

Tina Vajdi, MD

EDUCATION, MEDICAL TRAINING, & WORK EXPERIENCE

Board Certified Attending Anesthesiologist

LA County Medical Centers (Aug 2022- current)

Kaiser Permanente (July 2023- current)

Cedars-Sinai Medical Center (Sept 2023-current)

Pain Medicine Fellow Physician (Aug 2022-July 2023)

Cedars-Sinai Medical Center (CSMC)

Anesthesiology Resident Physician (June 2018-June 2022)

Cedars-Sinai Medical Center (CSMC)- **Chief Resident (July 2021-June 2022)**

Doctor of Medicine (M.D.) (Sept 2014-June 2018)

University of California, San Diego (UCSD) School of Medicine

Bachelor of Science, Biochemistry and Cell Biology (Sept 2010-Aug 2013)

University of California, San Diego



PUBLICATIONS

1. Rosner H, Tran O, Vajdi T, Vijjeswarapu MA. Comparison Analysis of Safety Outcomes and the Rate of Subsequent Spinal Procedures between Interspinous Spacer without Decompression versus Minimally Invasive Lumbar Decompression. *Regional Anesthesia & Pain Medicine*, April 2023. doi:10.1136/rapm-2022-104236. PMID: 37247945.
2. Ifeld BM, Plunkett A, Vijjeswarapu AM, Hackworth R, Dhanjal S, Turan A, Cohen SP, Eisenach JC, Griffith S, Hanling S, Sessler DI, Mascha EJ, Han Y, Boggs JW, Wongsarnpigoon A, Gelfand H. Neuromodulation of the brachial plexus and sciatic nerve for the treatment of postoperative pain. *Neuromodulation* 2023; 26: 638-49. PMID: 34343394.
3. Pouladar TM, Vajdi T, Siegel K, et al. Chronic Pain Patient Satisfaction with Telemedicine Compared to In-person Visits during the COVID-19 Pandemic. *J Clin Anesth Pain Manag*. April 2022. 6(1):266-271.
4. Vajdi T, Pouladar T, Vijjeswarapu MA, Rosner H. Treatment of Refractory Greater Trochanteric Pain Syndrome with Cooled Radiofrequency Ablation. *Interventional Pain Medicine*. Feb 2022. <https://doi.org/10.1016/j.inpm.2022.100013>
5. Ifeld BM, Plunkett A, Vijjeswarapu AM, et al including PAINfRE Investigators. Neuromodulation of the Brachial Plexus and Sciatic Nerve for the Treatment of Postoperative Pain. *Neuromodulation*, In Press.
6. Ifeld BM, Plunkett A, Vijjeswarapu AM, et al. including PAINfRE Investigators. Percutaneous Peripheral Nerve Stimulation (Neuromodulation) for Postoperative Pain: A Randomized, Sham-controlled Pilot Study. *Anesthesiology*. Apr 2021. PMID: 33856424.
7. Vajdi T, Naruse R. A Case of Traumatic Central Cord Syndrome Requiring General Anesthesia. *CSA Resident Research Day Abstracts*. http://www.csaahq.org/docs/default-source/default-document-library/submitted-abstracts-csa.pdf?sfvrsn=f47fc046_0. June 2020.
8. Vajdi T, Lee P, and Vijjeswarapu MA. Complex Inpatient Pain Management in a Critically Ill Lung Transplant Recipient: A Case Report. *Case Reports in Clinical Medicine*. June 2019. 8(6): 157-163.
9. Vajdi T, Ortiz A. A Case of a Persistent Plantar Wart Treated with a 532 nm KTP Laser. *Dermatologic Surgery*. Aug 2017. 43(8):1097-1100. PMID: 28157729
10. Vajdi T, Krcmarik K. A Less 'a'pparent Cause for Chest Pain in a 33 Year-Old Male. *Journal of Hospital Medicine*. May 2017; 12.
11. Vajdi T, Eilers R, Jiang SI. Clinical Characteristics of Non-Melanoma Skin Cancers Recurring within 5 years after Mohs Micrographic Surgery: Single Institution Retrospective Chart Review. *Journal of Clinical & Investigative Dermatology*. Jan 2017. 5(1). PMID: 28936477
12. Vajdi T, Wu Lee W, Paravar T. Penicillamine Associated Cutis Laxa and Milia en Plaque - Case Report and Review of Cutaneous Changes Potentially Caused by Penicillamine. *Dermatology Online Journal*. May 2016. 22(5):12. PMID: 27617526
13. Vajdi T, Yelon D. The Role of BMP Signaling in the Development of the Zebrafish Inflow Tract. *Saltman Quarterly*. June 2013. 10:45.

Tina Vajdi, MD

(858) 922-9601 • tinavajdi@gmail.com

POSTER & ORAL PRESENTATIONS

Oral Presentation at the American Society of Regional Anesthesia Pain Medicine Annual Meeting (Oct 2022)

1. *Comparative Analysis of Safety and Effectiveness Outcomes Between Interspinous Spacer and Minimally Invasive Lumbar Decompression in Real-World Clinic Setting*

Poster Presenter at the American Society of Anesthesiologists Annual Meeting (October 2022)

2. *Difficult Intubation and Anesthetic Management in a Patient with a Hemorrhaging Head and Neck Sarcoma*
3. *Management of a Patient with Otopalatodigital Syndrome II*
4. *Method for Correcting an Underdamped Arterial Line*
5. *Visual Guide to Understanding Ejection Fraction*

Poster Presenter at the American Society of Regional Anesthesia & Pain Medicine Annual Meeting (April 2022)

6. *Treatment of Refractory Greater Trochanteric Pain Syndrome with Cooled Radiofrequency Ablation*

Poster Presenter at the American Society of Anesthesiologists Annual Meeting (October 2021)

7. *Diving Injury Resulting in Cervical Spine Fracture & Spinal Cord Contusion*
8. *Complicated Laryngoscopy in an Otherwise Healthy Young Female with Tonsillitis and Lemierre's Syndrome*
9. *ECMO for Cardiopulmonary Rescue of a Young Woman w/ Sudden Cardiac Arrest due to Stress-Induced Cardiomyopathy*

Poster Presenter at the American Society of Regional Anesthesia Annual Meeting (May 2021)

10. *A Case of Bilateral Thoracic Outlet Syndrome Treated with Anterior Scalene Injections*
11. *Simultaneous Intrathecal Pump Implantation with Thoracolumbar Laminectomy and Tumor Debulking*

Poster Presenter at the Western Anesthesia Residents Conference (May 2021)

12. *A Case of Traumatic Central Cord Syndrome Requiring General Anesthesia*

Poster Presenter at the American Society of Anesthesiologists Annual Meeting (October 2020)

13. *Airway Management of a Patient with Superior Vena Cava Syndrome*
14. *Perioperative Management of a Displaced Intrathecal Pump Catheter in a Patient Presenting for a Lumbar Laminectomy*

Poster Presenter at the American Society of Anesthesiologists Annual Meeting (October 2019)

15. *Complex Inpatient Pain Management in a Critically Ill Lung Transplant Recipient*

Oral Presentation at the American Society of Regional Anesthesia Annual Meeting (April 2019)

16. *Complex Inpatient Pain Management in a Critically Ill Lung Transplant Recipient*

Poster Presenter at the Society of Hospital Medicine Annual Meeting (May 2017)

17. *A Less 'apparent Cause of Chest Pain in a 33-Year-Old Male*

Poster Presenter at the ACP Southern California Regional Scientific Meeting (Oct 2016)

18. *Clinical Characteristics of Recurrent Non-Melanoma Skin Cancers*

Oral Presentation at the American Academy of Dermatology 74th Annual Meeting (March 2016)

19. *Clinical Characteristics of Non-Melanoma Skin Cancers Recurring Within 5 years After Mohs Micrographic Surgery*

Poster Presenter at UCSD SOM's NIH Summer Research Training Poster Session (Jan 2016)

20. *Clinical Characteristics of Non-Melanoma Skin Cancers Recurring Within 5 years after Mohs Micrographic Surgery: Single Institution, Retrospective Chart Review of 2 Calendar Years*

Poster Presenter at UCSD's Biological Sciences Student Research Showcase (June 2013)

21. *The Role of BMP Signaling in the Development of the Zebrafish Cardiac Inflow Tract*

Poster Presenter at UCSD's Biological Sciences Student Research Showcase (May 2012)

22. *Signaling Pathways Governing Cardiac Inflow Tract Formation in Zebrafish*

RESEARCH INVOLVEMENT & QUALITY IMPROVEMENT PROJECTS

- **Quality Improvement: Emergency Airway Guide and Chain of Command** (Sept 2021-Dec 2021)
- **Quality Improvement: PACU Rotation Guide and Chain of Command** (Sept 2021-Dec 2021)
- **Quality Improvement: Bias in Medicine** (led to the creation of physician badge buddies) (June 2021- Sept 2021)
- **Multi-institutional Ultrasound Guided Percutaneous Peripheral Nerve Stimulator Study** (June 2020-Dec 2020)
- **Ketamine infusions for trigeminal neuralgia study with Dr Charles Louy at CSMC** (Aug 2020-Dec 2021)
- **Opioid readmission study with Dr Charles Louy at CSMC** (May 2020-Aug 2021)
- **Virtual reality & regional anesthesia clinical trial with Dr. Mary Alice Vijjeswarapu at CSMC** (Dec 2018-Oct 2021)
- **Non-melanoma skin cancer recurrence study with Dr. Brian Jiang at UCSD** (June 2015-Oct 2015)
- **Research Assistant at the Orange County Urology Associates** (Sept 2013-June 2014)
- **Undergraduate Researcher at Dr. Deborah Yelon's Laboratory at UCSD** (April 2012-June 2013)
- **Undergraduate Researcher at Dr. Sushil Mahata's Laboratory at UCSD** (Feb 2011-Dec 2011)

Tina Vajdi, MD

(858) 922-9601 • tinavajdi@gmail.com

LEADERSHIP EXPERIENCES

- Resident Delegate for the ASA Resident House of Delegates (October 2021)
- Chief Resident at Cedars-Sinai Medical Center Department of Anesthesiology (July 2021-June 2022)
- Resident Alternate Delegate for the ASA Resident House of Delegates (October 2020)
- Representative for the Dept of Anesthesiology for the Cedars-Sinai Social Media Advisory Group (Sept 2020- June 2022)
- California Alternate Delegate at the CSA Resident Caucus Meeting (Sept 2020)
- Leadership Education for the Advancement of Physicians (LEAP) Program (September 2020- July 2021)
- ASA Committee Member for Regional Anesthesia and Acute Pain Medicine (October 2019-October 2021)
- Speaker at the National Youth Leadership Forum on Medicine Life As A Resident event (July 2019)
- Multiple Mini-Interviewer for UCSD Medical School Admissions (Dec 2017)
- Facilitator for Camp Cardiac (June 2015)
- Student Ambassador at the Free Clinic “Light up the Night” Gala (May 2015)
- Dermatology Free Clinic Manager, Downtown Site (Jan 2015-April 2016)
- Ophthalmology Free Clinic Head Manager, Downtown Site (Jan 2015-April 2016)
- DOC-4-A-Day Leadership Team (Dec 2014, April 2015, Dec 2015, Dec 2016)
- UCSD Student Run Free Clinic Project (Sept 2014-May 2016, Aug 2017-June 2018)
- President of the American Medical Women’s Association (March 2015-June 2018)
- Academic Community Representative (Sept 2014-June 2018)
- Electives Committee Representative (Sept 2014-March 2016)
- Practice of Medicine Representative (Sept 2014-March 2016)
- President of SOM Mentors Program (Sept 2014-June 2018)
- Review Board Manager for the Saltman Quarterly Journal (May 2012-June 2013)
- Associated Students Representative at UCSD (Feb 2012-June 2013)
- Undergraduate Teaching Assistant at UCSD (Winter 2012, Summer 2012, Winter 2013)

GRANTS & SCHOLARSHIPS

- **Alex Hakimi Scholarship** (January 2021)
Competitive research scholarship at Cedars-Sinai Medical center.
- **Mission Bay Hospital Auxiliary Scholarship Recipient** (July 2016)
Scholarship for a medical student demonstrating significant community involvement and outreach.
- **NIH Short Term Research Training Grant Recipient** (June 2015)
Highly competitive, funded research fellowship for clinical research training and research development.

HONORS & AWARDS

- Cedars-Sinai Medical Center: Excellence in Team Leadership and Wellness Award (June 2022)
- UCSD SOM Academic Community Cup Baking Contest, First Place Winner (Feb 2015)
- Distinction from the Department of Biological Sciences (Aug 2013)
- Magna Cum Laude Honors (Aug 2013)
- Senior Honors Thesis- UCSD Division of Biological Sciences (Sept 2012-June 2013)
- Alpha Epsilon Delta Health Professional Honors Society, National Member (April 2012)
- Golden Key International Honour Society Nomination for top 15% of class (May 2011)
- National Society of Collegiate Scholars (April 2011)
- UCSD Provost Honors (Jan 2011-June 2013)
- UCSD’s Thurgood Marshall College Honors Program (Jan 2011-June 2013)
- National Piano Playing Auditions- National Winner (Sept 2010)