

EDUCATION

Integrative Psychiatry Institute Fellow-----June 2023

Doctor of Osteopathic Medicine: Touro University College of Osteopathic Medicine (TUCOM)----- May 2019

- o Awarded membership to Sigma Sigma Phi

BS Biology (Physiology): San Francisco State University (SFSU)-----January 2014

- o Dean's List
- o Awarded membership to Phi Beta Kappa

WORK EXPERIENCE

Psychiatrist: Tibor Rubin VA Medical Center, Long Beach, California-----2023-Present

- o Core responsibilities include providing comprehensive psychiatric medical care (assessment, consultation, and treatment) to Veterans within the outpatient mental health department with some inpatient coverage.

Psychiatry Resident: Charles Drew University, Los Angeles, California-----2019-2023

- o Retreat Planning Committee Member-----2022-2023
- o Program Evaluation Committee Member-----2019-2021
 - o Reviewed the educational program and created recommendations to improve the resident experience and program overall

Program Leader (*Pomeroy Recreation and Rehabilitation Center*)-----2014-2015

Teacher that led and created lessons to promote independence, social interaction, and life skills in children, adults, and seniors with special needs.

- o Organized and led events up to 500 people, including socials, trips to the Zoo with multiple classrooms, and stage performances.
- o Practiced de-escalating aggression, violence, and self-harm as well as ensuring safety of participants.
- o Worked with parents/caretakers to help participants reach mutual goals of growth and development.

Peer Counselor (*San Francisco State University New Student Program*) -----2010-2013

Helped thousands of freshman and transfer students successfully complete their orientation process and determine class schedules based on their specific majors and individual needs.

- o Mastered a multitude of roles, including student panelist, campus tour guide, and orientation process presenter, and department liaison

Leadership:

- o *Tour Coordinator* (Spring 2013) - Created a tour schedule and managed the tours given to hundreds of students and their guests for SFSU's yearly prospective student event.
- o *Orientation Coordinator* (Fall 2010) - Created schedules for more than 20 employees, managed program operations, and oversaw the acquisition of instrumental orientation materials for over 1,000 new students.

Licenses

Diplomate of the American Board of Psychiatry and Neurology-----September 2023-Present

Basic Life Support -----September 2023-Present