DR. ZACHARY GAMBLE, DC

Doctor of Chiropractic with a specialized focus in Sports Medicine (SCUHS, April '25). Gained valuable clinical experience working alongside Diplomates of the American Chiropractic Board of Sports Physicians (DACBSP's) developing skills in movement analysis, biomechanics, and strength rehabilitation. This experience enhanced my passion for helping athletes of all levels move better, recover faster, and achieve long term performance and wellness.

EXPERIENCE

FOUNDER & OWNER, GAMBLE CHIROPRACTIC APRIL 2025 – PRESENT
Mobile Chiropractic Care — Orange County, CA

- Provide on-site chiropractic care specializing in functional rehabilitation and sports performance.
- Deliver personalized, movement-based treatment plans to optimize balance, mobility, and recovery for patients in both athletic and everyday settings.
- Manage all aspects of business operations, scheduling, and patient communication.

CHIROPRACTIC CLINICAL STUDENT JAN 2024 – APRIL 2025
Southern California University of Health Sciences, Sports Medicine Clinic — Whittier, CA

- Assisted in evaluating, diagnosing, and treating sports-related and musculoskeletal injuries under the supervision of licensed Diplomate's of the American Chiropractic Board of Sports Physicians (DACBSP's).
- Enhanced functional movement assessment skills and identification of biomechanical risk factors.
- Collaborated with peers to develop and optimize patient-centered care plans.

CHIROPRACTIC RESIDENT APRIL 2024 – APRIL 2025
Beach Cities Orthopedics and Sports Medicine — Manhattan Beach, CA

- Provided chiropractic care to a diverse patient population, utilizing EClinicalWorks for EMR documentation and accurate IDC-10/CPT coding.
- Delivered modality-assisted treatments including ARP Wave, Shockwave (PiezoWave2), MLS Laser, Cupping, Graston, and Rapid Release Therapy.

EDUCATION

SOUTHERN CALIFORNIA UNIVERSITY OF HEALTH SCIENCES APRIL 2025
Doctor of Chiropractic, Sports Medicine Emphasis

THE OHIO STATE UNIVERSITY DECEMBER 2019
BS in Nutrition in Industry with a Business minor

SKILLS

- Myofascial Release (MRT) — Post-Isometric Relaxation (PIR) — Proprioceptive Neuromuscular Facilitation (PNF)
- Athletic and Kinesio Taping
- Trigger Point Therapy
- COX Flexion-Distraction — Mulligan Mobilization — McKenzie Method End Range Loading

NOT YET RETAINED