board of Surgery 02/1998

Laparoscopic Gastric Bypass Course
Stanford University 03/2000

American Board of Surgery 02/2007

Recertification

American Board of Surgery 02/2018
Recertification

American Board of Surgery 02/2020
Recertification

American Board of Surgery 02/2022
Recertification

Chronic Venous Insufficiency Treatment Course 09/13/2024

Professional Background

Troy LaMar, M.D
Private Practice Surgical Practice
07/2015 – Present

Adventist Health Physicians Network
1520 E Chevy Chase Drive, Suite 430
Glendale, CA 91206 Medical Staff
Active 04/20/2025 - Present

California Bariatric & General
Surgery Associates Surgical Practice
11/2005 - 06/2015

Comprehensive Surgical Specialists
Surgical Practice
07/1998 - 10/2005

Gallatin Medical Foundation

Surgical Practice
07/1997 - 06/1998

LaMar Sales Company

Owner/President
Product: Window Coverings 1998

M & B Enterprises

Personal Assistant to CEO
Customer Service
06/1985 - 08/1988

Madison General Hospital

Ganser Foundation - Quality Control
05/1984 - 08/1984

Lantern Inn Restaurant

Chef - 1983

Hospital Affiliations

Methodist Hospital
300 W Huntington Drive
Arcadia, CA

Medical Staff
Active 07/1998 - Present

Huntington Memorial Hospital
100 California Blvd
Pasadena, CA

Medical/Teaching Staff
Active 07/1998 - Present

Specialty Surgical Center
51 N Fifth Avenue, Suite 101
Arcadia, CA

Medical Staff
Active 11/2005 - Present

Glendale Adventist Hospital
1509 Wilson Terrace
Glendale, CA 91206

Medical Staff
Active 03/2025 - Present

San Gabriel Valley Medical Center
438 W Las Tunas Drive
San Gabriel, CA Medical Staff

Medical Staff
Active 03/2025 - Present

Professional Societies/Committee Memberships

American Society of Metabolic
& Bariatric Surgeons

01/2001 - Present

Fellow American College of Surgeons 02/1998 - Present

Chief of Surgery 01/2007 – 12/2007
Methodist Hospital
Arcadia, CA

Medical Director Bariatrics 2013 - Present
Specialty Surgical Center
Arcadia, CA

Medical Board of Directors 2015 - Present
Specialty Surgical Center
Arcadia, CA

Volunteer Positions

Los Angeles County Hospital Preceptorship -1986

Salvation Army Physician Assistant
Los Angeles 1987

Spastic Children's Foundation 1983
Los Angeles

Research

A Socioeconomic Profile of 100 Gunshot Wound Victims
Presented at Huntington Memorial Hospital Resident Paper Contest
05/1993 - Third Place

Eventration: A New Contraindication to Laparoscopic Cholecystectomy
Presented at Huntington Memorial Hospital Resident Paper Contest
05/1994

Open Heart Surgery in Patients with End-Stage Renal Failure
Presented at Huntington Memorial Hospital Resident Paper Contest
05/1995 - First Place

Blunt Traumatic Thoracic Aortic Laceration: Identification of a High-Risk Cohort
Presented at Huntington Memorial Hospital Resident Paper Contest
05/1996 - First Place

Central Venous Catheterization at a Community Hospital

Presented at Huntington Memorial Hospital Resident Paper Contest
05/1997 - First Place

Post Graduate Lectures

1. Lower Extremity Compartment Syndrome
University of Wisconsin - Madison Medical School 02/1992
2. Abdominal Aortic Aneurysms
Huntington Memorial Hospital Surgical Grand Rounds 07/1993
3. Anorectum Surgical Pathophysiology
Huntington Memorial Hospital 08/1992
4. Immunology of Transplantation Surgical Pathophysiology
Huntington Memorial Hospital 06/1993
5. Appendicitis Surgical Grand Rounds
Huntington Memorial Hospital 08/1993
6. Acute Diverticulitis and Surgical Management Surgical Grand Rounds
Huntington Memorial Hospital 10/1993
7. Surgical Infections Surgical Pathophysiology
Huntington Memorial Hospital 08/1994
8. The Exocrine Pancreas Surgical Pathophysiology
Huntington Memorial Hospital 08/1995
9. Ocular Trauma Surgical Grand Rounds
Huntington Memorial Hospital 08/1995
10. Vascular Trauma of the Extremities Surgical Grand Rounds
Huntington Memorial Hospital 10/1995

Activities

University of Southern California Men's Basketball - Varsity	1982-1986
University of Southern California Men's Basketball Team Captain	1986

PAC TEN All-Academic Team 1985-1986

David X Marks Scholar Athlete Award 1984 & 1985

Graduate Assistant Strength Coach 1986-1988

Other Interests

Golf, Basketball, Strength Training, Volleyball, Tennis, Music, Movies, Viticulture, Botany, and Gardening

NOT YET RETAINED